ADAMS FRED R JR

Form 4

August 02, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average

OMB APPROVAL

burden hours per response...

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

Adams Jean Morris

1. Name and Address of Reporting Person *

Clast (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) O7/31/2018			C	AL-MAIN	NE F	FOODS IN	IC [C	ALM]	(Che	ck all applicat	ole)
P.O. BOX 2960 Common Stock Comm	(Last)	(First)	(Middle) 3	3. Date of Earliest Transaction					(Check an applicable)		
Common Stock Cistreet Cistr	,,		, , ,						Director	V 1	0% Owner
City (State) A. If Amendment, Date Original Filed(Month/Day/Year) A. Securities Acquired, Disposed of, or Beneficially Owned	DO DOV	2060		-	ear)						
Filed(Month/Day/Year) File	P.O. BOX	2900	0	//31/2018							
City (State) (Zip) Table I - Non-Derivative Securities Acquired (A) (State) (A) (Month/Day/Year) (Month/Day/Yea		(Street)	4.	If Amendme	ent, l	Date Origina	l		6. Individual or J	oint/Group Fi	ling(Check
City (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned			Fi	led(Month/Da	ay/Ye	ear)			**		
Common Stock Common Stock City City City Common Stock										1 0	
1.Title of Security (Month/Day/Year) (Instr. 3) 2. Transaction Date (Month/Day/Year) (Mont	JACKSON	N, MS 39207									
Security (Instr. 3)	(City)	(State)	(Zip)	Table I -	Non	-Derivative	Secur	ities Acq	uired, Disposed o	of, or Benefici	ally Owned
Security (Instr. 3)	1 Title of	2 Transaction Date	2A Deemed	3		4 Securitie	s Aca	nired (A)	5 Amount of	6	7 Nature of Indirect
(Instr. 3) any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 3) any (Month/Day/Year) (Instr. 3) any (Month/Day/Year) (Instr. 3) Beneficially Owned Following Reported (Instr. 3) (Instr. 4) (Instr. 3 and 4) Common Stock O7/18/2018 S 30,000 D \$ 1,374,895 D Common Stock O7/31/2018 S 15,000 D \$ 1,329,895 D Common Stock O7/31/2018 S S 15,000 S S S S S S S S S S S S					sactio						
Month/Day/Year (Instr. 8)		(1.1011111/2 uj/ 1 uui)									
Common Stock O7/18/2018 S 15,000 D Stock O7/31/2018 S O7/31/2018 O7/31/2018 S O7/31/2018 S O7/31/2018 S O7/31/2018 O7/31/2018 S O7/31/2018 O7/	(1115111-15)		•						<u> </u>		*
Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D			(1.10111111211), 1	y/rear) (msa. o)						` '	(1110111 1)
Common Stock 07/31/2018 S 30,000 D \$ 1,374,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D											
Common Stock 07/18/2018 G V 125,610 D \$ 0 1,374,895 D Common Stock 07/31/2018 S 30,000 D \$ 44.46 1,344,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D							(A)			* *	
Common Stock 07/18/2018 G V 125,610 D \$0 1,374,895 D Common Stock 07/31/2018 S 30,000 D \$ 44.46 1,344,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D										,	
Stock 07/18/2018 G V 125,610 D \$ 0 1,3/4,895 D Common Stock 07/31/2018 S 30,000 D \$ 44.46 1,344,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D				Code	: V	Amount	(D)	Price			
Common Stock	Common	07/18/2018		G	V	125 610	D	\$ 0	1 37/1 805	D	
Stock 07/31/2018 S 30,000 D 44.46 1,344,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D	Stock	07/10/2010		U	v	123,010	D	ψU	1,374,693	D	
Stock 07/31/2018 S 30,000 D 44.46 1,344,895 D Common Stock 07/31/2018 S 15,000 D \$ 44.48 1,329,895 D								Φ.			
Stock 44.46 Common Stock S 15,000 D \$ 1,329,895 D Common \$ \$		07/31/2018		S		30,000	D		1 344 895	D	
Stock Stock S 15,000 D 44.48 1,329,895 D	Stock	07/31/2010		S		50,000	ט	44.46	1,544,075	D	
Stock Stock S 15,000 D 44.48 1,329,895 D	C							ф			
Stock 44.48 Common \$		07/31/2018		S		15.000	D		1.329.895	D	
Common 07/21/2019 \$ 1.214.905 D	Stock	0,,01,2010		~		10,000	_	44.48	1,020,000	_	
Collinion $0.7/21/2010$ c 15.000 D $^{\circ}$ 1.214.005 D	Common							\$			
3 13,000 D 44.07 1,314,893 D		07/31/2018		S		15,000	D		1,314,895	D	
Stock 97/31/2018 3 13,000 D 44.85 1,314,893 D	Stock					,		44.85			
Common 07/21/2019 S 10 000 D \$ 1 204 805 D	Common							\$			
Stock 07/31/2018 S 10,000 D 44.93 1,304,895 D		07/31/2018		S		10,000	D		1,304,895	D	
SIUCK 44.93	Stock							44.93			
08/01/2018 S 30,000 D 1,274,895 D		08/01/2018		S		30,000	D		1,274,895	D	

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Common Stock					\$ 44.54			
Common Stock	08/01/2018	S	15,000	D	\$ 44.68	1,259,895	D	
Common Stock	08/01/2018	S	15,000	D	\$ 44.57	1,244,895	D	
Common Stock	08/01/2018	S	15,000	D	\$ 44.5	1,229,895	D	
Common Stock						10,007,357	I	As Co-Conservator of Spouse (1)
Common Stock						618,308.388	I	As Co-Conservator of Spouse - KSOP (1) (2)
Class A Common Stock						96,480	D	
Class A Common Stock						3,487,192	I	As Co-Conservator of Spouse (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Adams Jean Morris P.O. BOX 2960 JACKSON, MS 39207		X					
ADAMS FRED R JR P.O. BOX 2960 IACKSON MS 39207		X					

Signatures

Robert L. Holladay, Jr., on behalf of Jean Morris Adams, pursuant to a power of attorney

**Signature of Reporting Person

**Signature of Reporting Person

**Signature of Reporting Person

**Co-Conservators of Fred R. Adams, Jr., pursuant to a power of attorney

**O8/02/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Reporting Person disclaims beneficial ownership of all securities held as Co-Conservator of her spouse, and this report should not be deemed an admission that the Reporting Person is the beneficial owner for purposes of Section 16.
- (2) Represents current allocation under KSOP.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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