

Cohen Heather L
Form 4
June 03, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

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(Print or Type Responses)

1. Name and Address of Reporting Person *
Cohen Heather L

(Last) (First) (Middle)

C/O CONMED
CORPORATION, 525 FRENCH
ROAD

(Street)

UTICA, NY 13502

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol

CONMED CORP [CNMD]

3. Date of Earliest Transaction
(Month/Day/Year)

06/01/2010

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
X Officer (give title below) ____ Other (specify below)
VP CORP HR&DEPUTY GEN COUNSEL

6. Individual or Joint/Group Filing(Check
Applicable Line)
X Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D) Price			
Common Stock	06/01/2010		M		200	A \$ 0	1,774	D	
Common Stock	06/01/2010		F		73	D \$ 0	1,701	D	
Common Stock	06/01/2010		M		800	A \$ 0	2,501	D	
Common Stock	06/01/2010		F		290	D \$ 0	2,211	D	
Common Stock	06/02/2010		F		218	D \$ 0	1,993	D	

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Common Stock 06/02/2010 M 600 A \$ 0 2,593 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares
				Code	V (A) (D)	Date Exercisable Expiration Date	Title	
Rsus (restricted Stock Units)	\$ 0	06/01/2010		M	200	<u>(1)</u> 06/01/2018	Common Stock	20
Rsus (restricted Stock Units)	\$ 0	06/01/2010		M	800	<u>(2)</u> 06/01/2019	Common Stock	80
Rsus (restricted Stock Units)	\$ 0	06/01/2010		A	4,000	<u>(2)</u> 06/01/2020	Common Stock	4,0
Sars (Stock Appreciation Rights)	\$ 19.26	06/01/2010		A	10,000	<u>(3)</u> 06/01/2020	Common Stock	10,0
Rsus (restricted Stock Units)	\$ 0	06/02/2010		M	600	<u>(1)</u> 06/02/2018	Common Stock	60

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
Cohen Heather L C/O CONMED CORPORATION 525 FRENCH ROAD UTICA, NY 13502	VP CORP HR&DEPUTY GEN COUNSEL

Signatures

Daniel S. Jonas for Heather L. Cohen by Power of Attorney

06/03/2010

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of
(1) ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2006 Stock Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.

Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of
(2) ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 1999 Amended and Restated Long-Term Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.

(3) The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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