

TOMPKINS TRUSTCO INC  
 Form 4  
 November 22, 2004

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**GARNER STEPHEN E**

(Last) (First) (Middle)

**C/O TOMPKINS TRUSTCO, INC., PO BOX #460**

(Street)

**ITHACA, NY 14851**

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
**TOMPKINS TRUSTCO INC [TMP]**

3. Date of Earliest Transaction  
 (Month/Day/Year)  
**11/19/2004**

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
**President & CEO Affiliate Bank**

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	11/19/2004		M/K	2,028 A \$ 18.33	2,781	D	
Common Stock	11/19/2004		F/K	753 D \$ 49.42	2,028	D	
Common Stock - 401K/ESOP	11/19/2004		J	V 371 A \$ 46	3,591	D	
Common Stock DRIP	11/19/2004		P	V 5 A \$ 46	5	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Security (Instr. 3 and 4)	8. Amount or Number of Shares	
				Code	V	(A)	(D)	Title		
Incentive Stock Option (right to buy)	\$ 18.33	11/19/2004		M/K		2,028		06/04/2003 06/04/2009	Common Stock	2,028
Incentive Stock Option (right to buy)	\$ 34.32							07/24/2003 07/24/2011	Common Stock	5,500
Incentive Stock Option (right to buy)	\$ 39							09/30/2003 09/30/2012	Common Stock	6,600
Incentive Stock Option (right to buy)	\$ 47.6							05/03/2006 05/03/2014	Common Stock	4,200
Non-qualified Stock Option (right to buy)	\$ 18.33							06/04/2003 06/04/2009	Common Stock	1,000
Non-qualified Stock Option (right to buy)	\$ 39							09/30/2003 09/30/2012	Common Stock	4,300
Non-qualified Stock Option (right to buy)	\$ 47.6							05/03/2006 05/03/2014	Common Stock	9,300

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other

