

SPARTAN STORES INC  
Form 4/A  
March 10, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
STAPLES DAVID M

(Last) (First) (Middle)

C/O 850 - 76TH STREET SW

(Street)

GRAND RAPIDS, MI 49518

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
SPARTAN STORES INC [SPTN]

3. Date of Earliest Transaction  
(Month/Day/Year)  
02/07/2006

4. If Amendment, Date Original Filed(Month/Day/Year)  
02/09/2006

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
Executive VP and CFO

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(D)	Price
Common Stock	02/07/2006		M		9,680	A	\$ 7.44
Common Stock	02/07/2006		S		2,208	D	\$ 11.55
Common Stock	02/08/2006		M		26,250	A	\$ 8.07
Common Stock	02/08/2006		S		17,662	D	\$ 11.3608
							80,458
							78,250
							104,500 <sup>(1)</sup>
							86,838

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
						Date Exercisable	Expiration Date		
Stock Option (Right to Buy)	\$ 7.44	02/07/2006		M	9,680	10/11/2001	10/10/2010	Common Stock	16,666
Stock Option (Right to Buy)	\$ 7.44					10/11/2002	10/10/2010	Common Stock	16,667
Stock Option (Right to Buy)	\$ 7.44					10/11/2003	10/10/2010	Common Stock	16,667
Stock Option (Right to Buy)	\$ 8.07	02/08/2006		M	8,750	05/08/2003	05/07/2012	Common Stock	8,750
Stock Option (Right to Buy)	\$ 8.07	02/08/2006		M	8,750	05/08/2004	05/07/2012	Common Stock	8,750
Stock Option (Right to Buy)	\$ 8.07	02/08/2006		M	8,750	05/08/2005	05/07/2012	Common Stock	8,750
Stock Option (Right to Buy)	\$ 8.07					05/08/2006	05/07/2012	Common Stock	8,750

