

F&M BANK CORP  
Form 10-Q  
August 13, 2007

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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D. C. 20549  
FORM 10-Q**

**Quarterly report Under Section 13 or 15(d) of the Securities Exchange Act of 1934  
For the quarterly period ended June 30, 2007.**

**Transition Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934  
Commission File Number: 000-13273  
F & M BANK CORP.**

Virginia

54-1280811

(State or Other Jurisdiction of  
Incorporation or Organization)

(I.R.S. Employer  
Identification No.)

P. O. Box 1111  
Timberville, Virginia 22853  
(Address of Principal Executive Offices) (Zip Code)  
(540) 896-8941

(Registrant's Telephone Number, Including Area Code)

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes  No

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, or a non-accelerated filer. See definition of accelerated filer and large accelerated filer in Rule 12b-2 of the Exchange Act. (Check one)

Large accelerated filer  Accelerated filer  Non-accelerated filer

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Act). Yes  No

State the number of shares outstanding of each of the registrant's classes of common stock, as of the latest practicable date.

Class	Outstanding at June 30, 2007
Common Stock, par value \$5	2,363,229 shares

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Part I Financial Information  
Item 1 Financial Statements

**F & M BANK CORP.**  
**CONSOLIDATED STATEMENTS OF INCOME**  
(In Thousands of Dollars Except per Share Amounts)  
(Unaudited)

	<b>Three Months Ended June 30,</b>	
	<b>2007</b>	<b>2006</b>
<b><i>Interest Income</i></b>		
Interest and fees on loans held for investment	\$ 5,640	\$ 5,161
Interest and fees on loans held for sale		
Interest on federal funds sold	74	8
Interest on interest bearing deposits	19	35
Dividends on equity securities	140	103
Interest on debt securities	303	212
 Total Interest Income	 6,176	 5,519
<b><i>Interest Expense</i></b>		
Interest on demand deposits	298	126
Interest on savings accounts	85	118
Interest on time deposits over \$100,000	571	383
Interest on time deposits	1,408	1,036
 Total interest on deposits	 2,362	 1,663
Interest on short-term debt	95	229
Interest on long-term debt	324	274
 Total Interest Expense	 2,781	 2,166
 Net Interest Income	 3,395	 3,353
 <b><i>Provision for Loan Losses</i></b>	 60	 60
 Net Interest Income after Provision for Loan Losses	 3,335	 3,293
<b><i>Noninterest Income</i></b>		
Service charges	280	313
Insurance and other commissions	98	94
Other	346	244
Income on bank owned life insurance	72	67
Security gains (losses)	99	(5)
 Total Noninterest Income	 895	 713

<b><i>Noninterest Expense</i></b>		
Salaries	1,159	1,054
Employee benefits	383	364
Occupancy expense	149	121
Equipment expense	170	138
Intangible amortization	69	69
Other	666	641
Total Noninterest Expense	2,596	2,387
<b>Income before Income Taxes</b>	1,634	1,619
Income Taxes	497	484
<b>Net Income</b>	\$ 1,137	\$ 1,135
<b>Per Share Data</b>		
Net Income	\$ .48	\$ .47
Cash Dividends	\$ .21	\$ .20
Weighted Average Shares Outstanding	2,365,278	2,397,279

*The accompanying notes are an integral part of these statements.*

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Part I Financial Information  
Item 1 Financial Statements

**F & M BANK CORP.**  
**CONSOLIDATED STATEMENTS OF INCOME**  
**(In Thousands of Dollars Except per Share Amounts)**  
**(Unaudited)**

	<b>Six Months Ended</b>	
	<b>June 30,</b>	
	<b>2007</b>	<b>2006</b>
<b><i>Interest Income</i></b>		
Interest and fees on loans held for investment	\$ 11,183	\$ 9,970
Interest and fees on loans held for sale		
Interest on federal funds sold	88	20
Interest on interest bearing deposits	42	61
Dividends on equity securities	230	207
Interest on debt securities	596	396
 Total Interest Income	 12,139	 10,654
 <b><i>Interest Expense</i></b>		
Interest on demand deposits	560	201
Interest on savings accounts	170	249
Interest on time deposits over \$100,000	1,141	753
Interest on time deposits	2,700	1,915
 Total interest on deposits	 4,571	 3,118
Interest on short-term debt	251	389
Interest on long-term debt	648	524
 Total Interest Expense	 5,470	 4,031
 Net Interest Income	 6,669	 6,623
 <b><i>Provision for Loan Losses</i></b>	 120	 120
 Net Interest Income after Provision for Loan Losses	 6,549	 6,503
 <b><i>Noninterest Income</i></b>		
Service charges	553	585
Insurance and other commissions	152	148
Other	592	428
Income on bank owned life insurance	145	133
Security gains (losses)	218	(5)
 Total Noninterest Income	 1,660	 1,289

***Noninterest Expense***

Salaries	2,303	2,051
Employee benefits	761	710
Occupancy expense	292	225
Equipment expense	327	260
Intangible amortization	138	138
Other	1,310	1,237

Total Noninterest Expense	5,131	4,621
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<b>Income before Income Taxes</b>	3,078	3,171
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Income Taxes	852	951
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<b>Net Income</b>	\$ 2,226	\$ 2,220
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**Per Share Data**

Net Income	\$ .94	\$ .93
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Cash Dividends	\$ .42	\$ .40
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Weighted Average Shares Outstanding	2,368,000	2,399,449
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*The accompanying notes are an integral part of these statements.*



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**F & M BANK CORP.**  
**CONSOLIDATED BALANCE SHEETS**  
(In Thousands of Dollars)

