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SYSCO CORP Form 4											
August 29, 2016								OMB A	PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287 January 31,		
Check this bo if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).	STATEM Filed pur Section 17(STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type Respo	onses)										
1. Name and Address of Reporting Person <u>*</u> Moskowitz Paul T			2. Issuer Name and Ticker or Trading Symbol SYSCO CORP [SYY]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)						n	(Cneck all applicable)				
1390 ENCLAVE PARKWAY			(Month/Day/Year) 08/25/2016			Director 10% Owner X Officer (give title Other (specify below) below) Executive Vice President					
	4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 							
HOUSTON, TX	37077						Person	wore than one R	epotting		
(City)	(State)	(Zip)	Tab	le I - Non-J	Derivativ	e Securities	Acquired, Disposed	of, or Beneficia	lly Owned		
	ransaction Date nth/Day/Year)	Execution any	Date, if	3. Transactic Code (Instr. 8)	Dispose (Instr. 3)	d (A) or d of (D) , 4 and 5) (A) or	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Report o	n a separate line	e for each cl	ass of sec	Code V							
Actimider. Report 0	a separate mit				Pers infor requ	ons who re mation con ired to resp lays a curre	spond to the colle tained in this form ond unless the fo ently valid OMB co	n are not rm	SEC 1474 (9-02)		

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8		Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 52.42	08/25/2016	А		91,666		<u>(1)</u>	08/24/2026	Common Stock	91,666

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Moskowitz Paul T 1390 ENCLAVE PARKWAY HOUSTON, TX 77077			Executive Vice President					
Signatures								

/s/ Gerald W. Clanton, 08/29/2016 Attorney-in-Fact

**Signature of Reporting Person

Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

One-third of the shares covered by the grant vest and are exercisable on 8/25/2017, 8/25/2018 and 8/25/2019, respectively. No (1)options may be exercised prior to 8/25/2017. Options will expire on 8/24/2026.

Options granted by the Compensation Committee of the Company's Board of Directors pursuant to the 2013 Long Term Incentive (2)Plan

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. all drilling capability on the Q4000 Mechanical completion of Independence Hub facility by Q4 06. Increase through-put on Marco Polo via K2, K2 North and other tie backs. Begin construction on next floating production system Engineer and execute development of ERT PUDs Monetize via divestment of a minority interest in Shelf Construction group Continue to explore consolidation in Shelf Construction market Continue conversion of Caesar for deep pipelay Bring on three ROVs Explore adding capacity to North Sea and S.E.A. Close Remington acquisition. Add Remington program to ERT Program Complete hurricane repair work. SS224, SM107, VR331, WC215 - > 3.5 MMCFD Catch up on delayed well works program Submit development plan on Telemark (42.5%) Complete drilling Tulane (50%) Q2 06. First Production prior to year-end Drill Tiger (40%) (Spud date in April following Tulane) First Production Q4 06 Drill Huey (spud date early May) First Production 06 Drill Devils Island (50%) (spud date q2 06) First Production Q1 07 Close acquisition of PUD in North Sea Significant Events - Next 12 Months Services Production