

Sprouts Farmers Market, Inc.
 Form 3
 July 31, 2013

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0104
 Expires: January 31, 2015
 Estimated average burden hours per response... 0.5

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â Berlinski Donna		(Month/Day/Year)	Sprouts Farmers Market, Inc. [SFM]	
(Last)	(First)	(Middle)	07/31/2013	
11811 N.TATUM BLVD,Â SUITE 2400			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
PHOENIX,Â AZÂ 85028			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner	6. Individual or Joint/Group Filing(Check Applicable Line)
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other	<input checked="" type="checkbox"/> Form filed by One Reporting Person
			(give title below) (specify below)	<input type="checkbox"/> Form filed by More than One Reporting Person
			Controller	

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable Expiration Date	Title Amount or Number of Shares			

			Common stock, par value				
Stock Option (right to buy)	Â (1)	09/25/2018	\$0.001 per share (44,917	\$ 3.3255	D	Â
Stock Option (right to buy)	Â (1)	09/25/2018	Common Stock	3,208	\$ 1.0864	D	Â
Stock Option (right to buy)	Â (2)	09/25/2018	Common Stock	16,042	\$ 1.0864	D	Â
Stock Option (right to buy)	Â (3)	09/25/2018	Common Stock	12,833	\$ 1.0864	D	Â
Stock Option (right to buy)	Â (1)	07/23/2019	Common Stock	9,625	\$ 6.0145	D	Â
Stock Option (right to buy)	Â (1)	07/23/2019	Common Stock	1,375	\$ 3.7755	D	Â
Stock Option (right to buy)	Â (4)	07/23/2019	Common Stock	11,000	\$ 3.7755	D	Â
Stock Option (right to buy)	Â (5)	07/23/2019	Common Stock	11,000	\$ 3.7755	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Berlinski Donna 11811 N.TATUM BLVD SUITE 2400 PHOENIX, AZ 85028	Â	Â	Â Controller	Â

Signatures

Brandon F. Lombardi, Attorney-in-Fact for Donna Berlinski 07/31/2013

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Presently exercisable

(2) Options become exercisable in equal quarterly installments at the end of each calendar quarter through September 30, 2014.

(3) Options vest at the end of fiscal 2013 or fiscal 2014, provided certain corporate performance targets are met.

(4) Options become exercisable in equal quarterly installments at the end of each calendar quarter through June 30, 2015

(5) Options vest at the end of fiscal 2013, fiscal 2014 or fiscal 2015, provided certain corporate performance targets are met.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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