Mannelly Matthew Form 4 February 14, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

1(b).

per share

Common

Stock, par value \$0.01

02/13/2013

(Print or Type Responses)

1. Name and Address of Reporting Person * Mannelly Matthew			2. Issuer Name and Ticker or Trading Symbol Prestige Brands Holdings, Inc. [PBH]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last) 660 WHITE P 205	(First) LAINS RD.	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 02/12/2013	_X Director 10% Owner Step Other (give title below) Other (specify below) President and CEO
TARRYTOW	(Street) N, NY 1059	1	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person

(City)	(State)	(Zip) Table	e I - Non-D	erivative S	Securi	ties Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit r(A) or Dis (Instr. 3, 4	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$0.01 per share	02/12/2013		M	42,195	` ′		111,619	I	By Trust
Common Stock, par value \$0.01	02/12/2013		S	42,195	D	\$ 24.06 (1) (2)	69,424	I	By Trust

32,805 A

M

\$ 7.16 102,229

I

By Trust

(4)

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per share

Common Stock, par value \$0.01 per share	S	32,805	D	\$ 24.05 (1) (3)	69,424	I	By Trust
Common Stock, par value \$0.01 per share					118,609	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed o (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration I (Month/Day	Pate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee stock option (right to buy)	\$ 7.16	02/12/2013		M	42,195	<u>(5)</u>	09/02/2019	Common Stock	42,195
Employee stock option (right to buy)	\$ 7.16	02/13/2013		M	32,805	<u>(5)</u>	09/02/2019	Common Stock	32,805

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Mannelly Matthew 660 WHITE PLAINS RD., SUITE 205	X		President and CEO					

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Deletionship

TARRYTOWN, NY 10591

Signatures

/s/ Matthew M. 02/14/2013 Mannelly

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reflects the weighted average sale price. The reporting person effected multiple same-way open market sale transactions on the same day at different prices through a trade order executed by a broker-dealer. The reporting person reported on a single line all such transactions that occurred within a one dollar price range. The reporting person hereby undertakes to provide upon request by the Securities Exchange Commission staff, the issuer, or a shareholder of the issuer, full information regarding the number of shares sold at separate price.
- (2) The range of prices for such transaction is \$24.00 to \$24.34.
- (3) The range of prices for such transaction is \$24.00 to \$24.15.
- (4) The shares and options are held by a family trust, of which the reporting person is trustee and the beneficiaries are the reporting person's children.
- (5) The options vested on September 2, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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