	<b>June 30, 2007</b>	<b>December 31, 2006</b>
	(Unaudited)	(Audited)
<b>ASSETS</b>		
Cash and due from banks	\$ 6,771	\$ 6,247
Interest bearing deposits in banks	1,200	2,005
Fed funds sold	9,467	
Securities held to maturity (note 2)	108	110
Securities available for sale (note 2)	29,724	30,765
Other investments	6,109	6,498
Loans held for sale		
Loans held for investment (note 3)	308,125	309,461
Less allowance for loan losses (note 4)	(1,898)	(1,791)
Net Loans Held for Investment	306,227	307,670
Bank premises and equipment	7,536	7,710
Interest receivable	1,820	1,877
Deposit intangible	1,012	1,150
Goodwill	2,639	2,639
Bank owned life insurance (note 5)	6,104	5,958
Other assets	3,138	3,295
Total Assets	\$ 381,855	\$ 375,924
<b>LIABILITIES</b>		
Deposits		
Noninterest bearing demand	\$ 46,606	\$ 45,291
Interest bearing		
Demand	52,556	47,870
Savings deposits	30,867	32,351
Time deposits over \$100,000	47,214	45,395
Time deposits	122,882	118,615
Total Deposits	300,125	289,522
Short-term debt	9,938	11,717
Long-term debt	26,500	29,248
Accrued expenses	6,636	7,332
Total Liabilities	343,199	337,819

**STOCKHOLDERS EQUITY**

Common stock, \$5 par value, 2,363,229 and 2,374,193 issued and outstanding, in 2007 and 2006, respectively	11,816	11,871
Surplus		
Retained earnings	27,738	26,794
Accumulated other comprehensive income (loss)	(898)	(560)
Total Stockholders Equity	38,656	38,105
Total Liabilities and Stockholders Equity	\$ 381,855	\$ 375,924

*The accompanying notes are an integral part of these statements.*

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**F & M BANK CORP.**  
**CONSOLIDATED STATEMENTS OF CASH FLOWS**  
(In Thousands of Dollars)  
(Unaudited)

	<b>Six Months Ended</b>	
	<b>June 30,</b>	
	<b>2007</b>	<b>2006</b>
<b><i>Cash Flows from Operating Activities:</i></b>		
Net income	\$ 2,226	\$ 2,220
Adjustments to reconcile net income to net cash provided by operating activities:		
Depreciation	360	279
Amortization (accretion) of security premiums (discounts)	(89)	35
Net (increase) decrease in loans held for sale		3,528
Provision for loan losses	120	120
Intangible amortization	138	138
(Increase) decrease in interest receivable	56	(132)
(Increase) decrease in other assets	150	(30)
Increase in accrued expenses	(528)	810
(Gain) loss on security transactions	(218)	5
Amortization of limited partnership investments	311	185
Income from life insurance investment	(145)	(133)
Net Adjustments	155	4,805
Net Cash Provided by Operating Activities	2,381	7,025
<b><i>Cash Flows from Investing Activities:</i></b>		
Purchase of investments held to maturity	(108)	
Purchase of investments available for sale	(14,743)	(4,657)
Proceeds from sales of investments available for sale	1,981	605
Proceeds from maturity of investments available for sale	13,691	4,557
Proceeds from maturity of investments held to maturity	110	
Net increase in loans held for investment	1,323	(18,391)
Purchase of property and equipment	(187)	(1,368)
Change in federal funds sold	(9,467)	(547)
Purchase of investment in life insurance		(350)
Net (increase) decrease in interest bearing bank deposits	805	(60)
Net Cash Used in Investing Activities	(6,595)	(20,211)
<b><i>Cash Flows from Financing Activities:</i></b>		
Net change in demand and savings deposits	4,516	(7,544)
Net change in time deposits	6,086	17,091
Net change in short-term debt	784	4,550
Cash dividends paid	(997)	(963)
Repurchase of common stock	(352)	(222)
Change in federal funds purchased	(2,562)	
Proceeds of long-term debt	5,000	5,000

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Proceeds from issuance of common stock	10	
Repayment of long-term debt	(7,747)	(5,021)
Net Cash Provided (Used) by Financing Activities	4,738	12,891
<b>Net Decrease (Increase) in Cash and Cash Equivalents</b>	524	(295)
<b>Cash and Cash Equivalents, Beginning of Period</b>	6,247	7,904
<b>Cash and Cash Equivalents, End of Period</b>	\$ 6,771	\$ 7,609

**Supplemental Disclosure**

Cash paid for:

Interest expense	\$ 5,268	\$ 3,887
Income taxes	625	450

*The accompanying notes are an integral part of these statements.*

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**F & M BANK CORP.**  
**CONSOLIDATED STATEMENTS OF CHANGES IN STOCKHOLDERS EQUITY**  
(In Thousands of Dollars)  
(Unaudited)

	<b>Six Months Ended</b>	
	<b>June 30,</b>	
	<b>2007</b>	<b>2006</b>
<i>Balance, beginning of period</i>	\$ 38,105	\$ 36,567
Comprehensive Income		
Net income	2,226	2,220
Net change in unrealized appreciation on securities available for sale, net of taxes	(338)	32
<b>Total comprehensive income</b>	<b>1,888</b>	<b>2,252</b>
Repurchase of common stock	(352)	(222)
Common stock sold	10	
Dividends declared	(995)	(960)
<i>Balance, end of period</i>	\$ 38,656	\$ 37,637

*The accompanying notes are an integral part of these statements.*

**Table of Contents****F & M BANK CORP.****NOTES TO CONSOLIDATED FINANCIAL STATEMENTS****NOTE 1 ACCOUNTING PRINCIPLES:**

The consolidated financial statements include the accounts of F & M Bank Corp. and its subsidiaries (the Company ). Significant intercompany accounts and transactions have been eliminated in consolidation.

The consolidated financial statements conform to accounting principles generally accepted in the United States and to general industry practices. In the opinion of management, the accompanying unaudited consolidated financial statements contain all adjustments (consisting of only normal recurring accruals) necessary to present fairly the financial position as of June 30, 2007 and the results of operations for the six month periods ended June 30, 2007 and June 30, 2006. The notes included herein should be read in conjunction with the notes to financial statements included in the 2006 annual report to stockholders of the F & M Bank Corp.

The Company does not expect the anticipated adoption of any newly issued accounting standards to have a material impact on future operations or financial position.

**NOTE 2 INVESTMENT SECURITIES:**

The amounts at which investment securities are carried in the consolidated balance sheets and their approximate market values at June 30, 2007 and December 31, 2006 are as follows:

	2007		2006	
	Cost	Market Value	Cost	Market Value
<b>Securities Held to Maturity</b>				
U. S. Treasury and Agency obligations	\$ 108	\$ 108	\$ 110	\$ 110
Total	\$ 108	\$ 108	\$ 110	\$ 110

	2007		2006	
	Market Value	Cost	Market Value	Cost
<b>Securities Available for Sale</b>				
Government sponsored enterprises	\$ 14,842	\$ 14,942	\$ 18,945	\$ 18,902
Equity securities	6,224	6,289	6,508	6,276
Mortgage-backed securities	5,985	6,108	2,506	2,580
Corporate Bonds	2,425	2,500	2,437	2,500
Municipals	248	250	369	375
Total	\$ 29,724	\$ 30,089	\$ 30,765	\$ 30,633

**Table of Contents****F & M BANK CORP.****NOTES TO CONSOLIDATED FINANCIAL STATEMENT****NOTE 3 LOANS HELD FOR INVESTMENT:**

Loans outstanding at June 30, 2007 and December 31, 2006 are summarized as follows:

	<b>2007</b>	<b>2006</b>
Real Estate		
Construction	\$ 51,881	\$ 46,669
Residential	137,778	141,058
Commercial and agricultural	98,443	103,933
Installment loans to individuals	18,049	15,990
Credit cards	1,655	1,709
Other	319	102
Total	\$ 308,125	\$ 309,461

**NOTE 4 ALLOWANCE FOR LOAN LOSSES:**

A summary of transactions in the allowance for loan losses follows:

	<b>Six Months Ended</b>		<b>Three Months Ended</b>	
	<b>June 30,</b>		<b>June 30,</b>	
	<b>2007</b>	<b>2006</b>	<b>2007</b>	<b>2006</b>
Balance, beginning of period	\$ 1,791	\$ 1,673	\$ 1,856	\$ 1,718
Provisions charged to operating expenses	120	120	60	60
Net (charge-offs) recoveries:				
Loan recoveries	40	18	26	7
Loan charge-offs	(53)	(36)	(44)	(10)
Total Net Charge-Offs *	(13)	(18)	(18)	(3)
Balance, End of Period	\$ 1,898	\$ 1,775	\$ 1,898	\$ 1,775

\* Components of Net Charge-Offs

Real Estate				
Commercial	2	1		1
Installment	(15)	(19)	(18)	(4)
Total	\$ (13)	\$ (18)	\$ (18)	\$ (3)

**Table of Contents****F & M BANK CORP.****NOTES TO CONSOLIDATED FINANCIAL STATEMENTS****NOTE 5 BANK OWNED LIFE INSURANCE (BOLI)**

The Bank currently offers a variety of benefit plans to all full time employees. While the costs of these plans are generally tax deductible to the Bank, the cost has been escalating greatly in recent years. The Bank has determined that the benefits offered are necessary in order to attract and retain good employees.

To help offset the growth in these costs, the Bank decided to enter into BOLI contracts. Dividends received on these policies are tax-deferred and are anticipated to be tax exempt as the death benefits under the policies are exempt from income taxation. Rates of return on a tax-equivalent basis are very favorable when compared to other long-term assets which the Bank could obtain.

**NOTE 6 EMPLOYEE BENEFIT PLAN**

The Bank has a qualified noncontributory defined benefit pension plan that covers substantially all of its employees. The benefits are primarily based on years of service and earnings. The following is a summary of net periodic pension costs for the six-month periods ended June 30, 2007 and 2006.

	<b>2007</b>	<b>2006</b>
Service cost	\$ 158,393	\$ 151,622
Interest cost	118,946	104,811
Expected return on plan assets	(137,101)	(125,330)
Amortization of net obligation at transition	5,078	5,079
Amortization of prior service cost	(2,650)	(2,650)
Amortization of net (gain) or loss	22,762	26,262
Net periodic benefit cost	\$ 165,428	\$ 159,794



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**Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (Continued)**

F & M Bank Corp. (Company) is a one-bank holding company organized under Virginia law which provides financial services through its wholly-owned subsidiaries Farmers & Merchants Bank (Bank) and TEB Life Insurance Company (TEB). Farmers & Merchants Financial Services (FMFS) is a wholly-owned subsidiary of the Bank.

The Bank is a full service commercial bank offering a wide range of banking and financial services through its nine branch offices. In April of 2006, the Bank opened its first office within the Harrisonburg, Virginia city limits on Port Republic Road. In early July 2006, the Bank opened an office at 700 East Main Street, Luray, Virginia, its first office in Page County, Virginia. In late August 2006 the Bank opened an office approximately 2 miles east of the Harrisonburg city limits at the intersection of Route 33 and Route 276. Upon opening this office the Bank simultaneously closed and consolidated, into the new branch, the operation of its loan/investment production office located at 207 University Boulevard in Harrisonburg and its branch located at the Elkton Plaza Center, Elkton, VA.

The Bank also operates a courier service which picks up commercial deposits on a daily basis in the Harrisonburg area. In September of 2006 the Bank received regulatory approval to expand its courier service into Page and Shenandoah Counties. The Bank has since added a second courier vehicle to accommodate the additional customer deposit pick ups. TEB reinsures credit life and accident and health insurance sold by the Bank in connection with its lending activities. FMFS provides title insurance, brokerage services and property/casualty insurance to customers of the Bank.

The Company's primary trade area services customers in Rockingham County, Shenandoah County, Page County and the northern part of Augusta County.

Management's discussion and analysis is presented to assist the reader in understanding and evaluating the financial condition and results of operations of the Company. The analysis focuses on the consolidated financial statements, footnotes, and other financial data presented. The discussion highlights material changes from prior reporting periods and any identifiable trends which may affect the Company. Amounts have been rounded for presentation purposes. This discussion and analysis should be read in conjunction with the Consolidated Financial Statements and the Notes to the Consolidated Financial Statements presented in Item 1, Part 1 of this Form 10Q.

**Forward-Looking Statements**

Certain statements in this report may constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Forward-looking statements are statements that include projections, predictions, expectations or beliefs about future events or results or otherwise are not statements of historical fact. Such statements are often characterized by the use of qualified words (and their derivatives) such as expect, believe, estimate, plan, project, or other statements concerning opinions or judgment of the Company and its management about future events.

