Edgar Filing: MCDONALD MALCOLM W - Form 4

	D MALCOLM V	V									
Form 4	2 2011										
December 28	<i>`</i>								OMB A	PPROVAL	
FORM	UNITED	STATES		ATTIES A			NGE (COMMISSION		3235-0287	
Check th if no long subject to Section 1 Form 4 o Form 5 obligatio may cont <i>See</i> Instru 1(b).	ger 6. r Filed pur ns cinue.	rsuant to a) of the	F CHAN Section 10 Public Ut	GES IN I SECUR	BENEFI ITIES e Securit ing Corr	CIA ies E	xchang Act o	NERSHIP OF ge Act of 1934, f 1935 or Sectio 40	Expires: Estimated a burden hou response	irs per	
(Print or Type I	Responses)										
	Address of Reporting		2. Issuer Symbol	Name and	Ticker or	Tradir	ıg	5. Relationship of Issuer	f Reporting Per	0.5 on(s) to) Owner rr (specify g(Check rson porting	
			HMN F	INANCIA	AL INC [HM	NF]	(Chec	ck all applicable	e)	
(Last)	(First) (Middle)		Earliest Tra	ansaction			_X_ Director	100	Owner	
21 EAST OAKS RD			(Month/Day/Year) 12/23/2011					Officer (give titleOther (specify below) below)			
	(Street)			ndment, Dat th/Day/Year)	-			6. Individual or Jo Applicable Line) _X_ Form filed by (One Reporting Po	erson	
NORTH OA	AKS, MN 55127-	2527						Form filed by M Person	More than One Ro	eporting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Securi	ities Aco	quired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any	emed on Date, if 'Day/Year)	3. Transactic Code (Instr. 8) Code V	on(A) or D (D) (Instr. 3,	ispose	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	12/28/2011			P	2,200	(D) A	\$ 2	6,993 <u>(1)</u>	D		
Common Stock	12/23/2011			Р	18	А	\$ 1.86	4,793 <u>(1)</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		te	7. Title and A Underlying S (Instr. 3 and	Securities	8. Prio Deriv Secur (Instr.
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Option to Buy	\$ 26.98					07/27/2005	07/26/2014	Common Stock	3,000	
Option to Buy	\$ 26.98					07/27/2006	07/26/2014	Common Stock	3,000	
Option to Buy	\$ 26.98					07/27/2007	07/26/2014	Common Stock	3,000	
Option to Buy	\$ 26.98					07/27/2008	07/26/2014	Common Stock	3,000	
Optoin to Buy	\$ 26.98					07/27/2009	07/26/2014	Common Stock	3,000	

Reporting Owners

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
MCDONALD MALCOLM W 21 EAST OAKS RD NORTH OAKS, MN 55127-2527	Х			
Signatures				
	D 111	D ()		/ / D .

 Dwain Jorgensen for Malcolm McDonald by Power of Attorney /s/ Dwain
 12/28/2011

 Jorgensen
 _____Signature of Reporting Person
 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Running total of shares following each transaction.

Reporting Owners

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.