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Trent Melani	e Montague										
Form 4											
March 09, 20	12										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB A	PROVAL		
	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287		
Check thi if no long subject to Section 10 Form 4 or	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Expires: January 3 200 Estimated average burden hours per response 0			
Form 5 obligation may conti <i>See</i> Instru 1(b).	ns Section 17	(a) of the l		ility Ho	oldi	ng Com	pany	Act of	e Act of 1934, f 1935 or Section 40	n	
(Print or Type R	lesponses)										
1. Name and A Trent Melan	2. Issuer Name and Ticker or Trading Symbol ROWAN COMPANIES INC [RDC]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) ((Middle)	3. Date of Earliest Transaction (Che					к ап аррпсавіе	;)		
2800 POST 5450	OAK BLVD, S	UITE	(Month/Da 03/07/20	-					Director X Officer (give below) SVP, CAO o		Owner er (specify ecretary
			Amendment, Date Original d(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
HOUSTON,	TX 77056								Form filed by M Person	Iore than One Re	porting
(City)	(State)	(Zip)	Table	I - Non	-De	rivative S	ecurit	ies Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Executio any	med n Date, if Day/Year)	3. Transac Code (Instr. 8		4. Securiti n(A) or Dis (D) (Instr. 3, 4	sposed	of	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common				Code	V	Amount 13,809	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Stock	03/07/2012			А		(1)	А	\$0	34,396 (2)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	TransactiorDerivativeExpiration DateCodeSecurities(Month/Day/Year)			7. Title and Amo Underlying Secu (Instr. 3 and 4)	
				Code V	and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Ai or Ni of
Stock Appreciation Right	\$ 35.47	03/07/2012		А	13,131	03/07/2013 <u>(3)</u>	03/07/2022	Common Stock	1:

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Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Trent Melanie Montague 2800 POST OAK BLVD SUITE 5450 HOUSTON, TX 77056			SVP, CAO & Corporate Secretary			
Signatures						
/s/ Melanie M.						

Trent 03/09/2012 <u>**</u>Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The restricted stock vests ratably over a three year period.
- (2) Includes 25,457 shares of restricted stock held by the reporting person.
- (3) The stock appreciation rights vest ratably over a three year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.