FINANCIAL INSTITUTIONS INC

Form 4

February 06, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

burden hours per

response...

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * BENJAMIN JOHN E			Symbol	nd Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer		
	FINAN([FISI]			NSTITUTIONS INC	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest (Month/Day/Year)			le 10% Owner Other (specify below)	
220 LIBERTY STREET			02/06/2015		below)		
	(Street)		4. If Amendment, I	Date Original	6. Individual or Join	nt/Group Filing(Check	
		Filed(Month/Day/Ye	ear)	Applicable Line)			
WARSAW, NY 14569					_X_ Form filed by On Form filed by Mon Person	1 0	
(City)	(State)	(Zip)	Table I - Non	-Derivative Securities Acq	uired, Disposed of,	or Beneficially Owner	
1.Title of	2. Transaction	Date 2A. Deer	ned 3.	4. Securities Acquired	5. Amount of	6. Ownership 7. Natur	

(City)	(State)	Table Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	nsaction Date 2A. Deemed th/Day/Year) Execution Date, if any (Month/Day/Year)		4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	02/06/2015		M	200	A	\$ 21.05	17,800	D	
Common Stock	02/06/2015		M	1,000	A	\$ 18.29	18,800	D	
Common Stock	02/06/2015		S	51 (1)	D	\$ 23.05	18,749	D	
Common Stock	02/06/2015		S	1,149 (1)	D	\$ 23	17,600	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owne	ed.
(e.g., puts, calls, warrants, options, convertible securities)	

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 18.29	02/06/2015		M	1,000	02/23/2006(2)	05/04/2015	Common Stock	1,000
Stock Option (right to buy)	\$ 21.05	02/06/2015		M	200	05/04/2006(3)	02/23/2015	Common Stock	200

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
BENJAMIN JOHN E 220 LIBERTY STREET WARSAW, NY 14569	X					

Signatures

/s/ Michael D. Grover, by power of attorney 02/06/2015

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares sold pursuant to a cashless exercise of stock options.
- (2) Options vested in three equal annual installments beginning on February 23, 2006.

Reporting Owners 2

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(3) Options vested in three equal annual installments beginning on May 4, 2006.

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