

ROBO JAMES L
Form 4
July 12, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
ROBO JAMES L

(Last) (First) (Middle)
NEXTERA ENERGY, INC., 700
UNIVERSE BLVD.
(Street)

JUNO BEACH, FL 33408

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
NEXTERA ENERGY INC [NEE]

3. Date of Earliest Transaction
(Month/Day/Year)
07/08/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

___ Director ___ 10% Owner
 Officer (give title below) Other (specify below)
President & COO / Director of Sub

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	07/08/2010		M ⁽¹⁾		143,888	A	\$ 26.9
Common Stock	07/08/2010		S ⁽²⁾		143,888	D	\$ 51
Common Stock	07/09/2010		M ⁽¹⁾		6,112	A	\$ 26.9
Common Stock	07/09/2010		S ⁽²⁾		6,112	D	\$ 51
Common Stock							2,345

By Thrift Plans Trust

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Common Stock 55,311 ⁽³⁾ I By Rabbi Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount Number Shares
Employee Stock Option (Right to Buy)	\$ 29.6	07/08/2010		M ⁽¹⁾	143,888	⁽⁴⁾ 03/22/2012	Common Stock 143,888
Employee Stock Option (Right to Buy)	\$ 29.6	07/09/2010		M ⁽¹⁾	6,112	⁽⁴⁾ 03/22/2012	Common Stock 6,112

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ROBO JAMES L NEXTERA ENERGY, INC. 700 UNIVERSE BLVD. JUNO BEACH, FL 33408			President & COO	Director of Sub

Signatures

Alissa E. Ballot (Attorney-in-Fact) 07/12/2010

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options exercised pursuant to Rule 10b5-1 trading plan adopted by the reporting person on August 21, 2009.

(2) Sales effected pursuant to Rule 10b5-1 trading plan adopted by the reporting person on August 21, 2009.

Deferred shares held by Trustee of grantor trust in which reporting person has a pecuniary interest only. Includes 565 shares acquired by the Trustee on March 17, 2010 and 533 shares acquired by the Trustee on June 16, 2010 pursuant to a dividend reinvestment feature of the deferred shares grant.

(3) The option, representing a right to buy 150,000 shares, became exercisable in three substantially equal annual installments beginning on March 22, 2003, which was the first anniversary of the date on which the option was granted.

(5) Not applicable

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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