FORWARD AIR CORP

Form 4 May 03, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction 1(b).

Common

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person ** RUBLE CHRIS C			2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]					5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle) 3. I			3. Date of (Month/D	3. Date of Earliest Transaction (Month/Day/Year) 05/03/2017				(Check all applicable) Director 10% OwnerX Officer (give title Other (specify below) President - Expedited Services			
				. If Amendment, Date Original iled(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)	Tabl	le I - Non	-Derivative	Secui	rities Acq	Person uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	Execution any	med on Date, if Day/Year)	Code (Instr. 8)	4. Securior(A) or D (Instr. 3.)	(A)	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	05/03/2017			M	1,435	A	\$ 28.61	21,734.2869	D		
Common Stock	05/03/2017			M	8,560	A	\$ 36.55	30,294.2869	D		
Common Stock	05/03/2017			S	9,995	D	\$ 52.5	20,299.2869	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

By Son

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	ion of Derivative Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 28.61	05/03/2017		M		1,435	<u>(1)</u>	02/11/2018	Common Stock	1,435
Stock Option (Right to Buy)	\$ 36.55	05/03/2017		M		8,560	(2)	02/07/2019	Common Stock	8,560

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
RUBLE CHRIS C 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745			President - Expedited Services					

Signatures

/s/ Michael P. McLean, Attorney-in-Fact 05/03/2017

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option vests 33 1/3% each year over a three year period commencing on 2/11/12.

Reporting Owners 2

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(2) This option vests 33 1/3% each year over a three year period commencing on 2/7/13.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.