

NATURAL HEALTH TRENDS CORP  
 Form 4  
 October 10, 2007

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287  
 Expires: January 31, 2005  
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 Chief China Resources Ltd

2. Issuer Name and Ticker or Trading Symbol  
 NATURAL HEALTH TRENDS CORP [BHIP]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)  
 10/05/2007

\_\_\_ Director \_\_\_X\_\_\_ 10% Owner  
 \_\_\_ Officer (give title below) \_\_\_ Other (specify below)

18 CHAOYANGMENWAI STREET, SUITE B710, FULL LINK PLAZA

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 \_\_\_ Form filed by One Reporting Person  
 \_\_\_X\_\_\_ Form filed by More than One Reporting Person

BEIJING, F4 100020

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
				Code V Amount (A) or (D) Price			
Common Stock	10/05/2007		S	9,000 D \$ 5.99	288,902	D <sup>(1)</sup>	
Common Stock	10/05/2007		S	8,800 D \$ 5.3	280,102	D <sup>(1)</sup>	
Common Stock	10/05/2007		S	3,980 D \$ 5.25	276,122	D <sup>(1)</sup>	
Common Stock	10/05/2007		S	6,900 D \$ 5.2	269,222	D <sup>(1)</sup>	
	10/05/2007		S	13,690 D	255,532	D <sup>(1)</sup>	

Edgar Filing: NATURAL HEALTH TRENDS CORP - Form 4

Common Stock						\$ 6.43		
Common Stock	10/05/2007	S	1,340	D	\$ 6.14	254,192	D	(1)
Common Stock	10/05/2007	S	14,070	D	\$ 5.82	240,122	D	(1)
Common Stock	10/05/2007	S	7,200	D	\$ 5.83	232,922	D	(1)
Common Stock	10/05/2007	S	5,750	D	\$ 5.71	227,172	D	(1)
Common Stock	10/05/2007	S	8,150	D	\$ 5.61	219,022	D	(1)
Common Stock	10/05/2007	S	9,800	D	\$ 5.47	209,222	D	(1)
Common Stock	10/05/2007	S	11,320	D	\$ 5.23	197,902	D	(1)
Common Stock	10/05/2007	C	941,171	A	(2)	1,139,073	D	(1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Series A Convertible Preferred Stock	(2)	10/05/2007		C	941,171	(2) (2)	Common Stock 941,171

## Reporting Owners

Reporting Owner Name / Address

Relationships

Reporting Owners