Although the Company believes that its expectations with respect to certain forward-looking statements are based upon reasonable assumptions within the bounds of its existing knowledge of its business and operations, there can be no assurance that actual results, performance or achievements of the Company will not differ materially from any future results, performance or achievements expressed or implied by such forward-looking statements. Actual future results and trends may differ materially from historical results or those anticipated depending on a variety of factors, including, but not limited to, the effects of and changes in: general economic conditions, the interest rate environment, legislative and regulatory requirements, competitive pressures, new products and delivery systems, inflation, changes in the stock and bond markets, technology, and consumer spending and savings habits.

We do not update any forward-looking statements that may be made from time to time by or on behalf of the Company.

**Table of Contents****Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (Continued)**  
**Critical Accounting Policies****General**

The Company's financial statements are prepared in accordance with accounting principles generally accepted in the United States ( GAAP ). The financial information contained within the statements is, to a significant extent, financial information that is based on measures of the financial effects of transactions and events that have already occurred. A variety of factors could affect the ultimate value that is obtained either when earning income, recognizing an expense, recovering an asset or relieving a liability. The Company uses historical loss factors as one factor in determining the inherent loss that may be present in its loan portfolio. Actual losses could differ significantly from the historical factors that are used. The fair value of the investment portfolio is based on period end valuations but changes daily with the market. In addition, GAAP itself may change from one previously acceptable method to another method. Although the economics of these transactions would be the same, the timing of events that would impact these transactions could change.

**Allowance for Loan Losses**

The allowance for loan losses is an estimate of the losses that may be sustained in the loan portfolio. The allowance is based on two basic principles of accounting: (i) Statement of Financial Accounting Standard ( SFAS ) No. 5, Accounting for Contingencies, which requires that losses be accrued when they are probable of occurring and estimable and (ii) SFAS No. 114, Accounting by Creditors for Impairment of a Loan, which requires that losses be accrued based on the differences between the value of collateral, present value of future cash flows or values that are observable in the secondary market and the loan balance.

**Goodwill and Intangibles**

In June 2001, the Financial Accounting Standards Board issued Statement of Financial Accounting Standard (SFAS) No. 141, *Business Combinations* and SFAS No. 142, *Goodwill and Other Intangible Assets*. SFAS No. 141 requires that the purchase method of accounting be used for all business combinations initiated after June 30, 2001. Additionally, it further clarifies the criteria for the initial recognition and measurement of intangible assets separate from goodwill. SFAS No. 142 is effective for fiscal years beginning after December 15, 2001 and prescribes the accounting for goodwill and intangible assets subsequent to initial recognition. The provisions of SFAS No. 142 discontinue the amortization of goodwill and intangible assets with indefinite lives. Instead, these assets will be subject to at least an annual impairment review and more frequently if certain impairment indicators are in evidence. SFAS No. 142 also requires that reporting units be identified for the purpose of assessing potential future impairments of goodwill.

Core deposit intangibles are amortized on a straight-line basis over ten years. The Company adopted SFAS 147 on January 1, 2002 and determined that the core deposit intangible will continue to be amortized over the estimated useful life.

**Securities Impairment**

The Company evaluates each of its investments in securities, debt and equity, under guidelines contained in SFAS 115, *Accounting for Certain Investments in Debt and Equity Securities*. These guidelines require the Company to determine whether a decline in value below original cost is other than temporary. In making its determination, management considers current market conditions, historical trends in the individual securities, and historical trends in the total market. Expectations are developed regarding potential returns from dividend reinvestment and price appreciation over a reasonable holding period (five years).

**Table of Contents****Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (Continued)**  
**Overview**

Net income for the second quarter of 2007 was \$1,137,000 or \$.48 per share, compared to \$1,135,000 or \$.47 in the second quarter of 2006, an increase of .17%. Core operating earnings, (exclusive of non-recurring items) totaled \$1,066,000 in 2007 and \$1,183,000 in 2006, a decrease of 10%. During the second quarter, noninterest income, exclusive of securities transactions, increased 11% and noninterest expense increased 9% during the same period.

**Results of Operations**

The 2007 year to date tax equivalent net interest margin increased \$61,000 or .91% compared to the same period in 2006. The yield on earning assets increased .39%, while the cost of funds increased .73% compared to the same period in 2006. These increases resulted as maturing assets and liabilities continued to reprice at higher rates.

Beginning in June 2004, the Federal Reserve's Federal Open Market Committee (FOMC) reversed its accommodative monetary policy and has since raised short term interest rates, in .25% increments by a total of 4.25% with the last increase occurring in June 2006. The Interest Sensitivity Analysis on page 19 indicates the Company is in a liability sensitive position in the one year time horizon, the recent increase in rates has resulted in a .27% decrease in the net interest margin compared to the same period in 2006. This has resulted due to the fact that a large portion of rate sensitive liabilities (certificates of deposit) are repricing at higher rates more quickly (shorter maturities) than rate sensitive assets (primarily mortgage loans).

A schedule of the net interest margin for 2007 and 2006 can be found in Table I on page 18.

Noninterest income, exclusive of securities transactions, increased \$148,000 or 11.44% through June 30, 2007. Items contributing to the increase include a \$7,000 increase in secondary market loan origination fees, a \$12,000 increase in rental income, a \$40,000 increase in debt card, ATM surcharge and merchant credit card income and a \$78,000 increase in returns on low income housing investments. The returns on these investments are principally in the form of tax credits and in 2007 included \$97,000 related to the recognition of state tax credits. These credits have been classified as a return on investment rather than as a reduction of income tax expense. This has been done to reflect the fact that the Company entered into these investments with the expectation that tax credits would be the primary source of investment return and to avoid a distortion of income tax expense for the period.

Noninterest expense increased \$510,000 in 2007. The increase is the result of a \$303,000 increase in salaries and benefits expense (10.97%). The increase in salaries and benefits includes normal salary increases, growth in staff, and an increase in the cost of group insurance of 7.70%. Exclusive of personnel expenses, other noninterest expenses increased at an annualized rate of 11.13% in 2007 compared to 2006. Areas that increased include a \$134,000 increase in occupancy and equipment expense, a \$10,000 increase in advertising costs, an \$11,000 increase in data processing expense and \$10,000 increase in ATM expenses. Occupancy expense increased due to costs associated with three branch offices that were opened in the second and third quarters of 2006. ATM expenses increased due to a change in ATM processors during the first quarter which resulted in some overlapping expense for a short period of time. Operating costs continue to compare very favorably to the peer group. As stated in the most recently available Bank Holding Company Performance Report, the Company's and peer group noninterest expenses averaged 2.68% and 3.30% of average assets, respectively. The Company's operating costs have always compared favorably to the peer group due to an excellent asset to employee ratio and below average facilities costs.

