

Edgar Filing: ABRAMS ALAN R - Form 4

(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights	\$ 2.09	03/22/2010	A	5,700					03/22/2013 ⁽¹⁾	03/22/2020	Common Stock	5,700
Stock Appreciation Rights	\$ 2.09	03/22/2010	A	5,700					03/22/2014 ⁽¹⁾	03/22/2020	Common Stock	5,700
Stock Appreciation Rights	\$ 2.09	03/22/2010	A	7,600					03/22/2015 ⁽¹⁾	03/22/2020	Common Stock	7,600

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ABRAMS ALAN R	X	X	CEO and President	

Signatures

/s/ Rick A. Paternostro, as Attorney in Fact
03/24/2010

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) All stock appreciation rights shall vest and be exercisable on the tenth consecutive business day that a share of the Company's common stock has a closing price on NASDAQ at or above \$20.00 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.