REITEN RICHARD G

Form 4

December 18, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Check this box if no longer subject to Section 16

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Number: 3235-0287 Expires: January 31, 2005

OMB APPROVAL

Section 16.
Form 4 or
Form 5
obligations

SECURITIES

SECURITIES

Estimated average burden hours per response... 0.5

obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** REITEN RICHARD G			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			NORTHWEST NATURAL GAS CO [NWN]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	_X_ Director 10% Owner Officer (give title Other (specify			
220 NW SECOND AVENUE			12/14/2007	below) below)			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person			
PORTLAND,	OR 97209-3	3991		Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 3, 4 au (Instr. 8)			d of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	12/14/2007		S	2,300	D	\$ 48	16,718.979	D		
Common Stock	12/14/2007		S	600	D	\$ 48.01	16,118.979	D		
Common Stock	12/14/2007		S	100	D	\$ 48.02	16,018.979	D		
Common Stock	12/14/2007		S	100	D	\$ 48.03	15,918.979	D		
Common Stock	12/14/2007		S	200	D	\$ 48.05	15,718.979	D		

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Common Stock	12/14/2007	S	100	D	\$ 48.07	15,618.979	D	
Common Stock	12/14/2007	S	200	D	\$ 48.08	15,418.979	D	
Common Stock	12/18/2007	S	3,400	D	\$ 48	12,018.979	D	
Common Stock						23,851.1029	I	See Footnote
Common Stock						3,256.288	I	See Footnote
Common Stock						5,479.212	I	See Footnote (3)
Common Stock						2,561.483	I	See Footnote

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Title		8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	tionNumber	Expiration D	ate	Amoun	it of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)) Derivativo	e		Securiti	ies	(Instr. 5)
	Derivative				Securities	3		(Instr. 3	3 and 4)	
	Security				Acquired					
	-				(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
								A	Amount	
						Date	Expiration		or	
						Exercisable Date		Number		
							2	(of	
				Code V	/ (A) (D)			5	Shares	

Reporting Owners

Reporting Owner Name / Address Relationships

Reporting Owners 2

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Director 10% Owner Officer Other

REITEN RICHARD G
220 NW SECOND AVENUE X
PORTLAND, OR 97209-3991

Signatures

C.J. Rue,

Attorney-in-Fact 12/18/2007

**Signature of Reporting Date

Person

Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Credited to reporting person's account under the issuer's Retirement K Savings Plan as of November 30, 2007.
- (2) Credited to reporting person's account under the issuer's Directors Deferred Compensation Plan.
- (3) Credited to reporting person's account under the issuer's Executive Deferred Compensation Plan.
- (4) Credited to reporting person's account under the issuer's Deferred Compensation Plan for Executives and Directors.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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