HELIX ENERGY SOLUTIONS GROUP INC Form 8-K October 20, 2016		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549		
Form 8-K		
CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934		
Date of Report (Date of earliest event reported): October 19, 2016		
Helix Energy Solutions Group, Inc. (Exact name of registrant as specified in its charter)		
Minnesota (State or other jurisdiction of incorporation)	001-32936 (Commission File Number)	95-3409686 (IRS Employer Identification No.)
3505 West Sam Houston Parkway North, Suite 400 Houston, Texas (Address of principal executive offices)	281-618-0400 (Registrant's telephone number including area code)	77043 (Zip Code)
Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):		
_ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
_ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
_ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		

|_| Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition.

On October 19, 2016, Helix Energy Solutions Group, Inc. ("Helix") issued a press release announcing its third quarter results of operations for the period ended September 30, 2016. Attached hereto as Exhibit 99.1, and incorporated by reference herein, is the press release.

Item 7.01 Regulation FD Disclosure.

On October 19, 2016, Helix issued a press release announcing its third quarter results of operations for the period ended September 30, 2016. In addition, on October 20, 2016, Helix is making a presentation (with slides) to analysts and investors regarding its financial and operating results. Attached hereto as Exhibits 99.1 and 99.2, respectively, and incorporated by reference herein, are the press release and the slides for the Third Quarter Earnings Conference Call Presentation issued by Helix. The presentation materials are also available beginning on October 19, 2016 under Investor Relations - Presentations in the For the Investor section of Helix's website, www.HelixESG.com.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Number Description

Press Release of Helix Energy Solutions Group, Inc. dated October 19, 2016 reporting financial results for the third quarter of 2016.

99.2 Third Quarter 2016 Conference Call Presentation.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: October 19, 2016

HELIX ENERGY SOLUTIONS GROUP, INC.

By:/s/ Anthony Tripodo
Anthony Tripodo
Executive Vice President and Chief Financial Officer

Index to Exhibits

Exhibit No. Description

99.1 Press Release of Helix Energy Solutions Group, Inc. dated October 19, 2016 reporting financial results for the third quarter of 2016.

99.2 Third Quarter 2016 Conference Call Presentation.