VISTA GOLD CORP

Check this box if

no longer subject

to Section 16.

5 obligations

may continue.

Form 4 or Form

Form 5

February 09, 2017

FORM 5

OMB APPROVAL

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer OGRYZLO C THOMAS Symbol VISTA GOLD CORP [VGZ] (Check all applicable) (First) 3. Statement for Issuer's Fiscal Year Ended (Last) (Middle) (Month/Day/Year) _X_ Director 10% Owner Officer (give title Other (specify 12/31/2016 below) below) C/O VISTA GOLD CORP., 7961 SHAFFER PARKWAY, SUITE 5 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line)

LITTLETON, COÂ 80127

(State)

(Zip)

(City)

X Form Filed by One Reporting Person Form Filed by More than One Reporting

	Tuble 1 Tron Detrituite Securities Required, Disposed of, or Beneficiary Owner								y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Execution Date, if Transaction ny Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price	Fiscal Year (Instr. 3 and 4)	(Instr. 4)	
Common Shares	09/09/2016	Â	M4	30,000	A		143,374	D	Â
Common Shares	09/09/2016	Â	M4	8,000	A	\$ 0.52	151,374	D	Â
Common Shares	09/09/2016	Â	S4	38,000	D	\$ 1.014	113,374	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shar
Director Stock Option	\$ 0.36	09/09/2016	Â	M4	Â	10,000	12/30/2013	12/30/2018	Common Shares	10,00
Director Stock Option	\$ 0.36	09/09/2016	Â	M4	Â	10,000	02/14/2014	12/30/2018	Common Shares	10,00
Director Stock Option	\$ 0.36	09/09/2016	Â	M4	Â	10,000	09/08/2014	12/30/2018	Common Shares	10,00
Director Stock Option	\$ 0.52	09/09/2016	Â	M4	Â	8,000	09/08/2014	03/25/2019	Common Shares	8,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
OGRYZLO C THOMAS						
C/O VISTA GOLD CORP.	λv	Â	â	â		
7961 SHAFFER PARKWAY, SUITE 5	АЛ	А	A	A		
LITTLETON. CO 80127						

Signatures

/s/ Connie Martinez as attorney-in-fact for C. Thomas
Ogryzlo
02/09/2017

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure.

Reporting Owners 2

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