

Kinzler Morton H.  
Form 4  
September 30, 2010

# FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
Kinzler Morton H.

2. Issuer Name and Ticker or Trading Symbol  
BARNWELL INDUSTRIES INC  
[BRN]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
1100 ALAKEA STREET, SUITE 2900

3. Date of Earliest Transaction (Month/Day/Year)  
09/29/2010

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
Chairman and CEO

(Street)  
HONOLULU, HI 96813

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|-----------------------------------|
|                                 |                                      |  | Code                           | V   | Amount  | (A) or (D)   | Price                             |
| Common Stock                    | 09/29/2010                           |  | P                              |   | 200   | A  | \$ 3.04                           |
| Common Stock                    | 09/29/2010                           |  | P                              |   | 100   | A  | \$ 3.13                           |
| Common Stock                    | 09/29/2010                           |  | P                              |   | 100   | A  | \$ 3.2                            |
| Common Stock                    | 09/29/2010                           |  | P                              |   | 100   | A  | \$ 3.21                           |
| Common Stock                    | 09/29/2010                           |  | P                              |   | 100   | A  | \$ 3.22                           |

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|              |            |   |       |   |         |                          |   |
|--------------|------------|---|-------|---|---------|--------------------------|---|
| Common Stock | 09/29/2010 | P | 100   | A | \$ 3.24 | 1,344,108 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 100   | A | \$ 3.04 | 1,344,208 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 100   | A | \$ 3.11 | 1,344,308 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 100   | A | \$ 3.04 | 1,344,408 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 100   | A | \$ 3.15 | 1,344,508 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 400   | A | \$ 3.2  | 1,344,908 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 2,200 | A | \$ 3.24 | 1,347,108 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 100   | A | \$ 3.34 | 1,347,208 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 500   | A | \$ 3.14 | 1,347,708 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 100   | A | \$ 3.2  | 1,347,808 <sup>(1)</sup> | D |
| Common Stock | 09/29/2010 | P | 600   | A | \$ 3.2  | 1,348,408 <sup>(1)</sup> | D |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of Derivative Securities Beneficially Owned (Instr. 6) |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|--|--|
|  |  |                                      |  | Code                           | V (A) (D)   | Date Exercisable   | Expiration Date   | Title                                      | Amount or Number of Shares                                       |

## Reporting Owners

| Reporting Owner Name / Address  | Relationships |           |                  |       |
|---|---------------|-----------|------------------|-------|
|   | Director      | 10% Owner | Officer          | Other |
| Kinzler Morton H.<br>1100 ALAKEA STREET<br>SUITE 2900<br>HONOLULU, HI 96813 | X             | X         | Chairman and CEO |       |

## Signatures

|                                    |            |
|------------------------------------|------------|
| Morton H.<br>Kinzler               | 09/29/2010 |
| **Signature of<br>Reporting Person | Date       |

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes 1,848 shares owned by the reporting person's spouse, to which the reporting person disclaims beneficial ownership.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.