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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 1
 Form 13F Information Table Entry Total: 193
 Form 13F Information Table Value Total: \$ 101,372

 (In Thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

No.	Form 13F File Number	Name
7000	028-10307	TRUSTCO BANK

FORM 13F INFORMATION TABLE

COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	COLUMN 5	COLUMN 6	COLUMN 7
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PUT/ CALL	INVESTMENT DISCRETION
AT&T INC	COM	00206R102	1742	48857	SH	DEFINED
AT&T INC	COM	00206R102	650	18215	SH	OTHER
			0	0		OTHER
ABBOTT LABORATORIES	COM	2824100	2803	43485	SH	DEFINED
ABBOTT LABORATORIES	COM	2824100	435	6745	SH	OTHER
			0	0		OTHER
AIR PRODUCTS & CHEMICALS INC	COM	9158106	371	4600	SH	DEFINED
ALCOA INC	COM	13817101	88	10100	SH	DEFINED
ALCOA INC	COM	13817101	3	300	SH	OTHER
ALLSTATE CORP	COM	20002101	184	5250	SH	DEFINED
ALLSTATE CORP	COM	20002101	42	1200	SH	OTHER
			0	0		OTHER
ALTRIA GROUP INC	COM	02209S103	93	2686	SH	DEFINED
ALTRIA GROUP INC	COM	02209S103	120	3486	SH	OTHER
			0	0		OTHER
AMERICAN EXPRESS CO	COM	25816109	375	6450	SH	DEFINED
AMERICAN EXPRESS CO	COM	25816109	41	700	SH	OTHER
			0	0		OTHER
APPLIED MATERIALS INC	COM	38222105	738	64500	SH	DEFINED
			0	0		DEFINED
APPLIED MATERIALS INC	COM	38222105	29	2500	SH	OTHER
AUTOMATIC DATA PROCESSING INC	COM	53015103	466	8373	SH	DEFINED

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			0	0		DEFINED	70
AUTOMATIC DATA PROCESSING INC	COM	53015103	17	300 SH		OTHER	70
BANK OF AMERICA CORP	COM	60505104	54	6600 SH		DEFINED	70
BANK OF AMERICA CORP	COM	60505104	44	5418 SH		OTHER	70
			0	0		OTHER	70
BHP BILLITON LTD	FOR	88606108	406	6225 SH		DEFINED	70
BHP BILLITON LTD	FOR	88606108	13	200 SH		OTHER	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	258	7166 SH		DEFINED	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	521	14486 SH		OTHER	70
			0	0		OTHER	70
CATERPILLAR INC	COM	149123101	162	1913 SH		DEFINED	70
CATERPILLAR INC	COM	149123101	70	830 SH		OTHER	70
CHEVRON CORP NEW	COM	166764100	2733	25905 SH		DEFINED	70
CHEVRON CORP NEW	COM	166764100	483	4579 SH		OTHER	70
			0	0		OTHER	70
CISCO SYSTEMS INC	COM	17275R102	610	35501 SH		DEFINED	70
CISCO SYSTEMS INC	COM	17275R102	37	2150 SH		OTHER	70
			0	0		OTHER	70
COCA COLA CO	COM	191216100	3684	47112 SH		DEFINED	70
			0	0		DEFINED	70
COCA COLA CO	COM	191216100	868	11100 SH		OTHER	70
			0	0		OTHER	70
COLGATE PALMOLIVE CO	COM	194162103	1733	16652 SH		DEFINED	70
COLGATE PALMOLIVE CO	COM	194162103	347	3333 SH		OTHER	70
			0	0		OTHER	70
DISNEY WALT CO	COM	254687106	1729	35646 SH		DEFINED	70
			0	0		DEFINED	70
DISNEY WALT CO	COM	254687106	403	8300 SH		OTHER	70
			0	0		OTHER	70
DOW CHEMICAL CO	COM	260543103	328	10424 SH		DEFINED	70
DOW CHEMICAL CO	COM	260543103	103	3271 SH		OTHER	70
			0	0		OTHER	70
DU PONT E I DE NEMOURS & CO	COM	263534109	244	4825 SH		DEFINED	70
			0	0		DEFINED	70
DU PONT E I DE NEMOURS & CO	COM	263534109	80	1586 SH		OTHER	70
			0	0		OTHER	70
ECOLAB INC	COM	278865100	714	10417 SH		DEFINED	70