**Table of Contents****Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (Continued)**  
**Financial Condition****Federal Funds Sold and Interest Bearing Bank Deposits**

The Company's subsidiary bank invests a portion of its excess liquidity in either federal funds sold or interest bearing bank deposits. Federal funds sold offer daily liquidity and pay market rates of interest that at quarter end was benchmarked at 5.25% by the Federal Reserve. Actual rates received vary slightly based upon money supply and demand among banks. Interest bearing bank deposits are held either in money market accounts or as short-term certificates of deposits. Combined balances in fed funds sold and interest bearing bank deposits have decreased due to growth in the loan portfolio.

**Securities**

The Company's securities portfolio serves several purposes. Portions of the portfolio are held to assist the Company with liquidity, asset liability management, as security for certain public funds and repurchase agreements and for long-term growth potential.

The securities portfolio consists of investment securities (commonly referred to as securities held to maturity) and securities available for sale. Securities are classified as investment securities when management has the intent and ability to hold the securities to maturity. Investment securities are carried at amortized cost. Securities available for sale include securities that may be sold in response to general market fluctuations, liquidity needs and other similar factors. Securities available for sale are recorded at market value. Unrealized holding gains and losses on available for sale securities are excluded from earnings and reported (net of deferred income taxes) as a separate component of shareholders' equity.

As of June 30, 2007, the cost of securities available for sale exceeded their market value by \$365,000. This includes decreases in value in the equity securities portfolio held by the Company and a decrease in the value of government obligations held by the Bank. Declines in the value of the bond portfolio are the result of recent changes in short term rates within the market for fixed income securities. Management has traditionally held debt securities (regardless of classification) until maturity and thus it does not expect the fluctuations in value of these securities to have a direct impact on earnings.

Investments in debt securities were virtually unchanged in the first six months of 2007. The portfolio is made up of primarily agency and mortgage-backed securities with an average portfolio life of approximately two years. This short average life results in less portfolio volatility and positions the Bank to redeploy assets in response to rising rates. Scheduled maturities for the remainder of 2007 total \$4,917,000 and these bonds have an average yield of approximately 4.71%. Based on current market rates, as these bonds mature, the funds will be reinvested at rates that are approximately 50 BP higher.

The Company's equity securities portfolio was \$65,000 below cost at June 30, 2007. The decrease in the value of the equities portfolio is spread over a number of asset sectors including holdings in the financial sector. To minimize risk the Company holds a diversified portfolio of equity investments in a number of large, regional financial institutions and a variety of other predominantly blue-chip securities. Management continues to believe that these investments offer adequate current returns (dividends) and have the potential for future increases in value.

A review of these investments as of June 30, 2007, revealed no securities that were impaired as of quarter end and management continues to re-evaluate the portfolio for impairment on a quarterly basis.

**Table of Contents****Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (Continued)**  
**Loan Portfolio**

The Company operates in a predominately rural area that includes the counties of Rockingham, Page and Shenandoah in the western portion of Virginia. The local economy benefits from a variety of businesses including agri-business, manufacturing, service businesses and several universities and colleges. The Bank is an active residential mortgage and residential construction lender and generally makes commercial loans to small and mid size businesses and farms within its primary service area.

The allowance for loan losses (see subsequent section) provides for the risk that borrowers will be unable to repay their obligations and is reviewed quarterly for adequacy. The risk associated with real estate and installment notes to individuals is based upon employment, the local and national economies and consumer confidence. All of these affect the ability of borrowers to repay indebtedness. The risk associated with commercial lending is substantially based on the strength of the local and national economies.

While lending is geographically diversified within the service area, the Company does have loan concentrations in agricultural (primarily poultry farming), construction, hotels, churches, assisted living facilities and the aforementioned mortgage participations. Management and the Board of Directors review these concentrations quarterly.

The first six months of 2007 resulted in a decrease of \$1,336,000 in the Bank's core loan portfolio. The decrease is indicative of a slight slowing in the local economy, primarily in the real estate sales sector, both residential and commercial.

Nonperforming loans include nonaccrual loans, loans 90 days or more past due and restructured loans. Nonaccrual loans are loans on which interest accruals have been suspended or discontinued permanently. Restructured loans are loans which have had the original interest rate or repayment terms changed due to financial hardship. Nonperforming loans totaled \$2,713,000 at June 30, 2007 compared to \$2,187,000 at December 31, 2006. Approximately 90% of these past due loans are secured by real estate. Although the potential exists for some loan losses, management believes the bank is generally well secured and continues to actively work with its customers to effect payment. As of June 30, 2007, the Company does not hold any real estate which was acquired through foreclosure.

The following is a summary of information pertaining to risk elements and impaired loans:

	<b>June 30, 2007</b>	<b>December 31, 2006</b>
Nonaccrual loans	\$ 1,740,000	\$
Loans past due 90 days or more and still accruing interest	973,000	2,187,000
	\$ 2,713,000	\$ 2,187,000
As a percentage of loans held for investment	.88%	.71%

**Table of Contents****Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (Continued)**  
**Allowance for Loan Losses**

Management evaluates the allowance for loan losses on a quarterly basis in light of national and local economic trends, changes in the nature and volume of the loan portfolio and the trend of past due and criticized loans. Specific factors evaluated include internally generated loan review reports, past due reports, historical loan loss experience and changes in the financial strength of individual borrowers that have been included on the Banks watch list or schedule of classified loans.

In evaluating the portfolio, loans are segregated into loans with identified potential losses and pools of loans by type (commercial, residential, consumer, credit cards). Loans with identified potential losses include examiner and bank classified loans. Classified relationships in excess of \$100,000 are reviewed individually for impairment under FAS 114. A variety of factors are taken into account when reviewing these credits including borrower cash flow, payment history, fair value of collateral, company management, the industry in which the borrower is involved and economic factors. Loan relationships that are determined to have no impairment are placed back into the appropriate loan pool and reviewed under FAS 5.

