

RYANAIR HOLDINGS PLC  
Form 6-K  
March 12, 2014

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of March 2014

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

Standard Form TR-1

Voting rights attached to shares- Article 12(1) of directive 2004/109/EC

Financial instruments - Article 11(3) of the Commission Directive 2007/14/EC i

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attachedii:

Ryanair Holdings plc

2. Reason for the notification (please tick the appropriate box or boxes)

an acquisition or disposal of voting rights

an acquisition or disposal of financial instruments which may result in the acquisition of shares already issued to which voting rights are attached

an event changing the breakdown of voting rights

3. Full name of person(s) subject to the notification obligationiii:

The Capital Group Companies, Inc.

4. Full name of shareholder(s) (if different from the person mentioned in point 3.)iv:

See Schedule A

5. Date of the transaction and date on which the threshold is crossed or reachedv:

10 March 2014

6. Date on which issuer is notified: 11 March 2014

7. Threshold(s) that is/are crossed or reached: Above 16%

8. Notified details:

A) Voting rights attached to shares

Class/type of shares (if possible) Situation previous to the Triggering transactionvi

Resulting situation after the triggering transactionvii

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using the ISIN CODE)	Number of Shares <sup>viii</sup>	Number of Voting rights <sup>ix</sup>	Number of shares <sup>x</sup> Direct	Number of voting rights <sup>xi</sup>		% of voting rights	
				Direct <sup>xii</sup>	Indirect <sup>xiii</sup>	Direct	Indirect
Ordinary (IE00B1GKF381)	415,000	415,000			415,000		0.030%
ADRs (US7835131043)	44,105,774	220,528,870			221,073,015		16.008%
SUBTOTAL A (based on aggregate voting rights)	44,520,774	220,943,870			221,488,015		16.038%

B) Financial Instruments

Resulting situation after the triggering transaction <sup>xiv</sup>

Type of financial instrument	Expiration Date <sup>xv</sup>	Exercise/Conversion Period/ Date <sup>xvi</sup>	Number of voting rights that may be acquired if the instrument is exercised/converted	% of voting rights
N/A				

SUBTOTAL B (in  
relation to all  
expiration dates)

Total (A+B) [where applicable in accordance with national law]	221,488,015	221,488,015	16.0385%
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9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable <sup>xvii</sup>:  
See Schedule A

10. In case of proxy voting: [name of the proxy holder] will cease to hold [number] voting rights as of [date].  
n/a

11. Additional information:

Done at Los Angeles, California on 11 March 2014

Annex to the standard form TR-1<sup>xviii</sup>

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a) Identity of the person or legal entity subject to the notification obligation:

Full name (including legal form for legal entities) The Capital Group Companies, Inc.  
Contact address (registered office for legal entities) 333 South Hope Street, 55th Floor  
Los Angeles, California 90071  
Phone number (213) 615-0469  
Other useful information (at least a contact person for legal persons) Gina Martinez  
Email: GRGroup@capgroup.com

b) Identity of the notifier:

Full name Gina Martinez  
Contact address 333 South Hope Street, 55th Floor  
Los Angeles, California 90071  
Phone number (213) 615-0469  
Other useful information (e.g. functional relationship with the person or legal entity subject to the notification obligation) Fax: (213) 615-4056

c) Additional information

SCHEDULE A

As of 10 March 2014

Ryanair Holdings plc

	Number of Shares	Percent of Outstanding
The Capital Group Companies, Inc. ("CG") holdings Holdings by CG Management Companies and Funds:	221,488,015	16.038%
· Capital Research and Management Company	221,488,015	16.039%
· EuroPacific Growth Fund	83,139,600	6.020%

(Direct shareholding that does not exercise its own voting shares. Voting shares are exercised by CRMC.)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 12 March, 2014

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary