

Edgar Filing: WOLTZ HOWARD O JR - Form 4

Common Stock 72,919 I by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 0.35	11/30/2004		M	28,455	11/30/2004 02/19/2012	Common Stock	28,455	
Incentive Stock Option (right to buy)	\$ 2.12	11/30/2004		M	22,888	11/30/2004 02/16/2011	Common Stock	22,888	
Incentive Stock Option (right to buy)	\$ 4.6875	11/30/2004		M	17,066	11/30/2004 08/10/2008	Common Stock	17,066	
Incentive Stock Option (right to buy)	\$ 5.25	11/30/2004		M	12,564	11/30/2004 08/08/2010	Common Stock	12,564	
Incentive Stock Option (right to buy)	\$ 6.375	11/30/2004		M	12,549	11/30/2004 02/03/2008	Common Stock	12,549	
Incentive Stock Option (right to buy)	\$ 6.5625	11/30/2004		M	12,323	11/30/2004 02/09/2009	Common Stock	12,323	
Incentive Stock Option (right to buy)	\$ 7	11/30/2004		M	3,571	11/30/2004 02/13/2006	Common Stock	3,571	
Incentive Stock Option (right to buy)	\$ 7.125	11/30/2004		M	3,508	11/30/2004 08/06/2006	Common Stock	3,508	

Incentive Stock Option (right to buy)	\$ 7.5	11/30/2004	M	3,333	11/30/2004	08/15/2005	Common Stock	3,
Incentive Stock Option (right to buy)	\$ 7.5625	11/30/2004	M	10,578	11/30/2004	08/11/2007	Common Stock	10
Incentive Stock Option (right to buy)	\$ 7.875	11/30/2004	M	3,175	11/30/2004	02/07/2005	Common Stock	3,
Incentive Stock Option (right to buy)	\$ 8.375	11/30/2004	M	555	11/30/2004	02/01/2010	Common Stock	5
Incentive Stock Option (right to buy)	\$ 9.125	11/30/2004	M	2,739	11/30/2004	02/04/2007	Common Stock	2,
Incentive Stock Option (right to buy)	(2)	11/30/2004	M	8,220	11/30/2004	(2)	Common Stock	8,
Non-Qualified Stock Option (right to buy)	\$ 8.375	11/30/2004	M	9,101	11/30/2004	02/01/2010	Common Stock	9,
Non-Qualified Stock Option (right to buy)	(3)	11/30/2004	M	582	11/30/2004	(3)	Common Stock	5

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WOLTZ HOWARD O JR 1373 BOGGS DRIVE MOUNT AIRY, NC 27030	X		Chairman	

Signatures

By: Gary D. Kniskern For: Howard O. Woltz, Jr. 12/02/2004

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Exercise of Stock Options by swapping shares
- (2) Exercise Price is \$9.1875; Expiration Date is 7/26/09
- (3) Exercise Price is \$9.1875; Expiration Date is 7/26/09

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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