TEMARES STEVEN H Form 144 January 07, 2013

ATTENTION:

OMB APPROVAL OMB Number: 3235-0101

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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NUMBER

CUSIP NUMBER

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale

or executing a sale directly with a market maker.

(b) IRS IDENT. NO. 1 (a) NAME OF ISSUER (Please type or print) (c) S.E.C. FILE NO. WORK LOCATION

Bed Bath & Beyond Inc. 11-2250488 0-20214

ADDRESS OF STREET STATE ZIP CODE CITY 1 (d)

ISSUER (e) TELEPHONE NO.

650 Liberty Avenue Union New 07083 AREA

CODE Jersey

908 688-0888 2(a)NAME OF PERSON FOR WHOSE (c)ADDRESS STREET CITY STATE ZIP CODE

(b)RELATIONSHIP ACCOUNT THE SECURITIES ARE TO ISSUER

TO BE SOLD

Steven H. Temares Director and Chief c/o Bed Bath & Beyond Inc. Union NJ 07083

Executive Officer

650 Liberty Avenue

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.

3 (a) (b) Title of the Class of Securities	Name and Address SEC US of Each Broker ONLY Through Whom the Broker-De Securities are to be File Num Offered or Each Market Maker who	Number o Shares	Aggregate Market	(e) Number of Shares or Other Units Outstanding	Approximate Date of Sale (See instr. 3(f))	Name of Each Securities Exchange
To Be	is Acquiring the	(See instr.	(See instr.	(See instr.	(MO. DAY	(See instr.
Sold	Securities	<i>3(c))</i>	<i>3(d))</i>	<i>3(e))</i>	YR.)	$\beta(g))$
Common Stock, Morgan Stanley 600 par value \$0.01		600,000	\$33,972,000	226,135,600 (1)	1	NASDAQ

522 Fifth Avenue.

New York, NY 10036

INSTRUCTIONS:

- 1.(a) Name of issuer
 - (b) Issuer s I.R.S. Identification Number
 - (c) Issuer s S.E.C. file number, if any (d) Issuer s address, including zip code
- (e) Issuer s telephone number, including area
- 3.(a) Title of the class of securities to be sold
 - (b) Name and address of each broker through whom the securities are intended to be sold
 - (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
 - (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
 - (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
 - (f) Approximate date on which the securities are to be sold
 - (g) Name of each securities exchange, if any, on which the securities are intended to be sold

2.(a)

Name of person for whose account the securities are to be sold

- (b) Such person s relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
- (c) Such person s address, including zip code

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1147 (08-07)

TABLE I SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Name of Person from Whom

Acquired (If gift, also give date donor Amount of Securities Acquired

Date of **Payment**

Nature of Payment

Title of the Class Common Stock, par value \$0.01

Date you

Acquired

Nature of Acquisition Transaction Stock Option Exercise (1)

acquired) Bed Bath & Beyond Inc.

INSTRUCTIONS: If the securities were purchased and full payment therefor was not

made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Amount of Name and Address of Seller Title of Securities Sold Date of Sale **Securities Sold** Gross Proceeds

REMARKS:

(1) These shares relate to stock options which expire in April, 2013. Specifically, Mr. Temares intends to sell prior to the expiration dates shares which are to be acquired by Mr. Temares upon the exercise of certain stock options granted to Mr. Temares by the Issuer, a portion of which expire on April 20, 2013, and the balance of which expire on April 25, 2013.

INSTRUCTIONS:

See the definition of person in paragraph (a) of Rule 144. Information The person for whose account the securities to which this notice is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

January 7, 2013 DATE OF NOTICE /s/ Steven H. Temares (SIGNATURE)

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION, IF RELYING ON RULE 10B5-1

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

SEC 1147 (02-08)