

CITIZENS INC  
Form SC 13G/A  
January 27, 2016

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

**SCHEDULE 13G**

UNDER THE SECURITIES EXCHANGE ACT OF 1934  
(Amendment No. 19 to Schedule 13D on Schedule 13G)\*

CITIZENS, INC.

(Name of Issuer)

Class A Common Stock, no par value

(Title of Class of Securities)

174740 10 0

(CUSIP Number)

December 31, 2015

(Date of Event Which Requires Filing of This Statement)

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Check the appropriate box to designate the Rule pursuant to which this Schedule is filed:

..

Rule 13d-1(b)

b

Rule 13d-1(c)

..

Rule 13d-1(d)

\* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

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NAME OF REPORTING PERSONS

Galindo, Arias & Lopez

1

S.S. or I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS

N/A

CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

2

(a)

(b)

3

SEC USE ONLY

CITIZENSHIP OR PLACE OF ORGANIZATION

4

Republic of Panama

SOLE VOTING POWER

5

0

NUMBER OF  
SHARES

SHARED VOTING  
POWER

BENEFICIALLY

6

0

OWNED BY  
EACH

SOLE DISPOSITIVE  
POWER

REPORTING

7

0

PERSON WITH

SHARED DISPOSITIVE  
POWER

8

4,589,176

AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

9 4,589,176

CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES\*

10

..

PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

11 9.4%

TYPE OF REPORTING PERSON\*

12 PN

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NAME OF REPORTING PERSONS

**1** Gala Trust and Management Services, Inc., formerly known as Gala Management Services, Inc.

S.S. or I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS

N/A

CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

**2** (a)

(b)

**3** SEC USE ONLY

CITIZENSHIP OR PLACE OF ORGANIZATION

**4** Republic of Panama

	<b>5</b>	SOLE VOTING POWER
		0
NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	<b>6</b>	SHARED VOTING POWER
		0
	<b>7</b>	SOLE DISPOSITIVE POWER
		0

SHARED DISPOSITIVE  
POWER

8

3,083,179

AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

9 3,083,179

CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES\*

10

..

PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

11 6.3%

TYPE OF REPORTING PERSON\*

12 CO

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NAME OF REPORTING PERSONS

**1** GAMASE Insureds Trust

S.S. or I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS

N/A

CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

**2** (a)

(b)

**3** SEC USE ONLY

CITIZENSHIP OR PLACE OF ORGANIZATION

**4** Republic of Panama

NUMBER OF				SOLE VOTING POWER
-----------	--	--	--	-------------------

SHARES		<b>5</b>		0
--------	--	----------	--	---

BENEFICIALLY

OWNED BY				SHARED VOTING POWER
----------	--	--	--	---------------------

EACH		<b>6</b>		0
------	--	----------	--	---

REPORTING

PERSON WITH				SOLE DISPOSITIVE POWER
-------------	--	--	--	------------------------

		<b>7</b>		
--	--	----------	--	--

0

**8** SHARED DISPOSITIVE  
POWER

2,814,608

AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

**9** 2,814,608

CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES\*

**10** ..

PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

**11** 5.7%

TYPE OF REPORTING PERSON\*

**12** OO

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This Amendment ( Amendment No. 19 ) is being jointly filed by each of the following persons pursuant to Rule 13d-1(k) of the Securities and Exchange Commission (the Commission ) pursuant to Section 13 of the Securities Exchange Act of 1934, as amended (the Exchange Act ): (1) Galindo, Arias & Lopez, a partnership organized under the laws of the Republic of Panama ( GA&L ), (2) Gala Trust and Management Services, Inc., a corporation organized under the laws of the Republic of Panama ( Gala Trust ), and (3) GAMASE Insureds Trust, a trust established under the laws of the Republic of Panama ( GAMASE Insureds Trust ), together with GA&L and Gala Trust, collectively, the Reporting Persons and each, a Reporting Person ).

