

GOLDMAN STEVEN J  
 Form 4  
 December 19, 2005

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**GOLDMAN STEVEN J**

2. Issuer Name and Ticker or Trading Symbol  
**POWER ONE INC [PWER]**

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
**740 CALLE PLANO**  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
**12/16/2005**

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
**Chairman, CEO**

**CAMARILLO, CA 93012**

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	
Common Stock	12/16/2005		S	16	D	\$ 6.67	3,016,150	D
Common Stock	12/16/2005		S	2,700	D	\$ 6.68	3,013,450	D
Common Stock	12/16/2005		S	7,856	D	\$ 6.69	3,005,594	D
Common Stock	12/16/2005		S	8,084	D	\$ 6.7	2,997,510	D
Common Stock	12/16/2005		S	8,500	D	\$ 6.71	2,989,010	D

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Common Stock	12/16/2005	S	2,500	D	\$ 6.72	2,986,510	D
Common Stock	12/16/2005	S	3,100	D	\$ 6.73	2,983,410	D
Common Stock	12/16/2005	S	10,144	D	\$ 6.74	2,973,266	D
Common Stock	12/16/2005	S	22,301	D	\$ 6.75	2,950,965	D
Common Stock	12/16/2005	S	18,500	D	\$ 6.76	2,932,465	D
Common Stock	12/16/2005	S	7,674	D	\$ 6.77	2,924,791	D
Common Stock	12/16/2005	S	4,144	D	\$ 6.78	2,920,647	D
Common Stock	12/16/2005	S	20,088	D	\$ 6.8	2,900,559	D
Common Stock	12/16/2005	S	4,530	D	\$ 6.81	2,896,029	D
Common Stock	12/16/2005	S	500	D	\$ 6.82	2,895,529	D
Common Stock	12/16/2005	S	2,900	D	\$ 6.85	2,892,629	D
Common Stock	12/16/2005	S	1,800	D	\$ 6.86	2,890,829	D
Common Stock	12/16/2005	S	100	D	\$ 6.95	2,890,729	D
Common Stock	12/16/2005	S	1,100	D	\$ 6.96	2,889,629	D
Common Stock	12/16/2005	S	1,300	D	\$ 6.97	2,888,329	D
Common Stock	12/16/2005	S	2,763	D	\$ 6.99	2,885,566	D

Common Stock						25,309	I	By Shares Held via Ltd. Liab. Corp.
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
*(e.g., puts, calls, warrants, options, convertible securities)*

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
				Code	V	(A)	(D)	Amount or Number of Shares	

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
GOLDMAN STEVEN J 740 CALLE PLANO CAMARILLO, CA 93012	X		Chairman, CEO	

## Signatures

By: Randall H. Holliday, Attorney-in-Fact for  
 12/19/2005  
 \*\*Signature of Reporting Person                      Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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