

DOCUMENTS INCLUDED AS PART OF THIS REPORT

Document	Description
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1. Press Release, dated March 18, 2013.
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For Immediate Release

March 18th , 2013

Sonde Resources Corp. Announces Fourth Quarter Earnings Conference Call

CALGARY, ALBERTA--(Marketwire – March 18th, 2013) – Sonde Resources Corp. ("Sonde" or the "Company") (TSX: SOQ) (NYSE MKT LLC: SOQ) will be hosting a conference call on Friday, March 22nd, 2013, at 2:00 p.m. MST to provide a report on the Fourth Quarter 2012 results. Mr. Jack Schanck, President and CEO will host the call. All interested parties can join the call by dialing (416) 340-2216 or (888) 226-1792. Please dial-in 15 minutes prior to the call to secure a line. The conference call will be archived for replay on our website within 48 hours of this conference call.

Sonde Resources Corp. is a Calgary, Alberta, Canada based diversified global energy company engaged in the exploration and production of oil and natural gas. Its operations are located in Western Canada and Offshore North Africa. See Sonde's website at www.sonderesources.com to review further detail on Sonde's operations.

For Further Information Please Contact:

Sonde Resources Corp.
Suite 3200, 500 - 4th Avenue S.W.
Calgary, Alberta, Canada T2P 2V6
Investor Relations
Phone: (403) 294-1411
Fax: (403) 216-2374

www.sonderesources.com

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

SONDE RESOURCES CORP.
(Registrant)

Date: March 18, 2013

By: /s/ Kurt A. Nelson
Name: Kurt A. Nelson
Title: Chief Financial Officer