Loan pools are further segmented into watch list, past due over 90 days and all other loans by type. Watch list loans include loans that are 60 days past due, and may include restructured loans, borrowers that are highly leveraged, loans that have been upgraded from classified or loans that contain policy exceptions (term, collateral coverage, etc.). Loss estimates on these loans reflect the increased risk associated with these assets due to any of the above factors. The past due pools contain loans that are currently 90 days or more past due. Loss rates assigned reflect the fact that these loans bear a significantly higher risk of charge-off. Loss rates vary by loan type to reflect the likelihood that collateral values will offset a portion of the anticipated losses.

The remainder of the portfolio falls into pools by type of homogenous loans that do not exhibit any of the above described weaknesses. Loss rates are assigned based on historical loss rates over the prior five years. A multiplier has been applied to these loss rates to reflect the time for loans to season within the portfolio and the inherent imprecision of these estimates.

All potential losses are evaluated within a range of low to high. An unallocated reserve has been established to reflect other unidentified losses within the portfolio. This helps to offset the increased risk of loss associated with fluctuations in past due trends, changes in the local and national economies, and other unusual events. The Board approves the loan loss provision for the following quarter based on this evaluation and an effort is made to keep the actual allowance at or above the midpoint of the range established by the evaluation process.

The allowance for loan losses of \$1,898,000 at June 30, 2007 is equal to .62% of loans held for investment. This compares to an allowance of \$1,791,000 (.58%) at December 31, 2006. Management has funded the allowance at a rate of \$20,000 per month throughout the year of 2007, for a total of \$120,000. Total charge-offs exceed recoveries by only \$13,000 year to date, annualized this equates to a loss rate of slightly less than .01%. In recent years, the company has had an average loss rate of .08% which is approximately one half the loss rate of its peer group.

The overall level of the allowance is well below its peer group average. Management feels this is appropriate based on its loan loss history and the composition of its loan portfolio; the current allowance for loan losses is equal to approximately seven years of average loan losses. Based on historical losses, delinquency rates, collateral values of delinquent loans and a thorough review of the loan portfolio, management is of the opinion that the allowance for loan losses fairly states the estimated losses in the current portfolio.

**Table of Contents****Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (Continued)  
Deposits and Other Borrowings**

The Company's main source of funding is comprised of deposits received from individuals, governmental entities and businesses located within the Company's service area. Deposit accounts include demand deposits, savings, money market and certificates of deposit. Total deposits have increased \$10,603,000 since December 31, 2006. Time deposits increased \$6,086,000 during this period while demand deposits and savings deposits increased \$4,517,000. Due to competition for deposits within its market, the Bank has offered various short term certificate of deposit rate specials to attract new funds. Approximately \$4.5 million of the increase in deposits came from growth at the three branches that were opened in the second and third quarters of 2006.

**Short-term debt**

Short-term debt consists of federal funds purchased, commercial repurchase agreements (repos.) and daily rate credit from the Federal Home Loan Bank (FHLB). Commercial customers deposit operating funds into their checking account and by mutual agreement with the bank their excess funds are swept daily into the repurchase accounts. These accounts are not considered deposits and are not insured by the FDIC. The Bank pledges securities held in its investment portfolio as collateral for these short-term loans. Federal funds purchased are overnight borrowings obtained from the Bank's primary correspondent bank to manage short-term liquidity needs. Daily rate credit from the FHLB has been used to finance loans held for sale and also to finance the increase in short-term residential and commercial construction loans.

**Long-term debt**

Borrowings from the Federal Home Loan Bank of Atlanta (FHLB) continue to be an important source of funding real estate loan growth. The Company's subsidiary bank borrows funds on a fixed rate basis. These borrowings are used to fund either a fifteen-year fixed rate loan or a twenty-year loan, of which the first ten years have a fixed rate. This program allows the Bank to match the maturity of its fixed rate real estate portfolio with the maturity of its debt and thus reduce its exposure to interest rate changes. Scheduled repayments totaled \$7,286,000 through June 30, 2007. Additional borrowings of \$5,000,000 were obtained to refinance maturing debt at more favorable longer term rates.

In September 2002, the Company borrowed \$3 million from SunTrust Bank. This loan carried a variable rate of interest of LIBOR + 1.10%. Payments of \$230,769 plus interest began in the second quarter of 2004 with the final payment during the second quarter of 2007. Proceeds of this loan were used primarily to provide a capital contribution to the Bank.

**Capital**

The Company seeks to maintain a strong capital base to expand facilities, promote public confidence, support current operations and grow at a manageable level. As of June 30, 2007, the Company's total risk based capital and total capital to total assets ratios were 13.69% and 9.46%, respectively. Both ratios are in excess of regulatory minimums and exceed the ratios of the Company's peers. Earnings have been sufficient to allow an increase in the first quarter dividend in 2007 of 5%.

**Liquidity**

Liquidity is the ability to meet present and future financial obligations through either the sale or maturity of existing assets or the acquisition of additional funds through liability management. Liquid assets include cash, interest-bearing deposits with banks, federal funds sold, investments and loans maturing within one year. The Company's ability to obtain deposits and purchase funds at favorable rates determines its liquidity exposure. As a result of the Company's management of liquid assets and the ability to generate liquidity through liability funding, management believes that the Company maintains overall liquidity sufficient to satisfy its depositors' requirements and meet its customers' credit needs.

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**Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (Continued)**

Additional sources of liquidity available to the Company include, but are not limited to, loan repayments, the ability to obtain deposits through the adjustment of interest rates and the purchasing of federal funds. To further meet its liquidity needs, the Company also maintains lines of credit with correspondent financial institutions. The Company's subsidiary bank also has a line of credit with the Federal Home Loan Bank of Atlanta that allows for secured borrowings.

**Interest Rate Sensitivity**

In conjunction with maintaining a satisfactory level of liquidity, management must also control the degree of interest rate risk assumed on the balance sheet. Managing this risk involves regular monitoring of interest sensitive assets relative to interest sensitive liabilities over specific time intervals. The Company monitors its interest rate sensitivity periodically and makes adjustments as needed. There are no off balance sheet items that will impair future liquidity.

