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TRUSTCO BANK CORP N Y
Form 13F-HR
October 11, 2012

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Form 13F
Form 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 9/30/2012
Check here if Amendment []; Amendment Number:

This Amendment (Check only one.): -----
 [] is a restatement.
 [] adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: TRUSTCO BANK CORP NY

Address: 5 SARNOWSKI DRIVE
 GLENNVILLE, NY 12302

Form 13F File Number: 28-06657

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this submission.

Persons Signing this Report on Behalf of Reporting Manager:

Name: RICHARD W PROVOST
Title: SENIOR TRUST OFFICER
Phone: 518-381-3643

Signature, Place, and Date of Signing:

/s/ RICHARD W PROVOST GLENNVILLE, NY 10/11/2012

[Signature] [City, State] [Date]

Report Type (Check only one):

- 13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)
- 13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)
- 13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

List of Other Managers Reporting for this Manager:

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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 1
 Form 13F Information Table Entry Total: 189
 Form 13F Information Table Value Total: \$ 102,997

 (In Thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

| No. | Form 13F File Number | Name |
|------|----------------------|--------------|
| 7000 | 028-10307 | TRUSTCO BANK |

FORM 13F INFORMATION TABLE

| COLUMN 1 | COLUMN 2 | COLUMN 3 | COLUMN 4 | COLUMN 5 | COLUMN 6 | COLUMN 7 |
|-------------------------------|----------------|-----------|--------------------|--------------------|---------------------|--------------------------|
| NAME OF ISSUER | TITLE OF CLASS | CUSIP | VALUE (x\$1000) | SHRS OR PRN AMT | SH/ PUT/ CALL | INVESTMENT DISCRETION |
| AT&T INC | COM | 00206R102 | 1717 | 45544 | SH | DEFINED |
| AT&T INC | COM | 00206R102 | 628 | 16650 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| ABBOTT LABORATORIES | COM | 2824100 | 2920 | 42585 | SH | DEFINED |
| ABBOTT LABORATORIES | COM | 2824100 | 462 | 6745 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| AIR PRODUCTS & CHEMICALS INC | COM | 9158106 | 380 | 4600 | SH | DEFINED |
| ALCOA INC | COM | 13817101 | 91 | 10300 | SH | DEFINED |
| ALCOA INC | COM | 13817101 | 5 | 600 | SH | OTHER |
| ALLSTATE CORP | COM | 20002101 | 204 | 5150 | SH | DEFINED |
| ALLSTATE CORP | COM | 20002101 | 48 | 1200 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| ALTRIA GROUP INC | COM | 02209S103 | 90 | 2686 | SH | DEFINED |
| ALTRIA GROUP INC | COM | 02209S103 | 116 | 3486 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| AMERICAN EXPRESS CO | COM | 25816109 | 338 | 5950 | SH | DEFINED |
| AMERICAN EXPRESS CO | COM | 25816109 | 40 | 700 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| ANNALY CAPITAL MANAGEMENT INC | COM | 35710409 | 199 | 11805 | SH | DEFINED |
| ANNALY CAPITAL MANAGEMENT INC | COM | 35710409 | 17 | 1000 | SH | OTHER |
| APPLIED MATERIALS INC | COM | 38222105 | 691 | 61900 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |

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| | | | | | | |
|-------------------------------|-----|-----------|------|----------|---------|----|
| APPLIED MATERIALS INC | COM | 38222105 | 28 | 2500 SH | OTHER | 70 |
| AUTOMATIC DATA PROCESSING INC | COM | 53015103 | 468 | 7973 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| AUTOMATIC DATA PROCESSING INC | COM | 53015103 | 18 | 300 SH | OTHER | 70 |
| BHP BILLITON LTD | FOR | 88606108 | 355 | 5175 SH | DEFINED | 70 |
| BHP BILLITON LTD | FOR | 88606108 | 14 | 200 SH | OTHER | 70 |
| BRISTOL-MYERS SQUIBB CO | COM | 110122108 | 252 | 7466 SH | DEFINED | 70 |
| BRISTOL-MYERS SQUIBB CO | COM | 110122108 | 503 | 14906 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| CATERPILLAR INC | COM | 149123101 | 165 | 1913 SH | DEFINED | 70 |
| CATERPILLAR INC | COM | 149123101 | 71 | 830 SH | OTHER | 70 |
| CHEVRON CORP NEW | COM | 166764100 | 2897 | 24855 SH | DEFINED | 70 |
| CHEVRON CORP NEW | COM | 166764100 | 534 | 4579 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| CISCO SYSTEMS INC | COM | 17275R102 | 686 | 35941 SH | DEFINED | 70 |
| CISCO SYSTEMS INC | COM | 17275R102 | 41 | 2150 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| COCA COLA CO | COM | 191216100 | 3580 | 94394 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| COCA COLA CO | COM | 191216100 | 842 | 22200 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| COLGATE PALMOLIVE CO | COM | 194162103 | 1753 | 16352 SH | DEFINED | 70 |
| COLGATE PALMOLIVE CO | COM | 194162103 | 357 | 3333 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| DISNEY WALT CO | COM | 254687106 | 1801 | 34446 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| DISNEY WALT CO | COM | 254687106 | 434 | 8300 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| DOW CHEMICAL CO | COM | 260543103 | 305 | 10524 SH | DEFINED | 70 |
| DOW CHEMICAL CO | COM | 260543103 | 98 | 3401 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| DU PONT E I DE NEMOURS & CO | COM | 263534109 | 303 | 6025 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| DU PONT E I DE NEMOURS & CO | COM | 263534109 | 115 | 2286 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| ECOLAB INC | COM | 278865100 | 507 | 7817 SH | DEFINED | 70 |
| ECOLAB INC | COM | 278865100 | 32 | 500 SH | OTHER | 70 |

FORM 13F INFORMATION TABLE

| COLUMN 1 | COLUMN 2 | COLUMN 3 | COLUMN 4 | COLUMN 5 | COLUMN 6 | COLUMN 7 |
|---------------------|----------------|-----------|--------------------|--------------------|---------------------|--------------------------|
| NAME OF ISSUER | TITLE OF CLASS | CUSIP | VALUE (x\$1000) | SHRS OR PRN AMT | SH/ PUT/ CALL | INVESTMENT DISCRETION |
| EMERSON ELECTRIC CO | COM | 291011104 | 220 | 4550 SH | DEFINED | 70 |
| EMERSON ELECTRIC CO | COM | 291011104 | 73 | 1513 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| EXELON CORP | COM | 30161N101 | 541 | 15217 SH | DEFINED | 70 |
| EXELON CORP | COM | 30161N101 | 106 | 2970 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| EXXON MOBIL CORP | COM | 30231G102 | 5779 | 63195 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| EXXON MOBIL CORP | COM | 30231G102 | 2782 | 30417 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| GENERAL ELECTRIC CO | COM | 369604103 | 9366 | 412403 SH | DEFINED | 70 |

