

SAWRIE K MATTHEW
 Form 4
 November 21, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
SAWRIE K MATTHEW

 (Last) (First) (Middle)
C/O HOME FEDERAL BANK, 222 FLORIDA STREET
 (Street)
SHREVEPORT, LA 71105
 (City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
Home Federal Bancorp, Inc. of Louisiana [HFBL]

 3. Date of Earliest Transaction (Month/Day/Year)
11/21/2018

 4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 ___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)
SVP Commercial Lending*

 6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	11/21/2018		M	1,000 A \$ 14.7	15,761 ⁽¹⁾	D	
Common Stock					5,361	I	By IRA
Common Stock					2,101.8623 ⁽²⁾	I	By 401(k) Plan
Common Stock					5,765.2392 ⁽³⁾	I	By ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 14.7	11/21/2018		M	1,000	01/31/2017 ⁽⁴⁾ 01/31/2022	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 23					⁽⁵⁾ 10/26/2025	Common Stock	7,000
Employee Stock Option (Right to Buy)	\$ 18.92					⁽⁶⁾ 07/31/2024	Common Stock	3,253

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SAWRIE K MATTHEW C/O HOME FEDERAL BANK 222 FLORIDA STREET SHREVEPORT, LA 71105			SVP Commercial Lending*	

Signatures

/s/K. Matthew
Sawrie

11/21/2018

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Includes 400 shares and 203 shares granted pursuant to the 2014 Stock Incentive Plan and held in the 2011 Recognition and Retention Plan Trust, respectively, which reflect the unvested portion of grant awards originally covering 1,000 shares and 1,003 shares, respectively, that commenced vesting at a rate of 20% per year on October 26, 2016 and July 31, 2015, respectively, and 1,922 shares held jointly with the reporting person's spouse.
- (1) Includes 400 shares and 203 shares granted pursuant to the 2014 Stock Incentive Plan and held in the 2011 Recognition and Retention Plan Trust, respectively, which reflect the unvested portion of grant awards originally covering 1,000 shares and 1,003 shares, respectively, that commenced vesting at a rate of 20% per year on October 26, 2016 and July 31, 2015, respectively, and 1,922 shares held jointly with the reporting person's spouse.
 - (2) Reflects units which represent share interests and a reserve of cash in the Issuer's 401(k) Plan. Based on a report dated November 19, 2018.
 - (3) Includes shares allocated to the reporting person's account in the ESOP since the last filed Form 4.
 - (4) The options vested at a rate of 20% per year commencing on January 31, 2013.
 - (5) The options are vesting at a rate of 20% per year commencing on October 26, 2016.
 - (6) The options are vesting at a rate of 20% per year commencing on July 31, 2015.

Remarks:

- * Senior Vice President Commercial Lending of Home Federal Bank (Issuer Subsidiary).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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