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TASTY BAKING CO Form 8-K December 08, 2003

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): December 8, 2003

Tasty Baking Company
----(Exact Name of Registrant as Specified in Charter)

Pennsylvania 1-5084 23-1145880

(State or Other Jurisdiction of (Commission (I.R.S. Employer Incorporation or Organization) File Number) Identification No.)

Registrant's telephone number, including area code: (215) 221-8500

Not applicable
----(Former Name or Former Address, if Changed Since Last Report)

Item 5. Other Events and Regulation FD Disclosure

On December 8, 2003, Tasty Baking Company announced the election of David J. West to its Board of Directors at its meeting on December 5, 2003. A copy of the press release is attached to this Report as Exhibit 99.1 and is incorporated herein by reference.

Item 7. Financial Statements and Exhibits

(a) Not applicable

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- (b) Not applicable
- (c) The following exhibit is filed herewith:

Exhibit 99.1 Press Release dated December 8, 2003

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

> TASTY BAKING COMPANY (Registrant)

Date: December 8, 2003 /S/ David S. Marberger

David S. Marberger

Senior Vice President and Chief Financial

Officer

EXHIBIT INDEX

Exhibit No. Description _____ 99.1 Press Release dated December 8, 2003

h: 0; border-left-width: 1; border-right-width: 1; border-bottom-width: 1">1.Title of Security

(Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)3. Transaction Code

(Instr. 8)4. Securities Acquired (A) or Disposed of (D)

(Instr. 3, 4 and 5)5. Amount of Securities Beneficially Owned Following Reported Transaction(s)

(Instr. 3 and 4)6. Ownership Form: Direct (D) or Indirect (I)

(Instr. 4)7. Nature of Indirect Beneficial Ownership

(Instr. 4)CodeVAmount(A) or (D)Price Common Stock10/06/2009 M 1,403 A \$ 0 5,825 D Common Stock10/06/2009

F⁽⁷⁾ 459 D \$ 47.89 5,366 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number one Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 16.03						<u>(6)</u>	02/27/2016	Common Stock	15,000
Stock Option (Right to Buy)	\$ 15.45						<u>(6)</u>	08/04/2016	Common Stock	19,716
Restricted Stock Units	\$ 0 (1)	10/06/2009		M		1,403	10/06/2009	(2)	Common Stock	1,403
Stock Option (Right to Buy)	\$ 40.03						<u>(3)</u>	08/02/2017	Common Stock	11,323
Restricted Stock Units	\$ 0 (1)						08/02/2010	(2)	Common Stock	2,748
Stock Option (Right to Buy)	\$ 127.21						<u>(4)</u>	07/31/2018	Common Stock	2,195
Restricted Stock Units	\$ 0 (1)						07/31/2011	(2)	Common Stock	1,179
Stock Option	\$ 52.72						<u>(5)</u>	07/27/2019	Common Stock	5,258

(Right to Buy

Restricted

Stock \$0 (1) Common Stock 3,319

Units

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

BRAUSEN ANTHONY T C/O THE MOSAIC COMPANY 3033 CAMPUS DRIVE, SUITE E490 PLYMOUTH, MN 55441

Vice President -Finance

Date

Signatures

/s/ Richard L. Mack, Attorney-in-Fact for Anthony T.

Brausen 10/08/2009

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) One-for-One
- (2) Not Applicable
- (3) Grant Date 08/02/2007; option becomes exercisable in three equal installments commencing on the first anniversary of the grant date and on each anniversary thereafter.
- (4) Grant Date 07/31/2008; option becomes exercisable in three equal installments commencing on the first anniversary of the grant date and on each anniversary thereafter.
- (5) Grant Date 07/27/2009; option becomes exercisable in three equal installments commencing on the first anniversary of the grant date and on each anniversary thereafter.
- (6) This Stock Option is 100% exercisable.
- (7) Shares withheld to cover tax liability incurred as a result of vesting of Restricted Stock Units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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