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| | | | | | | | | | |
|------------------------------|-----|-----------|------|--------|----|---|---|---------|----|
| GENERAL ELECTRIC CO | COM | 369604103 | 5334 | 234855 | SH | 0 | 0 | DEFINED | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| GENERAL MILLS INC | COM | 370334104 | 1016 | 25490 | SH | 0 | 0 | DEFINED | 70 |
| GENERAL MILLS INC | COM | 370334104 | 402 | 10100 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| GLAXOSMITHKLINE PLC | FOR | 37733W105 | 268 | 5788 | SH | 0 | 0 | DEFINED | 70 |
| GLAXOSMITHKLINE PLC | FOR | 37733W105 | 211 | 4566 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| HOME DEPOT INC | COM | 437076102 | 352 | 5825 | SH | 0 | 0 | DEFINED | 70 |
| HOME DEPOT INC | COM | 437076102 | 76 | 1264 | SH | 0 | 0 | OTHER | 70 |
| INTEL CORP | COM | 458140100 | 1657 | 73132 | SH | 0 | 0 | DEFINED | 70 |
| INTEL CORP | COM | 458140100 | 224 | 9868 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| IBM CORP | COM | 459200101 | 2364 | 11394 | SH | 0 | 0 | DEFINED | 70 |
| IBM CORP | COM | 459200101 | 681 | 3283 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| ISHARES | MUT | 464287465 | 321 | 6051 | SH | 0 | 0 | DEFINED | 70 |
| ISHARES | MUT | 464287465 | 9 | 175 | SH | 0 | 0 | OTHER | 70 |
| JPMORGAN CHASE & CO | COM | 46625H100 | 1169 | 28879 | SH | 0 | 0 | DEFINED | 70 |
| | | | 0 | 0 | | | | DEFINED | 70 |
| JPMORGAN CHASE & CO | COM | 46625H100 | 294 | 7252 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| JACOBS ENGINEERING GROUP INC | COM | 469814107 | 226 | 5599 | SH | 0 | 0 | DEFINED | 70 |
| JACOBS ENGINEERING GROUP INC | COM | 469814107 | 8 | 200 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| JOHNSON & JOHNSON | COM | 478160104 | 3505 | 50860 | SH | 0 | 0 | DEFINED | 70 |
| JOHNSON & JOHNSON | COM | 478160104 | 765 | 11107 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| JOHNSON CONTROLS INC | COM | 478366107 | 363 | 13250 | SH | 0 | 0 | DEFINED | 70 |
| JOHNSON CONTROLS INC | COM | 478366107 | 55 | 2000 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| KRAFT FOODS INC | COM | 50075N104 | 155 | 3738 | SH | 0 | 0 | DEFINED | 70 |
| KRAFT FOODS INC | COM | 50075N104 | 137 | 3302 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| LOWES COMPANIES INC | COM | 548661107 | 382 | 12634 | SH | 0 | 0 | DEFINED | 70 |
| LOWES COMPANIES INC | COM | 548661107 | 11 | 350 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| MASCO CORP | COM | 574599106 | 182 | 12100 | SH | 0 | 0 | DEFINED | 70 |
| MASCO CORP | COM | 574599106 | 26 | 1700 | SH | 0 | 0 | OTHER | 70 |
| MCDONALDS CORP | COM | 580135101 | 248 | 2700 | SH | 0 | 0 | DEFINED | 70 |
| MCDONALDS CORP | COM | 580135101 | 266 | 2895 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| MCGRAW HILL COS INC | COM | 580645109 | 667 | 12217 | SH | 0 | 0 | DEFINED | 70 |
| MCGRAW HILL COS INC | COM | 580645109 | 16 | 300 | SH | 0 | 0 | OTHER | 70 |
| | | | 0 | 0 | | | | OTHER | 70 |
| MEDTRONIC INC | COM | 585055106 | 1627 | 37726 | SH | 0 | 0 | DEFINED | 70 |
| MEDTRONIC INC | COM | 585055106 | 48 | 1104 | SH | 0 | 0 | OTHER | 70 |

