

CONTINENTAL RESOURCES INC
Form 4
September 20, 2007

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Stark Jack H

2. Issuer Name and Ticker or Trading Symbol
CONTINENTAL RESOURCES INC
[CLR]

5. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction
(Month/Day/Year)
09/19/2007

Director 10% Owner
 Officer (give title below) Other (specify below)
Sr. V.P. Exploration

P. O. BOX 1032, 302 N. INDEPENDENCE

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

ENID, OK 73702

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	09/19/2007		S		600	D	\$ 17.47
Common Stock	09/19/2007		S		1,500	D	\$ 17.45
Common Stock	09/19/2007		S		1,000	D	\$ 17.43
Common Stock	09/19/2007		S		200	D	\$ 17.4
Common Stock	09/19/2007		S		100	D	\$ 17.36

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Common Stock	09/19/2007	S	100	D	\$ 17.52	108,969 ⁽⁶⁾	D
Common Stock	09/19/2007	S	1,500	D	\$ 17.35	107,469 ⁽⁷⁾	D
Common Stock	09/19/2007	S	1,400	D	\$ 17.5	106,069 ⁽⁸⁾	D
Common Stock	09/19/2007	S	100	D	\$ 17.53	105,969 ⁽⁹⁾	D
Common Stock	09/19/2007	S	3,500	D	\$ 17.45	102,469 ⁽¹⁰⁾	D
Common Stock	09/19/2007	S	5,000	D	\$ 17.95	97,469 ⁽¹¹⁾	D
Common Stock	09/20/2007	S	36,000	D	\$ 17.95	61,469 ⁽¹²⁾	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares
						Code	V (A) (D)		

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Stark Jack H P. O. BOX 1032 302 N. INDEPENDENCE	X		Sr. V.P. Exploration	

ENID, OK 73702

Signatures

Jack H. Stark

09/20/2007

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents 89,869 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (2) Represents 88,369 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (3) Represents 87,369 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (4) Represents 87,169 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (5) Represents 87,069 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (6) Represents 86,969 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (7) Represents 85,469 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (8) Represents 84,069 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (9) Represents 83,969 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (10) Represents 80,469 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (11) Represents 75,469 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.
- (12) Represents 39,469 shares of common stock and 22,000 shares of restricted common stock which vest 50% on each of October 5, 2007 and October 5, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.