UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 10-Q

x Quarterly Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

For the quarterly period ended June 30, 2009

OR

Transition Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Commission File Number 001-09279

ONE LIBERTY PROPERTIES, INC. (Exact name of registrant as specified in its charter)

MARYLAND (State or other jurisdiction of incorporation or organization) 13-3147497 (I.R.S. employer identification number)

60 Cutter Mill Road, Great Neck, New York (Address of principal executive offices) 11021 (Zip code)

(516) 466-3100 (Registrant's telephone number, including area code)

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days.

Yes x No."

Indicate by check mark whether the registrant has submitted electronically and posted on its corporate website, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T (§232.405 of this chapter) during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files).

Yes "No "

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer,

or a smaller reporting company. See the definitions of "large accelerated filer," "accelerated filer" and "small reporting company" in Rule 12b-2 of the Exchange Act.

Large accelerated filer " Accelerated filer x Non-accelerated filer " (Do not check if a smaller reportingSmaller reporting company " company)

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act).

Yes "No x

Indicate the number of shares outstanding of each of the issuer's classes of common stock, as of the latest practicable date.

As of August 4, 2009, the registrant had 10,914,783 shares of common stock outstanding.

Part I - FINANCIAL INFORMATION

Item 1. Financial Statements

ONE LIBERTY PROPERTIES, INC. AND SUBSIDIARIES CONSOLIDATED BALANCE SHEETS (Amounts in Thousands, Except Per Share Data)

Assets		June 30, 2009 (Unaudited)		9ecember 31, 2008
Real estate investments, at cost	¢	02.022	¢	02 595
Land Divildings and improvements	\$	93,022	\$	93,585
Buildings and improvements		327,535		329,260
I and a summed at a degree station		420,557		422,845
Less accumulated depreciation		47,089		43,556
		373,468		379,289
Investment in unconsolidated joint ventures		5,869		5,857
Cash and cash equivalents		18,219		10,947
Unbilled rent receivable		11,319		10,947
Unamortized intangible lease assets		7,925		8,481
Properties held for sale		8,075		8,167
Escrow, deposits and other receivables		1,762		1,569
Investment in BRT Realty Trust at market (related party)		1,702		1,505
Unamortized deferred financing costs		2,614		2,856
Other assets (including available-for-sale securities		2,014		2,050
at market of \$2,143 and \$297)		2,938		912
Total assets	\$	432,324	\$	429,105
Liabilities and Stockholders' Equity	Ψ	152,521	Ψ	427,105
Liabilities:				
Mortgages payable	\$	216,436	\$	216,808
Mortgages payable-properties held for sale	Ψ	8,706	Ψ	8,706
Line of credit		27,000		27,000
Dividends payable		234		2,239
Accrued expenses and other liabilities (including \$585 and				_,
\$159 relating to properties held for sale)		4,471		5,143
Unamortized intangible lease liabilities		5,030		5,234
Total liabilities		261,877		265,130
		-)		,
Commitments and contingencies		_		
Stockholders' equity:				
Preferred stock, \$1 par value; 12,500 shares				
authorized; none issued		-	_	
Common stock, \$1 par value; 25,000 shares authorized;				

Common stock, \$1 par value; 25,000 shares authorized;		
10,370 and 9,962 shares issued and outstanding	10,370	9,962
Paid-in capital	141,986	138,688

Accumulated other comprehensive loss	(8)	(239)
Accumulated undistributed net income	18,099	15,564
Total stockholders' equity	170,447	163,975
Total liabilities and stockholders' equity	\$ 432,324	\$ 429,105

See accompanying notes to consolidated financial statements.

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ONE LIBERTY PROPERTIES, INC. AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF INCOME (Amounts in Thousands, Except Per Share Data) (Unaudited)

		Three Months June 30		Six Months Ended June 30,		
		2009 2008		2009	2008	
Revenues:						
Rental income	\$	10,540 \$	9,463 \$	21,175 \$	18,814	
Lease termination fee		1,784		1,784		
Total revenues		12,324	9,463	22,959	18,814	
Operating expenses:						
Depreciation and amortization		2,287	2,177	4,538	4,130	
General and administrative (including \$547, \$547,						
\$1,094 and \$1,094, respectively, to related party)		1,602	1,590	3,252	3,198	
Real estate expenses		164	58	340	114	
Leasehold rent		77	77	154	154	
Total operating expenses		4,130	3,902	8,284	7,596	
Operating income		8,194	5,561	14,675	11,218	
Other income and expenses:						
Equity in earnings of unconsolidated joint ventures		149	152	308	297	
Gain on disposition of real estate of		1.7		000	_,.	
unconsolidated joint venture					297	
Interest and other income		178	121	207	331	
Interest:		170	121	207	551	
Expense		(3,599)	(3,503)	(7,286)	(7,010)	
Amortization of deferred financing costs		(164)	(150)	(439)	(301)	
Gain on sale of excess unimproved land		(10.)	1,830	()	1,830	
			1,000		1,000	
Income from continuing operations		4,758	4,011	7,465	6,662	
Discontinued operations:						
(Loss) income from operations		(315)	(13)	(140)	115	
Impairment charge on property sold at a loss		(515)	(752)	(229)	(752)	
impairment enaige on property sold at a loss			(152)	(22))	(152)	
Loss from discontinued operations		(315)	(765)	(369)	(637)	
Net income	\$	4,443 \$	3,246 \$	7,096 \$	6,025	
	Ψ	Ψ.Τ.Τ.Ο Ψ	5,240 φ	7,070 ψ	0,025	
Weighted average number of common shares outstanding	; —					
basic and diluted		11,015	11,124	11,042	11,152	
Net income per common share – basic and diluted:						
Income from continuing operations	\$.43 \$.36 \$.67 \$.60	
Loss from discontinued operations	ψ	(.03)	(.07)	(.03)	(.06)	
Loss from discontinued operations		(.03)	(.07)	(.05)	(.00)	

Net income per common share	\$.40 \$.29 \$.64 \$.54
Cash distribution declared per share of common stock	\$.02 \$.36 \$.04 \$.72
Stock distribution declared per share of common stock	\$.20 \$	—\$.40 \$	

See accompanying notes to consolidated financial statements.

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ONE LIBERTY PROPERTIES, INC. AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF STOCKHOLDERS' EQUITY

For the six month period ended June 30, 2009 (Unaudited) and the year ended December 31, 2008 (Amounts in Thousands)

	Cor Stoo	nmon ck		Paid-in Capital	Accumulated Other Comprehensive Income (Loss)	Un	cumulated distributed et Income		Total
Balances, January 1, 2008	\$	9,906	\$	137,076	\$ 344	\$	23,913	\$	171,239
Distributions – common stock (\$1.30 per									
share)		_	_	-			(13,241)		(13,241)
Repurchase of common stock		(125)		(1,702)	-		_	_	(1,827)
Shares issued through dividend									
reinvestment plan		158		2,449	-		-		2,607
Restricted stock vesting		23		(23)	-		_		
Compensation expense – restricted stock		_	_	888	-		-		888
Net income		_	_	_			4,892		4,892
Other comprehensive loss –									
Net unrealized loss on									
available-for-sale securities		_	_	_	_				