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SYSCO CC	ORP								
Form 4 September	11. 2006								
FORM	ЛЛ								PPROVAL
	UNITED	STATES		RITIES A			E COMMISSIO	N OMB Number:	3235-0287
Check t if no los	nger							Expires:	January 31, 2005
subject Section Form 4		NGES IN SECU	Estimated burden hou response	average urs per					
Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940									
(Print or Type	Responses)								
	Address of Reporting I LAWRENCE J	g Person <u>*</u>	Symbol	er Name an O CORP		Trading	5. Relationship o Issuer	of Reporting Per eck all applicabl	
(Last)	(First)	(Middle)	3. Date of	of Earliest 7	ransaction		(Chi	eck all applicabl	e)
1390 ENCLAVE PARKWAY			(Month/Day/Year) 09/07/2006			Director 10% Owner X Officer (give title Other (specify below) below) EVP-Contr Sales; Pres-Spc Dist			
(Street) HOUSTON, TX 77077-2099			4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
11005101	N, IA //0//-209	9					Person		
(City)	(State)	(Zip)	Tał	ole I - Non-	Derivative	Securities A	Acquired, Disposed	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3, 4	(A) or of (D) 4 and 5) (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	or (D) Price	(Instr. 3 and 4)		
Reminder: Re	eport on a separate lin	e for each cl	ass of sec	urities bene	ficially ow	ned directly	or indirectly.		
					inforn requi	nation con red to resp iys a curre	spond to the colle tained in this forn oond unless the fo ently valid OMB co	n are not rm	SEC 1474 (9-02)

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of	8
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities	I
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	S

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (or Dispose (D) (Instr. 3, 4, and 5)	d of			(
				Code V	(A)	(D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 31.7	09/07/2006		A	73,000	<u>(1)</u>	09/06/2013	Common Stock	73,000
Reporting Owners									

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
ACCARDI LAWRENCE J 1390 ENCLAVE PARKWAY HOUSTON, TX 77077-2099			EVP-Contr Sales; Pres-Spc Dist			
Signatures						

Lawrence J.	09/07/2006			
Accardi				
**Signature of	Date			

<u>**</u>Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- One-fifth of the shares covered by the grant vest and are exercisable on 9/7/2007, 9/7/2008, 9/7/2009, 9/7/2010 and 9/7/2011, (1) respectively. No option may be exercised prior to 9/7/2007. Options will expire on 9/6/2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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