RYANAIR HOLDINGS PLC Form 6-K August 01, 2012

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of August 2012

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office Dublin Airport County Dublin Ireland (Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-_____

TR_{-}	1 •	NOTIFIC	$^{T}\Delta$ TION	OF MAIOR	INTEREST I	N SHARFS

1. Identity of the issuer of	or the underlying	issuer of	
existing shares to which	voting rights are	attached: Ryan	nair Holdings PLC

2 Reason for the notification (please tick the appropriate box or boxes):

An acquisition or disposal of voting rights

X

An acquisition or disposal of qualifying financial instruments which may result in the acquisition of shares already issued to which voting rights are attached

An acquisition or disposal of instruments with similar economic effect to qualifying financial instruments

An event changing the breakdown of voting rights

Other (please specify):

3. Full name of person(s) subject to the notification obligation:

Blackrock Inc

4. Full name of shareholder(s) (if different from 3.):

5. Date of the transaction and date on which the threshold is crossed or reached:

30th July 2012

6. Date on which issuer notified:

1st August 2012

7. Threshold(s) that is/are crossed or reached:

Holding has gone below 5%

8. Notified details:

A: Voting rights attached to shares

Class/type of Situation previous Resulting situation after the triggering transaction

shares to the triggering

transaction

if possible using Number Number Number Number of voting % of voting rights

the ISIN CODE of of shares of rights

> Shares Voting Direct Direct Indirect Direct Indirect

> > N/A

Rights IE00B1GKF381 73,030,902

73,030,902 N/A 64,127,853 N/A

B: Qualifying Financial Instruments

Resulting situation after the triggering transaction

Type of financial **Expiration** Exercise/ Number of voting % of voting instrument date Conversion rights that may be rights

Period acquired if the

> instrument is exercised/ converted.

C: Financial Instruments with similar economic effect to Qualifying Financial Instruments Resulting situation after the triggering transaction

Type of Exercise Expiration Exercise/ Number of % of voting rights financial price date Conversion voting instrument period rights

instrument refers to

> Nominal Delta

4.76%

Total (A+B+C)

Number of voting rights Percentage of voting rights

64,127,853 4.76%

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable:

Blackrock Investment Management (UK) Ireland - 64,127,853 (4.76%)

Proxy Voting:			
10. Name of the proxy holder:			
11. Number of voting rights proxy holder will cease to hold:			
12. Date on which proxy holder will cease to hold voting rights:			
13. Additional information:	Blackrock International Threshold Reporting Team		
14. Contact name:	William Graham		
15. Contact telephone number:	020 7743 1459		
	SIGNATURES		
Pursuant to the requirements of the Securities Exc signed on its behalf by the undersigned, hereunto	change Act of 1934, the Registrant has duly caused this report to be duly authorized.		
	RYANAIR HOLDINGS PLC		
Date: 01 August, 2012			
	By:/s/ Juliusz Komorek		
	Juliusz Komorek Company Secretary		