RYANAIR HOLDINGS PLC Form 6-K November 09, 2012

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of November 2012

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office Dublin Airport County Dublin Ireland (Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-_____

Notification of Transactions of (1) Persons Discharging Managerial Responsibility and (2) Persons closely associated with Persons Discharging Managerial Responsibility

This form is intended for use by an issuer making a notification required by Rules 7.2 and 7.3 of the Central Bank of Ireland's Market Abuse Rules

in relation to a person falling within either of the above categories of individual. These categories are defined in Regulation 12 (8) of the Market Abuse (Directive 2003/6/EC) Regulations 2005 and are detailed as part of this form

All relevant boxes should be completed in block capital letters.

1	Name of the Issuer	2	Name of person discharging managerial responsibilities	
3	Ryanair Holdings PLC State whether notification relates to a person closely associated with a person discharging managerial responsibilities named in 2 and identify the connected person	4	Michael Cawley Indicate whether the notification is in respect of a holding of the person referred to in 2 or 3 above or in respect of a non-beneficial interest	
5	No Description of shares or derivatives or other financial instruments linked to them		Michael Cawley Name of registered shareholder(s) and, if more than one, number of shares or derivatives or other financial instruments linked to them, held by each shareholder	
			Michael Cawley	
7	Ordinary Shares of €0.0063 each State the nature of the transaction	8	Number of shares, derivatives or other financial instruments linked to them acquired	
	(i) Exercise of Share Options(ii) Sale of Shares		(i) 1,520,000	
9	Number of shares, derivatives or other financial instruments linked to them disposed of	10	Price per share or derivative or other financial instrument linked to them or value of transaction	
	(ii) 1,520,000		 (i) €3.21 (ii) 1,370,000 shares at €4.926; 150,000 shares at €4.950 	
11	Date and place of transaction	12	Date issuer informed of transaction	
13	(i) 9 November 2012, Dublin(ii) 9 November 2012, DublinAny additional information	14	 (i) 9 November 2012 (ii) 9 November 2012 Name of contact and telephone number for 	
	Not Applicable		queries	
	1 tot 1 ipplication			

Juliusz Komorek - 01 812 1212

	Person authorised on behalf of the issuer i	esponsible for	making the not	ificationJuliusz Komorek	
	Date of notification9 November 20	12			
	Information required	l under Irish St	tock Exchange I	Listing Rule 6.10	
sec	e following additional information is requirurities of a director or secretary or their corormation below to the Central Bank in response	nnected person	s. An issuer is r	not being required to submit the	
15	Name of director or secretary (if not required to be stated in box 2)	single	er the notification		
	Not Applicable (PDMR disclosure)	the Market	being notified in Abuse Rules and able (PDMR disc		
17	Description of class of share 18	shares of tha	of issued class a at class should n en calculating p		
19	Not Applicable (PDMR disclosure) Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage)	Total holdin percentage l treasury sha	Not Applicable (PDMR disclosure) Total holding following notification and total percentage holding following notification (any treasury shares should not be taken into account when calculating percentage)		
	Not Applicable (PDMR disclosure)	Not Applica	Not Applicable (PDMR disclosure)		
	person whose interests are required to be duer, please complete the following boxes	lisclosed under	r ISE Listing Ru	le 6.10 has been granted options by the	
21	Date of grant Not Applicable (PDMR disc	elosure)	22	Period during which or date on which it can be exercised Not Applicable (PDMR disclosure)	
23	Total amount paid (if any) for grant of the option Not Applicable (PDMR disclosure)		24	Description of shares involved (class and number) Not Applicable (PDMR disclosure)	
25	Exercise price (if fixed at time of grant) or indication that the price is to be fixed at the of exercise Not Applicable (PDMR disclosure)			Total number of shares over which options are held following notification Not Applicable (PDMR disclosure)	

Name and signature of duly designated officer of issuer responsible for making notificationJuliusz Komorek
Date of notification9 November 2012
The duly designated officer of the issuer responsible for making this notification acknowledges and confirms that he/she is aware that the information as has been provided in response to the questions 15 to 26 above is not information which has been required by or which has been requested by the Central Bank, and is information which required to be provided to the Irish Stock Exchange only.
SIGNATURES
Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.
RYANAIR HOLDINGS PLC
Date: 09 November, 2012
By:/s/ Juliusz Komorek
Juliusz Komorek Company Secretary