ALMADEN MINERALS LTD Form SC 13D July 18, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULE 13d-1(a) AND AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2(a)

	(Amendment No)	
	ALMADEN MINERALS LTD.	
_	(Name of Issuer)	
	Common Shares	
_	(Title of Class of Securities)	
	020283107	
_	(CUSIP Number)	
Duane 1	Poliquin, 1103-750 W Pender St., Vancouver, B.C., Canada V6C 2T	. '8
	(Name, Address and Telephone Number of Person	

Authorized to Receive Communications)

July 6, 2006	
(Date of Event which Requires Filing of this Statement)	
If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of the Schedule 13D, and is filing this schedule because of §§240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check to following box. []	

CUSIP Number: 020283107			
1.			
Names of Reporting Persons			
I.R.S. Identification Nos. of above persons (entities only).			
James Duane Poliquin			
2.			
Check the Appropriate Box if a Member of a Group (See Instructions)			
(a) []			
(b) []			
3.			
SEC Use Only			
4.			
Source of Funds (See Instructions)			

<u>PF</u>

5.
Check if Disclosure of Legal Proceedings is Required Pursuant to Items 2(d) or 2(e) []
6.
Citizenship or Place of Organization
Canadian
Number of
7.
Sole Voting Power - <u>3.066,937</u>
Shares
Beneficially
8.
Shared Voting Power - <u>69,300</u>
Owned by Each
Reporting
9.
Sole Dispositive Power - <u>3,066,937</u>
Person With
10.
Shared Dispositive Power - <u>69,300</u>

11.
Aggregate Amount Beneficially Owned by Each Reporting Person - 3.136.237
12.
Check if the Aggregate Amount in Row (11) Excludes Certain Shares (See Instructions) []
13.
Percent of Class Represented by Amount in Row (11) - 7.3%
14.
Type of Reporting Person (See Instructions)
<u>IN</u>

CUSIP Number: 020283107
Item 1.
Security and Issuer
Common shares of Almaden Minerals Ltd. located at 750 West Pender, Suite 1103, Vancouver, B.C., Canada V60 2T8
Item 2.
Identity and Background
(a)
James Duane Poliquin
(b)
750 West Pender, Suite 1103, Vancouver, B.C. Canada V6C 2T8
(c)
Self-employed professional geological engineer, President and Director of Almaden Minerals Ltd.
(d)
No
(e)
(e) No

Item 3.
Source and Amount of Funds or Other Consideration
Personal funds
Item 4.
Purpose of the Transaction
Transactions in the normal course of business. Stock option granted as incentive to increase performance.
Item 5.
Interest in Securities of the Issuer
(a)
3,136,237 (7.3%) including incentive options to acquire 1,486,163 shares
(b)
sole power to vote and direct the vote and dispose or direct the disposition of 3,066,937 shares, shared power to vote or direct the vote and dispose or direct the disposition of 69,300 shares with:
Judy Poliquin
1987 Acadia Road, Vancouver, B.C. V6T 1R4
Homemaker
No convictions in criminal proceedings
Not part to a civil proceeding of a judicial or administrative body of competent jurisdiction

Canadian citizen

05/19/06

05/19/06

(c) 09/29/05

acquired 5,000 shares @ Cdn. \$1.73 per share in the public market

o9/29/05 acquired 5,000 shares @ Cdn. \$1.74 per share in the public market
o9/29/05 acquired 16,000 shares @ Cdn. \$1.75 per share in the public market
acquired 4,000 shares @ Cdn. \$1.73 per share in the public market
gifted 2,000 shares to charity @ Cdn. \$0.00 per share

acquired 500 shares @ Cdn. \$2.58 per share in the public market

acquired 500 shares @ Cdn. \$2.54 per share in the public market 05/19/06

acquired 500 shares @ Cdn. \$2.52 per share in the public market 05/19/06

acquired 500 shares @ Cdn. \$2.50 per share in the public market 05/19/06

acquired 2,000 shares @ Cdn. \$2.45 per share in the public market 05/19/06

acquired 2,000 shares @ Cdn. \$2.40 per share in the public market 05/24/06

acquired 1,000 shares @ \$2.51 per share in the public market 06/13/06

acquired 1,000 shares @ \$2.47 per share in the public market 07/06/06

granted 450,000 incentive options at an exercise price of Cdn \$2.50 per share 07/06/06

gifted 10,000 shares to charity @ Cdn. \$0.00 per share

Item 6.				
Contracts, Arrangements, Understandings or Relationships With Respect to Securities of the Issuer				
N/A				
Item 7.				
Material to be Filed as Exhibits				
N/A				

CUSIP	Number:	020283107

SIGNATURE

After reasonable inqui	iry and to the bes	t of my knowledge	e and belief, I	I certify that th	ne information s	et forth in this
statement is true, com	plete and correct	•				

July 17, 2006	
DATED:	
/s/Duane Poliquin	
SIGNATURE:	
Duane Poliquin, President	
NAME/TITLE:	