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TASTY BAKING CO Form 8-K December 08, 2003

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): December 8, 2003

Tasty Baking Company
----(Exact Name of Registrant as Specified in Charter)

Pennsylvania 1-5084 23-1145880

(State or Other Jurisdiction of (Commission (I.R.S. Employer Incorporation or Organization) File Number) Identification No.)

Registrant's telephone number, including area code: (215) 221-8500

Not applicable
----(Former Name or Former Address, if Changed Since Last Report)

Item 5. Other Events and Regulation FD Disclosure

On December 8, 2003, Tasty Baking Company announced the election of David J. West to its Board of Directors at its meeting on December 5, 2003. A copy of the press release is attached to this Report as Exhibit 99.1 and is incorporated herein by reference.

Item 7. Financial Statements and Exhibits

(a) Not applicable

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- (b) Not applicable
- (c) The following exhibit is filed herewith:

Exhibit 99.1 Press Release dated December 8, 2003

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

> TASTY BAKING COMPANY (Registrant)

Date: December 8, 2003 /S/ David S. Marberger

David S. Marberger

Senior Vice President and Chief Financial

Officer

EXHIBIT INDEX

Exhibit No. Description _____

99.1 Press Release dated December 8, 2003