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INTEGRA LIFESCIENCES HOLDINGS CORP

Form 4 April 25, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB

3235-0287 Number: January 31,

OMB APPROVAL

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SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

obligations may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CARLOZZI GERARD S			Symbol INTEG	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	(Month/D	3. Date of Earliest Transaction (Month/Day/Year) 04/21/2006				Director 10% Owner Self-condition of the condition of the c			
(City)	(Street)	(Zip)	Filed(Mor	ndment, Da		Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		eemed tion Date, if	3. Transaction Code (Instr. 8)	Cransaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)		
Common Stock	04/21/2006			Code V M	Amount 6,250	(D)	Price \$ 32.32	8,153	D		
Common Stock	04/21/2006			M	2,291	A	\$ 32.39	10,444	D		
Common Stock	04/21/2006			S <u>(1)</u>	8,441	D	\$ 42	2,003	D		
Common Stock	04/21/2006			S <u>(1)</u>	100	D	\$ 42.5	1,903	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Incentive Stock Option (right to buy)	\$ 32.32	04/21/2006		M	186	(2)	06/01/2010	Common Stock	186
Non-Qualified Stock Option (right to buy)	\$ 32.32	04/21/2006		M	6,064	(3)	06/01/2010	Common Stock	6,06
Incentive Stock Option (right to buy)	\$ 32.39	04/21/2006		M	64	<u>(4)</u>	11/03/2009	Common Stock	64
Non-Qualified Stock Option (right to buy)	\$ 32.39	04/21/2006		M	2,227	<u>(5)</u>	11/03/2009	Common Stock	2,22

Reporting Owners

Reporting Owner Name / Address	Relationships						
·r···	Director	10% Owner	Officer	Other			
CARLOZZI GERARD S							

Signatures

/s/ Jeffrey Hellman, Attorney-in-Fact 04/25/2006

**Signature of Reporting Person Date

Reporting Owners 2

Exec VP, COO

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported on this Form 4 were pursuant to a Rule 10b5-1 plan adopted by the Reporting Person on September 15, 2005.
- On a combined basis, 25% of this option grant and a Non-Qualified Stock Option grant made on the date of this grant vested one year after the June 1, 2004 grant date, with the remaining 75% vesting monthly thereafter over 36 months.
- (3) On a combined basis, 25% of this option grant and an Incentive Stock Option grant made on the date of this grant vested one year after the June 1, 2004 grant date, with the remaining 75% vesting monthly thereafter over 36 months.
- (4) On a combined basis, 25% of this option grant and a Non-Qualified Stock Option grant made on the date of this grant vested one year after the November 3, 2003 grant date, with the remaining 75% vesting monthly thereafter over 36 months.
- On a combined basis, 25% of this option grant and an Incentive Stock Option grant made on the date of this grant vested one year after the November 3, 2003 grant date, with the remaining 75% vesting monthly thereafter over 36 months.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.