

Cooper David Michael
Form 4
March 07, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Cooper David Michael

2. Issuer Name and Ticker or Trading Symbol
MERCER INTERNATIONAL INC.
[MERC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction
(Month/Day/Year)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)

VP Sales & Marketing, Europe

SUITE 2840, 650 WEST GEORGIA STREET

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(Street)

VANCOUVER, A1 V6B 4N8

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)		
				Code	V	Amount				(A) or (D)	Price
Common Stock	03/04/2011		S			245	D	\$ 14.04	63,901	D	
Common Stock	03/04/2011		S			55	D	\$ 14.0401	63,846	D	
Common Stock	03/04/2011		S			200	D	\$ 14.05	63,646	D	
Common Stock	03/04/2011		S			100	D	\$ 14.06	63,546	D	
Common Stock	03/04/2011		S			7,900	D	\$ 14.07	55,646	D	

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Common Stock	03/04/2011	S	100	D	\$ 14.0704	55,546	D
Common Stock	03/04/2011	S	200	D	\$ 14.0725	55,346	D
Common Stock	03/04/2011	S	1,056	D	\$ 14.075	54,290	D
Common Stock	03/04/2011	S	13,797	D	\$ 14.08	40,493	D
Common Stock	03/04/2011	S	100	D	\$ 14.0801	40,393	D
Common Stock	03/04/2011	S	100	D	\$ 14.0802	40,293	D
Common Stock	03/04/2011	S	100	D	\$ 14.0808	40,193	D
Common Stock	03/04/2011	S	100	D	\$ 14.0809	40,093	D
Common Stock	03/04/2011	S	300	D	\$ 14.082	39,793	D
Common Stock	03/04/2011	S	100	D	\$ 14.0825	39,693	D
Common Stock	03/04/2011	S	2,500	D	\$ 14.085	37,193	D
Common Stock	03/04/2011	S	1,403	D	\$ 14.09	35,790	D
Common Stock	03/04/2011	S	100	D	\$ 14.092	35,690	D
Common Stock	03/04/2011	S	400	D	\$ 14.095	35,290	D
Common Stock	03/04/2011	S	400	D	\$ 14.1	34,890	D
Common Stock	03/04/2011	S	100	D	\$ 14.11	34,790	D
Common Stock	03/04/2011	S	1,500	D	\$ 14.165	33,290	D
Common Stock	03/04/2011	S	200	D	\$ 14.17	33,090	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Cooper David Michael SUITE 2840 650 WEST GEORGIA STREET VANCOUVER, A1 V6B 4N8			VP Sales & Marketing, Europe	

Signatures

/s/ David Michael
Cooper

03/04/2011

Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.