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| | | | | | | | |
|---------------------------------|-----|-----------|------|------------|--|---------|----|
| | | | 0 | 0 | | OTHER | 70 |
| MERCK & CO INC | COM | 58933Y105 | 259 | 5740 SH | | DEFINED | 70 |
| MERCK & CO INC | COM | 58933Y105 | 170 | 3761 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| MICROSOFT CORP | COM | 594918104 | 2864 | 96231 SH | | DEFINED | 70 |
| MICROSOFT CORP | COM | 594918104 | 186 | 6263 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| NBT BANCORP INC | COM | 628778102 | 518 | 23486 SH | | OTHER | 70 |
| NEXTERA ENERGY INC | COM | 65339F101 | 202 | 2875 SH | | DEFINED | 70 |
| NIKE INC | COM | 654106103 | 868 | 9149 SH | | DEFINED | 70 |
| NIKE INC | COM | 654106103 | 85 | 900 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| NORFOLK SOUTHERN CORP | COM | 655844108 | 127 | 2000 SH | | DEFINED | 70 |
| NORFOLK SOUTHERN CORP | COM | 655844108 | 115 | 1800 SH | | OTHER | 70 |
| ORACLE CORP | COM | 68389X105 | 560 | 17800 SH | | DEFINED | 70 |
| ORACLE CORP | COM | 68389X105 | 42 | 1347 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| PEPSICO INC | COM | 713448108 | 2505 | 35392 SH | | DEFINED | 70 |
| PEPSICO INC | COM | 713448108 | 272 | 3850 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| PFIZER INC | COM | 717081103 | 605 | 24333 SH | | DEFINED | 70 |
| PFIZER INC | COM | 717081103 | 266 | 10688 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| PHILIP MORRIS INTERNATIONAL INC | COM | 718172109 | 233 | 2586 SH | | DEFINED | 70 |
| PHILIP MORRIS INTERNATIONAL INC | COM | 718172109 | 348 | 3869 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| PROCTER & GAMBLE CO | COM | 742718109 | 3316 | 47815 SH | | DEFINED | 70 |
| PROCTER & GAMBLE CO | COM | 742718109 | 744 | 10727 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| SCHLUMBERGER LTD | FOR | 806857108 | 358 | 4949 SH | | DEFINED | 70 |
| SCHLUMBERGER LTD | FOR | 806857108 | 22 | 300 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| SOUTHERN CO | COM | 842587107 | 1442 | 31295 SH | | DEFINED | 70 |
| SOUTHERN CO | COM | 842587107 | 212 | 4608 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| STATE STREET CORP | COM | 857477103 | 452 | 10775 SH | | DEFINED | 70 |
| STATE STREET CORP | COM | 857477103 | 59 | 1400 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| TARGET CORP | COM | 8.76E+110 | 582 | 9162 SH | | DEFINED | 70 |
| TARGET CORP | COM | 8.76E+110 | 86 | 1350 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| TEXAS INSTRUMENTS INC | COM | 882508104 | 286 | 10375 SH | | DEFINED | 70 |
| 3M CO | COM | 88579Y101 | 1308 | 14150 SH | | DEFINED | 70 |
| 3M CO | COM | 88579Y101 | 411 | 4450 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| TRUSTCO BANK CORP NY | COM | 898349105 | 1191 | 208606 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| TRUSTCO BANK CORP NY | COM | 898349105 | 5846 | 1023895 SH | | OTHER | 70 |
| UNITED PARCEL SERVICE | COM | 911312106 | 493 | 6890 SH | | DEFINED | 70 |
| UNITED PARCEL SERVICE | COM | 911312106 | 68 | 950 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| UNITED TECHNOLOGIES CORP | COM | 913017109 | 2511 | 32072 SH | | DEFINED | 70 |
| UNITED TECHNOLOGIES CORP | COM | 913017109 | 215 | 2750 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| VANGUARD | MUT | 922042858 | 1730 | 41455 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| VANGUARD | MUT | 922042858 | 76 | 1820 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |

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| COLUMN 1 | COLUMN 2 | COLUMN 3 | COLUMN 4 | COLUMN 5 | COLUMN 6 | COLUMN 7 |
|----------------------------|----------------|-----------|--------------------|--------------------|-------------------------|--------------------------|
| NAME OF ISSUER | TITLE OF CLASS | CUSIP | VALUE (x\$1000) | SHRS OR PRN AMT | SH/ PUT/ PRN CALL | INVESTMENT DISCRETION |
| VERIZON COMMUNICATIONS INC | COM | 92343V104 | 1460 | 32036 | SH | DEFINED |
| VERIZON COMMUNICATIONS INC | COM | 92343V104 | 371 | 8146 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| WAL-MART STORES INC | COM | 931142103 | 1806 | 24466 | SH | DEFINED |
| WAL-MART STORES INC | COM | 931142103 | 161 | 2175 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| WELLS FARGO & CO NEW | COM | 949746101 | 1328 | 38450 | SH | DEFINED |
| WELLS FARGO & CO NEW | COM | 949746101 | 201 | 5823 | SH | OTHER |
| | | | 0 | 0 | | OTHER |