JONES TOMMIE Form 4

July 05, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b).

(Middle)

(Zip)

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

Estimated average burden hours per response... 0.5

(Print or Type Responses)

(Last)

(City)

1. Name and Address of Reporting Person * JONES TOMMIE

(First)

(Street)

(State)

SIMMONS FIRST NATIONAL

CORP, 501 MAIN STREET

Symbol

SIMMONS FIRST NATIONAL CORP [SFNC]

2. Issuer Name and Ticker or Trading

3. Date of Earliest Transaction (Month/Day/Year)

05/23/2005

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title Other (specify below) Sr. Vice President

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting

PINE BLUFF, AR 71611

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

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1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A) or		Reported Transaction(s)		
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
SFNC	06/30/2005		M	600	A	\$ 12.83	4,905	D	
SFNC	06/30/2005		F	285	D	\$ 27	4,620	D	
SFNC	06/30/2005		M	200	A	\$ 10.56	4,820	D	
SFNC	06/30/2005		F	78	D	\$ 27	4,742	D	
SFNC	06/30/2005		M	200	A	\$ 10.56	4,942	D	
SFNC	06/30/2005		F	78	D	\$ 27	4,864	D	

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SFNC	06/30/2005	M	200	A	\$ 10.56	5,064	D
SFNC	06/30/2005	F	78	D	\$ 27	4,986	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Incentive Stock Option	\$ 12.83	11/26/1996	06/30/2005	M	0	11/26/2000	11/25/2005	Common	600	\$ 1
Incentive Stock Option	\$ 22.63	03/06/1998		X	0	03/06/2001	03/05/2006	Common	400	\$ 2
Incentive Stock Option	\$ 22.63	03/06/1998		X	0	03/06/2002	03/05/2007	Common	400	\$ 2
Incentive Stock Option	\$ 16	03/25/1999		X	0	03/25/2001	03/24/2006	Common	120	\$
Incentive Stock Option	\$ 16	03/25/1999		X	0	03/25/2002	03/24/2007	Common	120	\$
Incentive Stock Option	\$ 16	03/25/1999		X	0	03/25/2003	03/24/2008	Common	120	\$
Incentive	\$ 12.22	12/28/1999		X	0	12/28/2000	12/27/2005	Common	200	\$ 1

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Stock Option										
Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2001	12/27/2006	Common	200	\$ 1
Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2002	12/27/2007	Common	200	\$ 1
Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2003	12/27/2008	Common	200	\$ 1
Incentive Stock Option	\$ 10.56	07/28/2000	06/30/2005	M	0	07/28/2000	07/27/2005	Common	200	\$ 1
Incentive Stock Option	\$ 10.56	07/28/2000	06/30/2005	M	0	07/28/2001	07/27/2006	Common	200	\$ 1
Incentive Stock Option	\$ 10.56	07/28/2000	06/30/2005	M	0	07/28/2002	07/27/2007	Common	200	\$ 1
Incentive Stock Option	\$ 10.56	07/28/2000		X	0	07/28/2003	07/27/2008	Common	200	\$ 1
Incentive Stock Option	\$ 10.56	07/28/2000		X	0	07/28/2004	07/27/2009	Common	200	\$ 1
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2001	05/06/2011	Common	1,800	\$ 1
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2002	05/06/2011	Common	1,800	\$ 1
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2003	05/06/2011	Common	1,800	\$ 1
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2004	05/06/2011	Common	1,800	\$ 1
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2005	05/06/2011	Common	1,800	\$ 1
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2004	07/25/2014	Common	400	\$ 2

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Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2005	07/25/2014	Common	400	\$ 2
Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2006	07/25/2014	Common	400	\$ 2
Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2007	07/25/2014	Common	400	\$ 2
Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2008	07/25/2014	Common	400	\$ 2
Incentive Stock Option	\$ 24.5	05/23/2005	A	0	05/23/2005	05/23/2015	Common	488	\$ 2
Incentive Stock Option	\$ 24.5	05/23/2005	A	0	05/23/2007	05/23/2015	Common	244	\$ 2
Incentive Stock Option	\$ 24.5	05/23/2005	A	0	05/23/2008	05/23/2015	Common	244	\$ 2
Incentive Stock Option	\$ 24.5	05/23/2005	A	0	05/23/2009	05/23/2015	Common	244	\$ 2

Reporting Owners

Reporting Owner Name / Address		Relatio	nships	
	Director	10% Owner	Officer	Other
JONES TOMMIE				
SIMMONS FIRST NATIONAL CORP			Sr. Vice	
501 MAIN STREET			President	
PINE BLUFF, AR 71611				

Signatures

/s/ Tommie K. Jones by Piper P.
Erwin 07/05/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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