

AMERICAN HEALTHWAYS INC

Form 8-K

December 22, 2003

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SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

**FORM 8-K**

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 22, 2003

**American Healthways, Inc.**

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(Exact Name of Registrant as Specified in Charter)

Delaware

000-19364

62-1117144

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(State or Other Jurisdiction of  
Incorporation)

(Commission File Number)

(I.R.S. Employer  
Identification No.)

3841 Green Hills Village Drive  
Nashville, Tennessee

37215

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(Address of Principal Executive Offices)

(Zip Code)

Registrant's telephone number, including area code: (615) 665-1122

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(Former name or former address, if changed since last report)

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Item 7. Financial Statements and Exhibits.

Item 9. Regulation FD Disclosure.

SIGNATURE

Exhibit Index

EX-99.1 PRESS RELEASE 12/22/03

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Item 7. Financial Statements and Exhibits.

(c) Exhibits

Exhibit 99.1 Press Release.

Item 9. Regulation FD Disclosure.

On December 22, 2003, American Healthways, Inc. announced that it will participate in the Sixth Annual Needham Growth Conference hosted by Needham & Company, Inc. from January 6th through January 9th in New York, NY and will conduct a presentation on January 6, 2004 which will be broadcast live on the Web. A copy of the press release issued on December 22, 2003 is attached hereto as Exhibit 99.1.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereto duly authorized.

American Healthways, Inc.

By:       /s/ Mary A. Chaput

Name: Mary A. Chaput

Title: Chief Financial Officer

Date: December 22, 2003

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| <b><u>Exhibit No.</u></b> | <b><u>Description</u></b>              |
|---------------------------|--|
| 99.1                      | Press Release dated December 22, 2003. |