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TUPPERWA Form 4 March 16, 20	ARE BRANDS C 010	ORP	5								
FORM							NCE			PPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
Check th	is box		vv as	sinngton,	D.C. 20	349				January 31,	
if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF								Expires:	2005		
subject to Section 16. SECURITIES							Estimated a	•			
	Form 4 or							burden hou response			
Form 5	Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,										
obligatio		a) of the	Public Ut	tility Hold	ling Con	npan	y Act of	f 1935 or Section	n		
	<i>See</i> Instruction 30(h) of the Investment Company Act of 1940										
(Print or Type]	Responses)										
				r Name and Ticker or Trading				5. Relationship of Reporting Person(s) to			
HAJEK JOS	SEF		Symbol					Issuer			
TUP. [TUF				UPPERWARE BRANDS CORP [UP]				(Check all applicable)			
(Last)	(First) (I	Middle)	3. Date of	f Earliest Transaction				Director 10% Owner			
				n/Day/Year)				XOfficer (give titleOther (specify below) below)			
TUPPERWARE BRANDS03/15/2CORP, PO BOX 2353			03/15/20	15/2010				SVP, Tax & Gov't Relations			
	(Street) 4. If Ame			endment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed(Mon			onth/Day/Year)				Applicable Line) X. Form filed by One Penorting Person				
ORLANDO, FL 32802-2353								_X_ Form filed by One Reporting Person Form filed by More than One Reporting			
ORLANDC	, TE 52602-2555							Person			
(City)	(State)	(Zip)					-	uired, Disposed of		•	
1.Title of Security	2. Transaction Date		1				5. Amount of Securities	6. Ownership			
(Instr. 3)	(Wollin/Day/Tear)	any	Execution Date, if any		(Instr. 3,			Beneficially	Form: Direct In (D) or Be	Beneficial	
, ,		•	Day/Year)	Code (Instr. 3, 4 and 5) (Instr. 8)				Owned	Indirect (I)	Ownership	
								Following Reported	(Instr. 4)	(Instr. 4)	
						(A)		Transaction(s)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common	0011510010						\$	2 1 17 (52	P		
Stock	03/15/2010			М	200	А	16.23	3,147.652	D		
Common Stock	03/15/2010			S <u>(1)</u>	200	D	\$ 49	2,947.652	D		
Common										By 401(k)	
Stock								10,257	Ι	Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number or f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Expiration Dat (Month/Day/Y	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 16.23	03/15/2010		М	200	11/06/2003	11/05/2012	Common Stock	200	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HAJEK JOSEF TUPPERWARE BRANDS CORP PO BOX 2353 ORLANDO, FL 32802-2353			SVP, Tax & Gov't Relations				
Signatures							

/s/ Susan R. Coumes, Attorney-in-Fact 03/16/2010

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

(1) Shares sold pursuant to cashless exercise of stock option.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.