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ECOLAB INC	COM	278865100	34	500 SH		OTHER	70
EMERSON ELECTRIC CO	COM	291011104	203	4350 SH		DEFINED	70
EMERSON ELECTRIC CO	COM	291011104	70	1513 SH		OTHER	70
			0	0		OTHER	70
EXELON CORP	COM	30161N101	604	16067 SH		DEFINED	70
EXELON CORP	COM	30161N101	104	2770 SH		OTHER	70
			0	0		OTHER	70
EXXON MOBIL CORP	COM	30231G102	5539	64735 SH		DEFINED	70
			0	0		DEFINED	70
EXXON MOBIL CORP	COM	30231G102	2609	30487 SH		OTHER	70
			0	0		OTHER	70

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GENERAL ELECTRIC CO	COM	369604103	8362	401239	SH	DEFINED	70
			0	0		DEFINED	70
GENERAL ELECTRIC CO	COM	369604103	5504	264099	SH	OTHER	70
			0	0		OTHER	70
			0	0		OTHER	70
GENERAL MILLS INC	COM	370334104	1000	25948	SH	DEFINED	70
GENERAL MILLS INC	COM	370334104	389	10100	SH	OTHER	70
			0	0		OTHER	70
GLAXOSMITHKLINE PLC	FOR	37733W105	300	6588	SH	DEFINED	70
GLAXOSMITHKLINE PLC	FOR	37733W105	208	4566	SH	OTHER	70
			0	0		OTHER	70
HOME DEPOT INC	COM	437076102	325	6125	SH	DEFINED	70
HOME DEPOT INC	COM	437076102	72	1364	SH	OTHER	70
			0	0		OTHER	70
INTEL CORP	COM	458140100	1987	74562	SH	DEFINED	70
INTEL CORP	COM	458140100	263	9868	SH	OTHER	70
			0	0		OTHER	70
IBM CORP	COM	459200101	2321	11869	SH	DEFINED	70
IBM CORP	COM	459200101	642	3283	SH	OTHER	70
			0	0		OTHER	70
ISHARES	MUT	464287465	327	6551	SH	DEFINED	70
ISHARES	MUT	464287465	9	175	SH	OTHER	70
JPMORGAN CHASE & CO	COM	46625H100	1090	30501	SH	DEFINED	70
			0	0		DEFINED	70
JPMORGAN CHASE & CO	COM	46625H100	259	7252	SH	OTHER	70
			0	0		OTHER	70
JACOBS ENGINEERING GROUP INC	COM	469814107	221	5849	SH	DEFINED	70
JACOBS ENGINEERING GROUP INC	COM	469814107	8	200	SH	OTHER	70
			0	0		OTHER	70
JOHNSON & JOHNSON	COM	478160104	3504	51865	SH	DEFINED	70
JOHNSON & JOHNSON	COM	478160104	755	11182	SH	OTHER	70
			0	0		OTHER	70
JOHNSON CONTROLS INC	COM	478366107	378	13650	SH	DEFINED	70
JOHNSON CONTROLS INC	COM	478366107	33	1200	SH	OTHER	70
			0	0		OTHER	70
KRAFT FOODS INC	COM	50075N104	144	3738	SH	DEFINED	70
KRAFT FOODS INC	COM	50075N104	128	3302	SH	OTHER	70
			0	0		OTHER	70
ELI LILLY & CO	COM	532457108	148	3449	SH	DEFINED	70
ELI LILLY & CO	COM	532457108	62	1456	SH	OTHER	70
			0	0		OTHER	70
LOWES COMPANIES INC	COM	548661107	402	14134	SH	DEFINED	70
LOWES COMPANIES INC	COM	548661107	10	350	SH	OTHER	70
			0	0		OTHER	70
MASCO CORP	COM	574599106	168	12100	SH	DEFINED	70
MASCO CORP	COM	574599106	24	1700	SH	OTHER	70
MCDONALDS CORP	COM	580135101	155	1750	SH	DEFINED	70
MCDONALDS CORP	COM	580135101	221	2495	SH	OTHER	70
MCGRAW HILL COS INC	COM	580645109	614	13642	SH	DEFINED	70

