FINNERAN JOHN G JR

Form 4

February 20, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB

3235-0287 Number: January 31,

Expires: 2005 Estimated average

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OMB APPROVAL

burden hours per response...

5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1. Name and Address of Reporting Person *

1(b).

(Print or Type Responses)

FINNERAN JOHN G JR			Symbol CAPITAL ONE FINANCIAL CORP [COF]				CORP	(Check all applicable)			
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 02/15/2019					Director 10% Owner Officer (give title Other (specify below) Senior Advisor and Corp Secy			
(Street) MCLEAN, VA 22102			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	emed on Date, if /Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	02/15/2019			M	3,754	A	\$ 0 (1)	129,359	D		
Common Stock	02/15/2019			M	2,852	A	\$ 0 (1)	132,211	D		
Common Stock	02/15/2019			M	2,399	A	\$ 0 (1)	134,610	D		
Common Stock	02/15/2019			D	3,754	D	\$ 79.85 (1)	130,856	D		
Common Stock	02/15/2019			D	2,852	D	\$ 79.85	128,004	D		

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					(1)		
Common Stock	02/15/2019	D	2,399	D	\$ 79.85 (1)	125,605	D
Common Stock	02/15/2019	F(2)	3,126	D	\$ 81.57	122,479	D
Common Stock	02/15/2019	F(3)	2,375	D	\$ 81.57	120,104	D
Common Stock	02/15/2019	F(4)	2,016	D	\$ 81.57	118,088	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable an Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
2016 Restricted Stock Units	\$ 0 (1)	02/15/2019		M	3,754	<u>(5)</u>	<u>(5)</u>	Common Stock	3,754	\$ (
2017 Restricted Stock Units	\$ 0 (1)	02/15/2019		M	2,852	<u>(6)</u>	<u>(6)</u>	Common Stock	2,852	\$ (
2018 Restricted Stock Units	\$ 0 (1)	02/15/2019		M	2,399	<u>(7)</u>	<u>(7)</u>	Common Stock	2,399	\$ (

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

FINNERAN JOHN G JR
Senior
1680 CAPITAL ONE DRIVE
MCLEAN, VA 22102
Advisor and
Corp Secy

Signatures

Cleo Belmonte (POA on file) 02/20/2019

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On February 15, 2019, the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- (2) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2016. This is authorized in the applicable restricted stock award agreement.
- (3) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 2, 2017. This is authorized in the applicable restricted stock award agreement.
- (4) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 1, 2018. This is authorized in the applicable restricted stock award agreement.
- (5) These restricted stock units vest in 1/3 increments beginning on February 15, 2017 and annually thereafter.
- (6) These restricted stock units vest in 1/3 increments beginning on February 15, 2018 and annually thereafter.
- (7) These restricted stock units vest in 1/3 increments beginning on February 15, 2019 and annually thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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