

DORNY D MATTHEW
 Form 4
 November 30, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
DORNY D MATTHEW

2. Issuer Name and Ticker or Trading Symbol
NU SKIN ENTERPRISES INC [NUS]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 Director 10% Owner
 Officer (give title below) Other (specify below)
 General Counsel

(Last) (First) (Middle)
C/O NU SKIN ENTERPRISES, INC., 75 WEST CENTER STREET
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
11/25/2009

PROVO 84601

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
Class A Common Stock	11/25/2009		M	1,250	A \$ 6.56	15,497	D
Class A Common Stock	11/25/2009		M	2,500	A \$ 8.2	17,997	D
Class A Common Stock	11/25/2009		M	5,000	A \$ 12.45	22,997	D
Class A Common Stock	11/25/2009		M	12,500	A \$ 9.04	35,497	D

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Common
Stock

Class A
Common Stock 11/25/2009 M 12,500 A \$ 11.5 47,997 D

Class A
Common Stock 11/25/2009 F 19,386 D \$ 27.21 28,611 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
				Code V	(A) (D)	Date Exercisable Expiration Date	Title	
Employee Stock Option (right to buy)	\$ 6.56	11/25/2009		M	1,250	(1) 08/31/2010	Class A Common Stock	1,250
Employee Stock Option (right to buy)	\$ 8.2	11/25/2009		M	2,500	(1) 02/28/2011	Class A Common Stock	2,500
Employee Stock Option (right to buy)	\$ 12.45	11/25/2009		M	2,500	(1) 08/31/2011	Class A Common Stock	2,500
Employee Stock Option (right to buy)	\$ 12.45	11/25/2009		M	2,500	(1) 04/19/2012	Class A Common Stock	2,500

buy)

Employee
Stock

Option	\$ 9.04	11/25/2009	M	12,500	(1)	03/10/2013	Class A Common Stock	12,500
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Employee
Stock

Option	\$ 11.5	11/25/2009	M	12,500	(1)	09/02/2013	Class A Common Stock	12,500
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Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
DORNY D MATTHEW C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET PROVO 84601			General Counsel	

Signatures

Clayton Jones as Attorney-in-Fact for D. Matthew Dorny	11/30/2009
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__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Currently exercisable in full.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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