This Amendment No. 19 amends the Schedule 13D originally filed by the Reporting Persons with the Commission on October 11, 2005 (the Original Schedule 13D ), Amendment No. 1 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on February 24, 2006 ( Amendment No. 1 ), Amendment No. 2 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on May 4, 2006 ( Amendment No. 2 ), Amendment No. 3 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on September 1, 2006 ( Amendment No. 3 ), Amendment No. 4 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on December 13, 2006 ( Amendment No. 4 ), Amendment No. 5 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on March 20, 2007 ( Amendment No. 5 ), Amendment No. 6 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on June 14, 2007 ( Amendment No. 6 ), Amendment No. 7 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on August 23, 2007 ( Amendment No. 7 ), Amendment No. 8 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on November 13, 2007 ( Amendment No. 8 ), Amendment No. 9 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on March 5, 2008 ( Amendment No. 9 ), Amendment No. 10 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on June 2, 2008 ( Amendment No. 10 ), Amendment No. 11 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on December 24, 2008 ( Amendment No. 11 ), Amendment No. 12 on Schedule 13G to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on January 20, 2009 ( Amendment No. 12 ), Amendment No. 13 on Schedule 13G to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on January 20, 2010 ( Amendment No. 13 ), Amendment No. 14 on Schedule 13G to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on February 7, 2011 ( Amendment No. 14 ), Amendment No. 15 on Schedule 13G to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on January 26, 2012 ( Amendment No. 15 ), Amendment No. 16 on Schedule 13G to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on January 24, 2013 ( Amendment No. 16 ), Amendment No. 17 on Schedule 13G to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on January 27, 2014 ( Amendment No. 17 ) and Amendment No. 18 on Schedule 13G to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on January 21, 2015 ( Amendment No. 18 ). The Original Schedule 13D,

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Amendment No. 1, Amendment No. 2, Amendment No. 3, Amendment No. 4, Amendment No. 5, Amendment No. 6, Amendment No. 7, Amendment No. 8, Amendment No. 9, Amendment No. 10, Amendment No. 11, Amendment No. 12, Amendment No. 13, Amendment No. 14, Amendment No. 15, Amendment No. 16, Amendment No. 17 and Amendment No. 18 are collectively referred to as the Schedule 13G.

All terms used but not defined in this Amendment No. 19 are as defined in the Schedule 13G. The summary descriptions (if any) contained herein of certain agreements and documents are qualified in their entirety by reference to the complete text of such agreements and documents filed as Exhibits hereto or incorporated herein by reference.

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**ATTACHMENT**

**Item 1(a).**

**Name of Issuer**

Citizens, Inc. ( Issuer )

**Item 1(b).**

**Address of Issuer s Principal Executive Offices**

400 East Anderson Lane, Austin, Texas 78752

**Item 2(a)**

**and 2(b).**

**Name of Person Filing and Address of Principal Business Office or, if none, Residence**

This Amendment No. 19 to Schedule 13G is being jointly filed by each of the following persons pursuant to Rule 13d-1(k) of the Securities and Exchange Commission (the Commission ) pursuant to Section 13 of the Securities Exchange Act of 1934, as amended (the Exchange Act ): (1) Galindo, Arias & Lopez, a partnership organized under the laws of the Republic of Panama ( GA&L ), (2) Gala Trust and Management Services, Inc., a corporation organized under the laws of the Republic of Panama ( Gala Trust ), and (3) GAMASE Insureds Trust, a trust established under the laws of the Republic of Panama ( GAMASE Insureds Trust , together with GA&L and Gala Trust, collectively, the Reporting Persons and each, a Reporting Person ), each with a principal business office address of c/o Gala Trust and Management Services, Inc., Scotia Plaza, 9<sup>th</sup> Floor, Federico Boyd Avenue 18 and 51 Street, Panama 5, Republic of Panama, Attention: Tomas Herrera.