As of June 30, 2007, the Company had a cumulative Gap Rate Sensitivity Ratio of (12.35%) for the one year repricing period. This generally indicates that earnings would decrease in an increasing interest rate environment as liabilities reprice more quickly than assets. However, in actual practice, this may not be the case as loans tied to the prime rate of interest will reprice immediately with an increase in short term market rates, while deposit rates will remain stable until competitive market conditions dictate the necessity for an increase in rates. Management constantly monitors the Company's interest rate risk and has decided the current position is acceptable for a well-capitalized community bank.

A summary of asset and liability repricing opportunities is shown in Table II, on page 19.

**Stock Repurchase**

On June 12, 2003, the Board authorized the repurchase of 50,000 shares of the Company's outstanding common stock. Management has been authorized to repurchase shares from time to time in the open market or through privately negotiated transactions when market conditions warrant. The repurchased shares are accounted for as retired stock. On July 26, 2006, the Board of Directors approved an amendment to the share repurchase program. The amendment increases the number of shares of common stock that the Registrant can repurchase under the program from 50,000 to 100,000 shares. Shares repurchased through June 30, 2007 total 84,227; of this amount, 11,258 shares were repurchased in 2007, at an average cost of \$29.86 per share.

**Effect of Newly Issued Accounting Standards**

The Company does not believe that any newly issued but as yet unapplied accounting standards will have a material impact on the Company's financial position or operations.

**Existence of Securities and Exchange Commission Web Site**

The Securities and Exchange Commission maintains a Web site that contains reports, proxy and information statements and other information regarding registrants that file electronically with the Commission, including F & M Bank Corp. and the address is (<http://www.sec.gov>).



**Table of Contents****TABLE 1**

**F & M BANK CORP.**  
**NET INTEREST MARGIN ANALYSIS**  
**(ON A FULLY TAXABLE EQUIVALENT BASIS)**  
**(Dollar Amounts in Thousands)**

	Six Months Ended June 30, 2007			Six Months Ended June 30, 2006			Three Months Ended June 30, 2007			Three Months Ended June 30, 2006		
	Average Balance	Income/ Expense	Rates	Average Balance	Income/ Expense	Rates	Average Balance	Income/ Expense	Rates	Average Balance	Income/ Expense	Rates
Rate related income												
Loans held for investment <sup>1</sup>	\$ 309,623	\$ 11,227	7.25%	\$ 287,464	\$ 10,005	6.96%	\$ 310,141	\$ 5,663	7.30%	\$ 293,039	\$ 5,184	7.08%
Loans held for sale				283	9	6.36%						
Federal funds sold	3,456	88	5.09%	886	20	4.51%	5,704	74	5.19%	619	8	5.17%
Bank deposits	1,134	42	7.41%	2,034	47	4.62%	974	19	7.80%	1,974	21	4.26%
Investments Taxable <sup>3</sup>	23,352	649	5.56%	21,367	428	4.01%	23,301	340	5.84%	21,259	228	4.29%
Partially taxable <sup>2,3</sup>	6,082	220	7.23%	6,897	215	6.23%	6,790	129	7.60%	6,730	102	6.06%
Tax exempt <sup>2,3</sup>	325	7	4.31%	375	9	4.80%	276	3	4.35%	375	5	5.33%
Total earning assets	343,972	12,233	7.11%	319,306	10,733	6.72%	347,186	6,228	7.18%	323,996	5,548	6.85%
Interest Expense												
Demand deposits	51,417	560	2.18%	38,536	200	1.04%	52,535	298	2.27%	39,176	125	1.28%
Savings	30,821	170	1.10%	41,369	249	1.20%	30,708	85	1.11%	39,758	118	1.19%
Time deposits	167,456	3,841	4.59%	142,874	2,668	3.73%	169,788	1,979	4.66%	145,771	1,419	3.89%
Short-term debt	10,455	251	4.80%	16,367	390	4.77%	8,187	95	4.64%	18,528	230	4.97%
Long-term debt	27,969	648	4.63%	23,612	524	4.44%	27,406	324	4.73%	24,259	274	4.52%
Total interest bearing	288,118	5,470	3.80%	262,758	4,031	3.07%	288,624	2,781	3.85%	267,492	2,166	3.24%

liabilities

Net interest income <sup>1</sup>	\$ 6,763	\$ 6,702	\$ 3,447	\$ 3,382
Net yield on interest earning assets <sup>1</sup>	3.93%	4.20%	3.97%	4.18%

<sup>1</sup> Interest income on loans includes loan fees.

<sup>2</sup> An incremental tax rate of 34% was used to calculate the tax equivalent income on nontaxable and partially taxable investments.

<sup>3</sup> Average balance information is reflective of historical cost and has not been adjusted for changes in market value.

<sup>4</sup> Average balances include non-accrual loans.

**Table of Contents****TABLE II**

**F & M BANK CORP.**  
**INTEREST SENSITIVITY ANALYSIS**  
**June 30, 2007**  
**(In Thousands of Dollars)**

The following table presents the Company's interest sensitivity.

	<b>0 - 3 Months</b>	<b>4 - 12 Months</b>	<b>1 - 5 Years</b>	<b>Over 5 Years</b>	<b>Not Classified</b>	<b>Total</b>
<b>Uses of Funds</b>						
Loans						
Commercial	\$ 50,820	\$ 7,524	\$ 87,881	\$ 4,099	\$	\$ 150,324
Installment	4,379	1,491	9,828	2,669		18,367
Real estate for investments	22,286	9,748	90,655	15,089		137,778
Real estate for sale						
Credit cards	1,656					1,656
Federal funds sold	9,467					9,467
Interest bearing bank deposits	705	198	297			1,200
Investment securities	1,001	4,669	11,508	5,892	6,654	29,724
<b>Total</b>	<b>90,314</b>	<b>23,630</b>	<b>200,169</b>	<b>27,749</b>	<b>6,654</b>	<b>348,516</b>
<b>Sources of Funds</b>						
Interest bearing demand deposits		18,846	28,756	4,954		52,556
Savings deposits		6,174	18,520	6,173		30,867
Certificates of deposit \$100,000 and over	11,245	22,764	13,205			47,214
Other certificates of deposit	24,964	58,603	39,315			122,882
Short-term borrowings	9,938					9,938
Long-term borrowings	893	3,572	16,965	5,070		26,500
<b>Total</b>	<b>47,040</b>	<b>109,959</b>	<b>116,761</b>	<b>16,197</b>		<b>289,957</b>
<b>Discrete Gap</b>	<b>43,274</b>	<b>(86,329)</b>	<b>83,408</b>	<b>11,552</b>	<b>6,654</b>	<b>58,559</b>
<b>Cumulative Gap</b>	<b>43,274</b>	<b>(43,055)</b>	<b>40,353</b>	<b>51,905</b>	<b>58,559</b>	
<b>Ratio of Cumulative Gap to Total Earning Assets</b>	<b>12.42%</b>	<b>(12.35)%</b>	<b>11.58%</b>	<b>14.89%</b>	<b>16.80%</b>	

