

INTEGRA LIFESCIENCES HOLDINGS CORP
 Form 4
 December 03, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 SOROS GEORGE

2. Issuer Name and Ticker or Trading Symbol
 INTEGRA LIFESCIENCES HOLDINGS CORP [IART]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 C/O SOROS FUND
 MANAGEMENT LLC, 888
 SEVENTH AVENUE, 33RD
 FLOOR

3. Date of Earliest Transaction (Month/Day/Year)
 12/03/2004

____ Director
 ____ Officer (give title below)
 10% Owner
 ____ Other (specify below)

(Street)
 NEW YORK, NY 10106

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	12/03/2004		S	1,000 D \$ 34.3	2,963,900	I	See Footnotes (1) (2) (3)
Common Stock	12/03/2004		S	1,000 D \$ 34.3002	2,962,900	I	See Footnotes (1) (2) (3)
Common Stock	12/03/2004		S	1,000 D \$ 34.308	2,961,900	I	See Footnotes (1) (2) (3)

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Common Stock	12/03/2004	S	1,000	D	\$ 34.309	2,960,900	I	See Footnotes (1) (2) (3)
Common Stock	12/03/2004	S	1,000	D	\$ 34.3095	2,959,900	I	See Footnotes (1) (2) (3)
Common Stock	12/03/2004	S	1,000	D	\$ 34.3156	2,958,900	I	See Footnotes (1) (2) (3)
Common Stock	12/03/2004	S	1,015	D	\$ 34.3318	2,957,885	I	See Footnotes (1) (2) (3)
Common Stock	12/03/2004	S	1,000	D	\$ 34.338	2,956,885	I	See Footnotes (1) (2) (3)
Common Stock	12/03/2004	S	1,000	D	\$ 34.3426	2,955,885	I	See Footnotes (1) (2) (3)
Common Stock	12/03/2004	S	985	D	\$ 34.5	2,954,900 ⁽⁴⁾	I	See Footnotes (1) (2) (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Transaction (Instr. 6)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