**Item 2(c).**

**Citizenship**

- (i)  
Galindo, Arias & Lopez, a partnership organized under the laws of the Republic of Panama
- (ii)  
Gala Trust and Management Services, Inc., a corporation organized under the laws of the Republic of Panama
- (iii)  
GAMASE Insureds Trust, a trust established under the laws of the Republic of Panama

**Item 2(d).**

**Title of Class of Securities**

Class A Common Stock, no par value (referred to herein as Class A Common Stock or Common Stock )

**Item 2(e).**

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**Item 3.**

**If This Statement is Filed Pursuant to Rules 13d-1(b), or 13d-2(b), Check Whether the Person Filing Is a:**

Not Applicable



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**Item 4.****Ownership**

Provide the following information regarding the aggregate number and percentage of the class of securities of the issuer identified in Item 1.

The Reporting Persons may be deemed to be a group as defined in Rule 13d-5(b) under the Exchange Act and, as such a group, may be deemed to beneficially own an aggregate of 4,589,176 shares of the Common Stock, which constitute approximately 9.4% of the outstanding shares of the Common Stock, based on 49,080,114 shares of the Common Stock outstanding as of November 2, 2015 according to the Company's Quarterly Report on Form 10-Q for the quarterly period ended September 30, 2015, filed with the Commission on November 9, 2015, on which are based all of the percentages of outstanding shares of Common Stock set forth herein. The foregoing and all other amounts of beneficial ownership set forth herein are calculated pursuant to Rule 13d-3 under the Exchange Act (Rule 13d-3).

GAMASE Insured Trust holds 2,814,608 shares of the Common Stock (constituting approximately 5.7% of the outstanding Common Stock) and may be deemed to beneficially own such shares pursuant to Rule 13d-3.

Gala Trust is the sole trustee of GAMASE Insureds Trust and GAMASE Agents Trust, a trust established under the laws of the Republic of Panama (GAMASE Agents Trust) which holds 268,571 shares of the Common Stock (constituting approximately 0.5% of the outstanding Common Stock) and may be deemed to beneficially own such shares pursuant to Rule 13d-3, and therefore may be deemed to beneficially own 3,083,179 shares of the Common Stock (constituting approximately 6.3% of the outstanding Common Stock) pursuant to Rule 13d-3.

Regal is the sole trustee of CICA Associates Trust, a trust established under the laws of the British Virgin Islands (Regal Associates Trust) which holds 247,335 shares of the Common Stock (constituting approximately 0.5% of the outstanding Common Stock) and sole trustee of CICA Policyholders Trust, a trust established under the laws of the British Virgin Islands (Regal Policyholders Trust) which holds 1,258,662 shares of the Common Stock (constituting approximately 2.6% of the outstanding Common Stock) and may be deemed to beneficially own all such shares pursuant to Rule 13d-3, and therefore may be deemed to beneficially own 1,505,997, shares of the Common Stock (constituting approximately 3.1% of the outstanding Common Stock) pursuant to Rule 13d-3.

GA&L owns a 100% interest in each of Gala Trust and Regal, and therefore may be deemed to beneficially own 4,589,176 shares (constituting approximately 9.4% of the outstanding Common Stock) pursuant to Rule 13d-3.

Galindo, Arias & Lopez:

(a)

Amount Beneficially Owned: 4,589,176 shares of Class A Common Stock.

(b)

Percent of Class:

9.4% on the Date of Event Which Requires Filing of this Statement.

(c)

Number of shares as to which such person has:

(i)

Sole power to vote or to direct the vote

0

(ii)

Shared power to vote or to direct the vote

0

(iii)

Sole power to dispose or to direct the disposition of

0

(iv)

Shared power to dispose or to direct the disposition of

4,589,176 shares

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Gala Trust and Management Services, Inc.:

(a)

Amount Beneficially Owned: 3,083,179 shares of Class A Common Stock.

(b)

Percent of Class:

6.3% on the Date of Event Which Requires Filing of this Statement.

