POLIQUIN MORGAN Form SC 13D October 01, 2004 Form 13D

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULE 13d-1(a) AND AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2(a)

(Amendment No.

	ALMADEN MINERALS LTD.
_	(Name of Issuer)
	Common Shares
_	(Title of Class of Securities)
	020283107
_	(CUSIP Number)
n	Poliquin, 1103-750 W Pender St., Vancouver, B.C., Canada V

(Name, Address and Telephone Number of Person

Authorized to Receive Communications)

September 29, 2004
(Date of Event which Requires Filing of this Statement)
If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of the Schedule 13D, and is filing this schedule because of §§240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box. []

CUSIP Number: 020283107
1.
Names of Reporting Persons
I.R.S. Identification Nos. of above persons (entities only).
Morgan James Poliquin
2.
Check the Appropriate Box if a Member of a Group (See Instructions)
(a) []
(b) []
3.
SEC Use Only
4.
Source of Funds (See Instructions)

<u>PF</u>
5.
Check if Disclosure of Legal Proceedings is Required Pursuant to Items 2(d) or 2(e) []
6.
Citizenship or Place of Organization
Canadian
Number of
7.
Sole Voting Power - 1,224,579
Shares
Beneficially
8.
Shared Voting Power - <u>none</u>
Owned by Each
Reporting
9.
Sole Dispositive Power - <u>1,224,579</u>
Person With
10

Shared Dispositive Power - none
11. Aggregate Amount Beneficially Owned by Each Reporting Person -1.224,579
12. Check if the Aggregate Amount in Row (11) Excludes Certain Shares (See Instructions) []
13. Percent of Class Represented by Amount in Row (11) - 3.9%
14. Type of Reporting Person (See Instructions)
<u>IN</u>

CUSIP Number: 020283107
Item 1.
Security and Issuer
Common shares of Almaden Minerals Ltd. located at 750 West Pender, Suite 1103, Vancouver, B.C., Canada V6C 2T8
Item 2.
Identity and Background
(a)
Morgan James Poliquin
(b)
750 West Pender, Suite 1103, Vancouver, B.C. Canada V6C 2T8
(c)
Self-employed professional geological engineer, Director of Almaden Minerals Ltd. and Director of Williams Creek
Explorations Limited
(d)
No
(e)
No
(f)
Canadian citizen

Item 3.
Source and Amount of Funds or Other Consideration
Personal funds
Item 4.
Purpose of the Transaction
To facilitate purchaser obtaining shares not subject to resale restrictions to encourage a future financing.
Item 5.
Interest in Securities of the Issuer
(a)
1,224,579 (3.9%) including incentive options to acquire 846,900 shares
(b)
1,224,579 shares
(c)
09/29/04 exercised 60,000 incentive options @ Cdn. \$0.30 per share
09/29/04 exercised 77,000 incentive options @ Cdn. \$0.49 per share
09/29/04 exercised 63,000 incentive options @ Cdn. \$0.45 per share
09/29/04 sold 200,000 shares @ Cdn. \$1.73 per share in public market
Item 6.

Contracts, Arrangements, Understandings or Relationships With Respect to Securities of the Issuer

N/A		
Item 7.		
Material to be Filed as Exhibits		
N/A		

CUSIP Number: 020283107
SIGNATURE
After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in thi statement is true, complete and correct.
September 30, 2004
DATED:
/s/Morgan Poliquin
SIGNATURE:
M. D.F.
Morgan Poliquin NAME/TITLE: