Navios Maritime Holdings Inc. Form 6-K December 04, 2018

### **UNITED STATES**

## SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### FORM 6-K

# REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 OF THE SECURITIES EXCHANGE ACT OF 1934

Dated: December 4, 2018

Commission File No. 001-33311

NAVIOS MARITIME HOLDINGS INC.

7 Avenue de Grande Bretagne, Office 11B2

Monte Carlo, MC 98000 Monaco

(Address of Principal Executive Offices)

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Indicate by check mark whether the regis	strant files or will fi	le annual reports under cover Form 20-F or Form 40-F:
	Form 20-F	Form 40-F
Indicate by check mark if the registrant i 101(b) (1):	s submitting the For	rm 6-K in paper as permitted by Regulation S-T Rule
	Yes	No
Indicate by check mark if the registrant i 101(b) (7):	s submitting the For	rm 6-K in paper as permitted by Regulation S-T Rule
	Yes	No

The information contained in this Report is incorporated by reference into the Registration Statements on Form S-8, File No. 333-147186, 333-202141 and 333-222002, and the related prospectuses.

Attached to this Report on Form 6-K as Exhibit 99.1 is an amendment (the *Amendment*) to the 2015 Equity Incentive Plan (the *Plan*) of Navios Maritime Holdings Inc. (the *Company*) adopted by the Company s Board of Directors on November 16, 2018. The Amendment extends the duration of the plan to December 14, 2020.

## **EXHIBIT INDEX**

## Exhibit No. Exhibit

99.1 <u>Second Amendment to Navios Maritime Holdings Inc. 2015 Equity Incentive Plan</u>

## **Signature**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this Report to be signed on its behalf by the undersigned, thereunto duly authorized.

## NAVIOS MARITIME HOLDINGS INC.

/s/ Angeliki Frangou

By: Angeliki Frangou Chief Executive

Officer

Date: December 4, 2018