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SPIRENT PLC  
Form 6-K  
December 29, 2005

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER  
PURSUANT TO RULE 13a-16 OR 15d-16  
UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of December 2005

SPIRENT plc

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(Translation of registrant's name into English)

Spirent House, Crawley Business Quarter, Fleming Way, Crawley, West Sussex  
RH10 9QL, UK.

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(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F      X              Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes .....              No              X

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

SPIRENT PLC - NOTIFICATION OF DEEMED INTERESTS BY DIRECTORS, PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED PERSONS

Spirent Sharesave Trust Limited, the trustee for the Spirent Sharesave Trust ("the Trust"), on 28 December 2005, transferred 34,202 Ordinary shares in Spirent plc (the "Company") at an option price of 41 pence per share to satisfy the exercise of options under the Company's Savings Related Share Option Scheme. Following this transfer the total number of Ordinary shares held by the Trust is:

3,231,940 (representing 0.3346% of the issued share capital of the Company).

The Company's executive directors are potential beneficiaries of the Trust (together with all other UK employee share option holders) and are, therefore,

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treated under the Companies Act 1985 as having a deemed interest in the total number of shares held by the Trust. As a result, the directors' deemed interest in the Trust has been reduced by the above number of shares transferred.

For the avoidance of doubt, the Company confirms that this notification does not relate to an actual dealing in securities by the executive directors whose interests in the Company's securities remain unchanged notwithstanding the above events.

END

### Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

\_\_\_\_LUKE THOMAS\_\_\_\_\_

(Registrant)

Date 29 December 2005

By \_\_\_\_/s/ Luke Thomas\_\_\_\_\_

(Signature)\*