Chefs' Warehouse, Inc. Form 4 January 15, 2014

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if no longer

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

January 31, Expires:

OMB APPROVAL

2005

0.5

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subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

01/12/2014

Stock

Name and Address of Reporting Person * Lecouras Patricia		Person * 2. Iss Symbo	uer Name and Ticker on	5. Relationship of Reporting Person(s) to Issuer				
		Chefs	Warehouse, Inc. [0	(Check all applicable)				
(Last)	(First) (1	Middle) 3. Date	of Earliest Transaction					
		(Mont	/Day/Year)		Director		Owner	
100 EAST I	RIDGE ROAD	01/12	/2014	X Officer (give title Other (specify below) below) Chief Human Resources Officer				
					Chief Hun	nan Resources C	Officer	
	(Street)	4. If A	mendment, Date Origina	ા	6. Individual or Jo	oint/Group Filin	g(Check	
Fi			Ionth/Day/Year)		Applicable Line)			
			• ,		_X_ Form filed by	One Reporting Pe	rson	
RIDGEFIE	LD, CT 06877				Form filed by M Person	More than One Re	porting	
(City)	(State)	(Zip) T	ble I - Non-Derivative	Securities Aco	quired, Disposed o	f, or Beneficial	ly Owned	
1.Title of	2. Transaction Date	e 2A. Deemed	3. 4. Secur	ities Acquired	5. Amount of	6. Ownership	7. Nature of	
Security (Month/Day/Year) Execution		Execution Date,	on Date, if Transaction(A) or Disposed of (I		Securities	Form: Direct	Indirect	
(Instr. 3)		any	Code (Instr. 3,	4 and 5)	Beneficially	(D) or Benef	Beneficial	
		(Month/Day/Yea	(Instr. 8)		Owned	Indirect (I)	Ownership	
					Following	(Instr. 4)	(Instr. 4)	
				(A)	Reported			
				or	Transaction(s)			
			Code V Amount	(D) Price	(Instr. 3 and 4)			
Common	01/12/2014		F 404	D \$	67 824	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

F

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D

67,824

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

404

D

27.81

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr	
					4, and 5)	Date	Expiration		Amount		
				Code V	(A) (D)	Exercisable	Date	Title	Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Lecouras Patricia 100 EAST RIDGE ROAD RIDGEFIELD, CT 06877

Chief Human Resources Officer

Signatures

/s/ Alexandros Aldous, Attorney-in-Fact for Patricia Lecouras

01/15/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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