(c)

Number of shares as to which such person has:

(i)

Sole power to vote or to direct the vote

0

(ii)

Shared power to vote or to direct the vote

0

(v)

Sole power to dispose or to direct the disposition of

0

(vi)

Shared power to dispose or to direct the disposition of

3,083,179 shares

GAMASE Insureds Trust:

(a)

Amount Beneficially Owned: 2,814,608 shares of Class A Common Stock.

(b)

Percent of Class:

5.7% on the Date of Event Which Requires Filing of this Statement.

(c)

Number of shares as to which such person has:

(i)

Sole power to vote or to direct the vote

0

(ii)

Shared power to vote or to direct the vote

0

(vii)

Sole power to dispose or to direct the disposition of

0

(viii)

Shared power to dispose or to direct the disposition of

2,814,608 shares

**Item 5.**

**Ownership of Five Percent or Less of a Class**

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following [ ]

**Item 6.**

**Ownership of More Than Five Percent on Behalf of Another Person**

Other than as set forth herein, no other person has the right to receive or the power to direct the receipt of dividends from, or proceeds from the sale of, in excess of 5% of the total outstanding Common Stock.

**Item 7.**

**Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company**

Reference is made and incorporated herein to Item 4 above.

**Item 8.**

**Identification and Classification of Members of the Group**

Reference is made and incorporated herein to Item 4 above.

**Item 9.**

**Notice of Dissolution of Group**

Not Applicable.

**Item 10.**

**Certifications**

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

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**SIGNATURE**

After reasonable inquiry and to the best of the undersigned's knowledge and belief, the undersigned certifies that the information set forth in this statement is true, complete and correct.

Date:

January 26, 2016

GALINDO, ARIAS & LOPEZ

By: /s/ Tomas Herrera  
Name: Tomas Herrera  
Title: Partner

GALA TRUST AND MANAGEMENT SERVICES, INC.

By: /s/ Tomas Herrera  
Name: Tomas Herrera  
Title: Attorney-in-fact

GAMASE INSUREDS TRUST

By: /s/ Tomas Herrera  
Name: Tomas Herrera  
Title: Attorney-in-fact



**POWER OF ATTORNEY**

The undersigned director and/or officer of Gala Trust and Management Services, Inc. (the Company), does hereby constitute and appoint Tomas Herrera as the undersigned's true and lawful attorney-in-fact and agent to do any and all things in the undersigned's name and behalf in the undersigned's capacity as a director and/or officer of the Company, and to execute any and all instruments for the undersigned and in the undersigned's name and capacity as a director and/or officer that such person or persons may deem necessary or advisable to enable the Company to comply with the United States Securities Exchange Act of 1934, as amended, including specifically, but not limited to, power and authority to sign for the undersigned in the capacity as a director and/or officer of the Company any and all filings with the Securities and Exchange Commission and any and all amendments thereto, including post-effective amendments, and the undersigned does hereby ratify and confirm all that such person or persons shall do or cause to be done by virtue hereof.

/s/ Alfonso Arias  
(Signature)

Printed Name: ALFONSO ARIAS

Dated and effective as of January 26, 2016

**POWER OF ATTORNEY**

The undersigned director and/or officer of GAMASE Insureds Trust (the Company ), does hereby constitute and appoint Tomas Herrera as the undersigned s true and lawful attorney-in-fact and agent to do any and all things in the undersigned s name and behalf in the undersigned s capacity as a director and/or officer of the Company, and to execute any and all instruments for the undersigned and in the undersigned s name and capacity as a director and/or officer that such person or persons may deem necessary or advisable to enable the Company to comply with the United States Securities Exchange Act of 1934, as amended, including specifically, but not limited to, power and authority to sign for the undersigned in the capacity as a director and/or officer of the Company any and all filings with the Securities and Exchange Commission and any and all amendments thereto, including post-effective amendments, and the undersigned does hereby ratify and confirm all that such person or persons shall do or cause to be done by virtue hereof.

/s/ Alfonso Arias  
(Signature)

Printed Name: ALFONSO ARIAS

Dated and effective as of January 26, 2016