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MCGRAW HILL COS INC	COM	580645109	14	300 SH	OTHER	70
			0	0	OTHER	70
MEDTRONIC INC	COM	585055106	1544	39876 SH	DEFINED	70
MEDTRONIC INC	COM	585055106	47	1204 SH	OTHER	70
			0	0	OTHER	70
MERCK & CO INC	COM	58933Y105	231	5540 SH	DEFINED	70
MERCK & CO INC	COM	58933Y105	157	3761 SH	OTHER	70
			0	0	OTHER	70
MICROSOFT CORP	COM	594918104	2978	97351 SH	DEFINED	70
MICROSOFT CORP	COM	594918104	192	6263 SH	OTHER	70
			0	0	OTHER	70
NBT BANCORP INC	COM	628778102	507	23486 SH	OTHER	70
NEXTERA ENERGY INC	COM	65339F101	205	2975 SH	DEFINED	70
NIKE INC	COM	654106103	865	9849 SH	DEFINED	70
NIKE INC	COM	654106103	88	1000 SH	OTHER	70
			0	0	OTHER	70
NOKIA CORP	FOR	654902204	33	15750 SH	DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	129	1800 SH	DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	129	1800 SH	OTHER	70
ORACLE CORP	COM	68389X105	549	18500 SH	DEFINED	70
ORACLE CORP	COM	68389X105	16	547 SH	OTHER	70
PEPSICO INC	COM	713448108	2614	36992 SH	DEFINED	70
PEPSICO INC	COM	713448108	272	3850 SH	OTHER	70
			0	0	OTHER	70
PFIZER INC	COM	717081103	603	26233 SH	DEFINED	70
PFIZER INC	COM	717081103	246	10688 SH	OTHER	70
			0	0	OTHER	70
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	226	2586 SH	DEFINED	70
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	338	3869 SH	OTHER	70
			0	0	OTHER	70
PROCTER & GAMBLE CO	COM	742718109	3083	50328 SH	DEFINED	70
PROCTER & GAMBLE CO	COM	742718109	663	10827 SH	OTHER	70
			0	0	OTHER	70
SCHLUMBERGER LTD	COM	806857108	315	4849 SH	DEFINED	70
SCHLUMBERGER LTD	COM	806857108	19	300 SH	OTHER	70
			0	0	OTHER	70
SOUTHERN CO	COM	842587107	1436	31020 SH	DEFINED	70
SOUTHERN CO	COM	842587107	213	4608 SH	OTHER	70
			0	0	OTHER	70
STATE STREET CORP	COM	857477103	517	11575 SH	DEFINED	70
STATE STREET CORP	COM	857477103	40	900 SH	OTHER	70
			0	0	OTHER	70
TARGET CORP	COM	8.76E+110	545	9362 SH	DEFINED	70
TARGET CORP	COM	8.76E+110	79	1350 SH	OTHER	70
			0	0	OTHER	70
TEXAS INSTRUMENTS INC	COM	882508104	358	12475 SH	DEFINED	70
3M CO	COM	88579Y101	1438	16050 SH	DEFINED	70
3M CO	COM	88579Y101	408	4550 SH	OTHER	70
			0	0	OTHER	70
TRUSTCO BANK CORP NY	COM	898349105	1143	209306 SH	DEFINED	70
			0	0	DEFINED	70
			0	0	DEFINED	70
TRUSTCO BANK CORP NY	COM	898349105	5591	1023937 SH	OTHER	70
UNITED PARCEL SERVICE	COM	911312106	527	6690 SH	DEFINED	70
UNITED PARCEL SERVICE	COM	911312106	75	950 SH	OTHER	70
			0	0	OTHER	70
UNITED TECHNOLOGIES CORP	COM	913017109	2496	33047 SH	DEFINED	70
UNITED TECHNOLOGIES CORP	COM	913017109	208	2750 SH	OTHER	70
			0	0	OTHER	70
VANGUARD	MUT	922042858	1797	45010 SH	DEFINED	70

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PUT/ PRN CALL	INVESTMENT DISCRETION
VANGUARD	MUT	922042858	0	0		DEFINED
			73	1820	SH	OTHER
			0	0		OTHER
			0	0		OTHER
VERIZON COMMUNICATIONS INC	COM	92343V104	1449	32598	SH	DEFINED
VERIZON COMMUNICATIONS INC	COM	92343V104	427	9602	SH	OTHER
			0	0		OTHER
WAL-MART STORES INC	COM	931142103	1802	25841	SH	DEFINED
WAL-MART STORES INC	COM	931142103	159	2275	SH	OTHER
			0	0		OTHER
WELLS FARGO & CO NEW	COM	949746101	1316	39350	SH	DEFINED
WELLS FARGO & CO NEW	COM	949746101	195	5823	SH	OTHER
			0	0		OTHER