GLATFELTER PHCO

Form 4

August 08, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

Estimated average burden hours per

response...

0.5

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

may continue. See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ELDER DAVID C			2. Issuer Name and Ticker or Trading Symbol GLATFELTER P H CO [GLT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)		
			(Month/Day/Year)	Director 10% Owner		
96 SOUTH GEORGE			08/04/2016	X Officer (give title Other (specify below)		
STREET, SUI	TE 500			Vice Pres, Finance		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line) _X_Form filed by One Reporting Person		
YORK, PA 17	7401			Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		sed of 4 and (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, Par Value \$.01	08/04/2016		M	8,000	A	\$ 21.44	22,783	D	
Common Stock, Par Value \$.01	08/04/2016		D <u>(1)</u>	5,948	D	(2)	16,835	D	
Common Stock, Par Value \$.01	08/04/2016		F(3)	652	D	\$ 21.44	16,183	D	
Common Stock, Par	08/05/2016		S	700	D	\$ 21.6862	15,483	D	

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Value \$.01

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Secur Acqu (A) o Dispo	rities pired or posed of ∴ 3, 4,	6. Date Exercis Expiration Dat (Month/Day/Y	e	7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Stock Only Stock Appreciation Rights	\$ 15.94	08/04/2016		M		8,000	03/07/2010	03/07/2017	Common Stock, Par Value \$.01	8,000

Reporting Owners

Reporting Owner Name / Address	Relationships
Treporting o wher realise / read too	

Director 10% Owner Officer Other

ELDER DAVID C

96 SOUTH GEORGE STREET

SUITE 500

YORK, PA 17401

Vice Pres, Finance

Signatures

Linda M. Levans by POA 08/08/2016

**Signature of Reporting Date

Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1)

Reporting Owners 2

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The Company grants SARs that are settled in stock. These units repesent the difference between the number of Stock-Only SARs granted, versus the number received in settlement or withheld for taxes.

- (2) Not applicable to this transaction
- (3) These shares are being withheld to satisfy tax obligations.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.