

HAUG JAMES E
Form 4/A
July 14, 2006

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
HAUG JAMES E

2. Issuer Name and Ticker or Trading Symbol
CASCADE NATURAL GAS CORP
[CGC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
222 FAIRVIEW AVE N

(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
01/05/2004

____ Director
 Officer (give title below)
____ 10% Owner
____ Other (specify below)
Controller

SEATTLE, WA 98109

4. If Amendment, Date Original Filed(Month/Day/Year)
01/07/2004

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock <u>(1)</u>	01/05/2004		M		2,000	A	\$ 16.5
Common Stock <u>(1)</u>	01/05/2004		F		1,525	D	\$ 21.8
Common Stock <u>(2)</u>	03/02/2005		M		2,000	A	\$ 14.9375
Common Stock <u>(2)</u>	03/02/2005		F		1,437	D	\$ 20.89
Common Stock <u>(3)</u>	03/18/2005		S		475	D	\$ 20.1007

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Employee Stock Option (Right to Buy) ⁽¹⁾	\$ 16.5	01/05/2004		M	2,000	01/28/2000 01/28/2004	Common Stock	2,000
Employee Stock Option (Right to Buy) ⁽²⁾	\$ 14.9375	03/02/2005		M	2,000	03/23/2001 03/23/2005	Common Stock	2,000
Employee Stock Option (Right to Buy) ⁽⁴⁾	\$ 18.565	02/10/2006		D	3,000	02/12/2002 02/12/2006	Common Stock	3,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
HAUG JAMES E 222 FAIRVIEW AVE N SEATTLE, WA 98109			Controller	

Signatures

Rick Davis by Power of
Attorney

07/14/2006

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Cashless exercise of 2000 shares of option granted on 1/28/1999 under the CGC 1998 Stock Incentive Plan. Reporting person used 1525 options in cashless exercise to acquire the balance of 475 shares. Amendment filed to correctly record transaction.
- (2) Cashless exercise of 2000 shares of option granted on 3/23/00 under the CGC 1998 Stock Incentive Plan. Reporting person used 1437 options in cashless exercise to acquire the balance of 563 shares. Amendment filed to correctly record transaction.
- (3) Sale of non-derivative securities. Amendment filed to correct amount of shares beneficially owned and delete derivative activity recorded in error.
- (4) Cancellation of 3000 shares of options granted in 2001 under the CGC 1998 Stock Incentive Plan. Reporting person received \$3,135 as consideration for the cancellation, which was based on the spread. Amendment filed to correctly record transaction.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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