Table II reflects the earlier of the maturity or repricing dates for various assets and liabilities as of June 30, 2007. In preparing the above table, no assumptions were made with respect to loan prepayments. Loan principal payments

are included in the earliest period in which the loan matures or can reprice. Principal payments on installment loans scheduled prior to maturity are included in the period of maturity or repricing. Proceeds from the redemption of investments and deposits are included in the period of maturity. Estimated maturities of deposits, which have no stated maturity dates, were derived from guidance contained in FDICIA 305.

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**Item 3. Quantitative and Qualitative Disclosures About Market Risk**

Not Applicable

**Item 4 T. Controls and Procedures**

**Evaluation of Disclosure Controls and Procedures**

As a result of the enactment of the Sarbanes-Oxley Act of 2002, issuers such as F & M Bank Corp. that file periodic reports under the Securities Exchange Act of 1934 (the Act) are required to include in those reports certain information concerning the issuer's controls and procedures for complying with the disclosure requirements of the federal securities laws. These disclosure controls and procedures include, without limitation, controls and procedures designed to ensure that information required to be disclosed by an issuer in the reports it files or submits under the Act, is communicated to the issuer's management, including its principal executive officer or officers and principal financial officer or officers, or persons performing similar functions, as appropriate to allow timely decisions regarding required disclosure.

We have established our disclosure controls and procedures to ensure that material information related to the Company is made known to our principal executive officers and principal financial officer on a regular basis, in particular during the periods in which our quarterly and annual reports are being prepared. These disclosure controls and procedures consist principally of communications between and among the Chief Executive Officer and the Chief Financial Officer, and the other executive officers of the Company and its subsidiaries to identify any new transactions, events, trends, contingencies or other matters that may be material to the Company's operations. As required, we will evaluate the effectiveness of these disclosure controls and procedures on a quarterly basis, and most recently did so as of the end of the period covered by this report.

The Company's Chief Executive Officer and Chief Financial Officer, based on their evaluation as of the end of the period covered by this quarterly report of the Company's disclosure controls and procedures (as defined in Rule 13(a)-14(e) of the Securities Exchange Act of 1934), have concluded that the Company's disclosure controls and procedures are adequate and effective for purposes of Rule 13(a)-14(e) and timely, alerting them to financial information relating to the Company required to be included in the Company's filings with the Securities and Exchange Commission under the Securities Exchange Act of 1934.

**Changes in Internal Controls**

Due to the nature of the Company's business as stewards of assets of customers; internal controls are of the utmost importance. The Company has established procedures during the normal course of business to reasonably ensure that fraudulent activity of either a material amount to these results or in any amount is not occurring. In addition to these controls and review by executive officers, the Company retains the services of S. B. Hoover, LLP, a public accounting firm, to complete regular internal audits, which examine the processes and procedures of the Company and the Bank to ensure that these processes are reasonably effective to prevent internal or external fraud and that the processes comply with relevant regulatory guidelines of all relevant banking authorities. The findings of S. B. Hoover are presented to management of the Bank and to the Audit Committee of the Company.

**Table of Contents****Part II Other Information**

Item 1. Legal Proceedings	Not Applicable
Item 1a. Risk Factors	There have been no material changes from the risk factors previously disclosed in Item 1a of the Corporation's Form 10k filed on March 20, 2007.
Item 2. Unregistered Sales of Equity Securities and Use of Proceeds	Not Applicable
Item 3. Defaults Upon Senior Securities	Not Applicable
Item 4. Submission of Matters to a Vote of Security Holders	

On May 12, 2007, the shareholders held their annual meeting. The following items were approved by the shareholders by the required majority:

1) Election of the Board of Directors as proposed in the proxy material without any additions or exceptions.

	Votes For by Proxy	Votes Withheld by Proxy
Thomas L. Cline	1,902,615	10,209
Michael W. Pugh	1,875,711	37,113

2) Appointment of Elliott Davis, LLC as independent auditors as proposed in the Proxy materials; 1,888,145 votes for , 2,528 votes against and 22,151 abstained.

3) Amendment to the Articles of Incorporation to increase the authorized common stock of the Company from 3,000,000 to 6,000,000 shares: 1,763,260 for , 82,733 against and 66,830 abstained.

4) Amendment to the Articles of Incorporation to clarify and equalize the classes of directors: 1,647,157 for , 21,214 against and 55,322 abstained.

Item 5. Other Information

Not Applicable

Item 6. Exhibits

(a) **Exhibits**

3 i Restated Articles of Incorporation of F & M Bank Corp.

3 ii Amended and Restated Bylaws of F & M Bank Corp. are incorporated by reference to Exhibits to F & M Bank Corp.'s Form 10K filed March 1, 2002.

31.1 Certification of Chief Executive Officer pursuant to Rule 13a-14(a) (filed herewith).

31.2 Certification of Chief Financial Officer pursuant to Rule 13a-14(a) (filed herewith).

32 Certifications of Chief Executive Officer and Chief Financial Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 (filed herewith).

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**Signature**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

F & M BANK CORP.

/s/ DEAN W. WITHERS

Dean W. Withers  
President and Chief Executive Officer

/s/ NEIL W. HAYSLETT

Neil W. Hayslett  
Senior Vice President and Chief Financial Officer

August 13, 2007